



yackandandah
health

Newsletter

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NATIONAL AWARDS FOR YACK HEALTH

Better Practice Awards 2018

Emma Dennis represented Yackandandah Health at the Australian Aged Care Quality Agency 2018 Better Practice Awards in Sydney on Thursday 23rd August. Yackandandah Health was awarded a Better Practice Commendation Award in recognition of our work towards creating an intergenerational model of care. "The Better Practice Commendation Awards represent exemplars of good practice. These awards retain a clear focus on quality and safety for consumers and are central to the Quality Agency's role in promoting consumer focused, high quality aged care and services throughout Australia. Nominations come from a range of service types, locations and sizes, covering the breadth and diversity of providers in Australia."

Yack Health was the only aged care provider in the region to receive an award. CEO Annette Nuck said the committee of Management wanted to offer an environment where the elders living in residential aged care were genuinely part of the community and the broader community was actively involved with the organisation. "It's been very rewarding over the last couple of years to watch the residential aged care service becoming part of our town again..." "It's all part of our responsibility to support the health of our community, whatever their age."



HESTA AGED CARE AWARD

CEO Finalist

Annette Nuck was recently named one of six finalists in the 'Individual of Distinction' category in the HESTA Aged Care Awards.

The Yackandandah Health Committee of Management nominated Annette for her leadership in the development of an intergenerational aged care model in a small country town.

Committee of Management President, Donald Crosthwaite said the nomination was made because Annette has shown strong leadership and has pursued innovations to change the direction from the traditional model of aged care.

The ceremony was held in Canberra on Thursday 9th August with Annette and members of the Committee of Management in attendance.



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PICK MY PROJECT

YACK CARE SANCTUARY

Yackandandah Health is an entrant in Pick My Project which is a Victorian-first community grants initiative. It's now time to cast your VOTE and help make our vision a reality for Yack Health residents and our community. Read more on Facebook or online at <https://pickmyproject.vic.gov.au/rounds/pick-my-project/ideas/yackandandah-care-sanctuary>

To vote:

1. Register yourself online at: <https://pickmyproject.vic.gov.au/>
2. Enter your postcode
3. Browse through the local projects and pick your 3 favourite projects
4. Vote for Yack Health 😊

Voting closes: September 17th, 5pm

Bill Tilley MP visit

We thank Bill Tilley MP for visiting us recently to receive an update on what is happening at Yackandandah health. We also took the opportunity to brief him on our Master Plan.



Childcare

Exciting times ahead. We are working towards opening a childcare centre!

Earlier this year, a group of parents came to talk to us about our model of care and how childcare could fit with our vision of intergenerational care. We were excited as having childcare was a wonderful opportunity. With an amazing group of parents, we have been working toward creating a model for childcare that meets the needs and hopes of the Yackandandah community.

The Childcare Centre will be located in the front part of the old hospital, facing Isaacs Avenue. This will be a temporary home until we have the resources to create a purpose-built centre. We envisage a childcare centre that will be a happy and fun place where children's imaginations can soar.

We are extremely grateful for the 'Growing Wise' parent group, led by Jane Shepherd, who are working in the background to achieve the goal of opening the centre before the end of the year. Annette and the Growing Wise group are currently working through the registration process and plans for building renovations. Fundraising will be a key activity in coming months.

"A childcare centre on our site is one of the key elements in the intergenerational model we are developing. Parents are among those we wanted to attract to our services and given they are raising our town's future residents, it's a perfect opportunity." Ms. Nuck said.

We have advertised for a Childcare Centre Team Leader. If you know someone suitable, let them know to check our website.



Our guest speakers

DR JANE BARRET Secretary General, International Federation on Ageing

Dr. Jane Barrett is the Secretary General of the International Federation on Ageing (IFA). The IFA is an international non-governmental organization with a membership base comprising government, NGOs, academics, industry, and individuals in 70 countries.

The IFA has general consultative status at the United Nations and its agencies and is in formal relations with the World Health Organization. The IFA has been involved in drafting key initiatives such as the UN Principles for Older Persons, actively advocating for older people to be recognized in the Sustainable Development Goals and maintaining a strong voice in the dialogue on how to best protect the rights of older people globally.

Vision: A world where the health, rights, and choices of older people are protected and respected.

Goal: To be the global point of connection for experts working to influence age-related policy.

Jane has direct responsibility for the organization's global operational performance, quality and strategic implementation, and business development. This includes leadership at the United Nations Economic and Social Council in New York, Geneva and Vienna and formal relations with the WHO Department of Aging and Life-course.

Jane will be with us for the events on Friday 9th November and Saturday

November 10th. On Friday, she will be her presentation will include insights on ageing from an international perspective; global developments, technology and brain health lessons we can all apply to improve our cognitive reserves.

Join us to start the conversation on how we would like to live as we age.



Mission:

- Mobilize and harness the energy and expertise of members around the world
- Create new networks and strengthen current connections
- Collaborate with partners across all sectors and disciplines
- Renew and reinvigorate our constituency
- Influence age-related policy to improve the lives of older people



JACKIE FRENCH AM Author, 2015 Senior Australian of the Year

Jackie French AM is an Australian author, historian, ecologist, 2014-2015 Australian Children Laureate and 2015 Senior Australian of the Year.

Jackie's books have sold millions of copies and won over 60 awards in Australia and internationally. Jackie is also a patron of literacy programs across Australia. Jackie writes for adults and young adults on history, and her award-winning historical fiction and wrote one famous picture book about a wombat "Diary of a Wombat".

Jackie is a passionate advocate of help for children with learning difficulties as well as the conservation of wildlife and our planet.

For nearly 40 years she has studied the species in the bush where she lives, with publications ranging from scientific articles on wombat ecology or endangered species to her ground-breaking books on theories and practices for pest and weed ecology and more popular books on subjects like backyard self-sufficiency.

Jackie and her husband Bryan live in the Araluen valley, a deep valley on the edge of the Deua wilderness area. Most of their property is now a Conservation Refuge for the many rare and endangered species of the area. They live in a homemade stone house, with a waterwheel Bryan made as well as solar panels to power their house, with an experimental orchard of over 800 fruit trees and more than 272 kinds of fruit that show how farming can coexist with wildlife. Jackie writes columns for the Canberra Times, Australian Women's Weekly, Earth garden Magazine, Australian Wellbeing and Gardening Australia. Her garden rambles over about 4 hectares, and there is never a time when there aren't basketsful of many kinds of fruit to pick.

We are so excited to have Jackie join us for the weekend. She shares much of what Yackandandah stands for. We hope you can join us and meet this wonderful lady.

SAVE THE DATES: 9 & 10 NOVEMBER 2018

Community Celebration

Our new building is nearly finished and our vision for an intergenerational model of care is becoming a reality. Whilst there is still much to be done we think it is time to have a party and celebrate how far we have come and what the future holds. We extend an invitation to all of you to join us to talk and have fun. Put the following dates in your diary - Friday, 9 November and Saturday, 10 November.

Friday, 9 November 2pm for a 2.30pm start – 5.30pm

An afternoon to get together and start a conversation on how we would like to live as we age.

Our local Member of Parliament, Cathy McGowan will introduce Dr Jane Barratt, Secretary General of the International Federation on Ageing who is joining us from Canada to share an international perspective on aging. Who is doing it well? What can we learn? Following Jane's presentation, we will get into the nitty gritty with a Q&A Panel: Jackie French AM 2015 Australian Senior of the Year / Author, Annette Nuck CEO Yackandandah Health, Dr Helen Haines Senior research Fellow and Director, Rural health Academic Network and Indigo Shire Mayor Cr Jenny O'Connor.

Afterwards, join us for a tea, coffee or glass of wine and have the opportunity to meet and speak with our guests.

This is an event you won't want to miss – so go to our website to get your Early Bird tickets.

Saturday, 10 November 9am to 2.30 pm – Community Celebration

Yackandandah is the best little town in Australia. We're celebrating what it means to be part of the Yackandandah and district communities with a free event that offers something for all ages. There will be food, drinks, music and dance.

For the kids: old fashioned games, competitions, baby animals, roving circus, toy making and more.

For families: health and wellbeing talks, music, steam engines, Men's shed demonstrations, electric cars and bikes, competitions and much more.

Costa, from Gardening Australia will also be joining us on Saturday to share gardening hints and to get his hands dirty. The program is still being finalised – we will let you the full range of events soon.

We are very thankful to the many community groups and businesses who are joining us to make the day a great one.



COLOURING IN COMPETITION

Adrian Osbourne from SPLAToons Cartoon Shop, Beechworth has created a wonderful cartoon for our colouring in competition.

The competition will be open to all preschool and primary school children, with great prizes for the winners.

Jackie French will select the winners at 11:00am on Saturday 10th November.

Saturday, 10 November 8pm – Living Memory

Whether you missed it last November or just want to see it again, don't miss this year's special return performance of Living Memories. Presented by the Yackandandah Theatre Company and supported by Arts Yackandandah, Living Memories is a series of monologues telling the life stories of some of the elders from Yackandandah Health. Tickets will go on sale in October.

This event is supported by sponsorship from WAW Credit Union, YCDCo and Joss Group.

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