

CEO ANNETTE NUCK RESIGNS, INTERIM CEO ANNOUNCED

We are sad to report that Annette Nuck, after many years of hard work, has resigned as CEO of Yackandandah Health.

Since joining Yack Health in 2005 Annette has made a significant contribution to the Yackandandah Health Community. Annette worked as Deputy Director of Nursing under Pam Crosthwaite's guidance, Director of Nursing, and for the past five years as CEO / DON. In that time, she has helped to grow and develop a dynamic vision and mission for Yackandandah Health.

Annette has been a driving force behind major projects implemented in the last three years: the opening of the Yackandandah Health Medical Centre, our new residential aged care buildings Mt. Jack and Mt Big Ben, comprising 16 residential care beds and 10 independent living apartments, and in response to the needs of the community, the opening of Little Yacks Childcare Centre in December last year. In addition, Annette supported the CARE Sanctuary concept understanding the known benefits of human/animal interaction.

Yackandandah Health would like to wish Annette well in her future endeavours.

The Board has appointed Barry Ashcroft as CEO on an interim term while we recruit for a new CEO. Barry has over 30 years corporate experience in the aged care industry in a variety of leadership, development, operational, government and consulting roles and is a recognised authority in the field of aged care. Barry will be bringing his knowledge and experience across all areas of our organisation.

The Board of Management would like to assure our community that Yackandandah Health will continue to provide ongoing dedicated aged care, health and childcare services with the support of our dedicated Yackandandah Health team.

Tricia Glass, Chair, Yackandandah Health.

BOARD OF MANAGEMENT REVIEWS THE STRATEGIC PLAN

During 2019 Yackandandah Health's Board of Management conducted a Strategic Planning review. Sub-committees and working parties have been created to work in the areas of Governance, Organisation, Building and Maintenance and Sustainability. The sub-committees include senior members of staff and representatives from across the community.

JOIN US FOR OUR ANNUAL GENERAL MEETING

All financial members of Yackandandah Health are invited to attend the Yackandandah Health Inc. Annual General Meeting. The AGM will be held on **Wednesday, 13 November, 2019 at 6 pm.**

Venue: **Yackandandah Courthouse**, 4A Williams Street, Yackandandah.

RSVP to 02-6028 0100 by Friday 8 November 2019. We look forward to seeing you there.

THANK YOU TO RETIRING STAFF

We would like to acknowledge the dedication and service of three long-term staff who have recently retired. Maureen Baker has worked here for 25 years and Gail Hulett 17 years, both as personal care attendants. Leonie Bell has retired after 21 years here, most recently as Lifestyle Manager.

These three people have provided outstanding care and support to our residents and their families.

MEDICAL CENTRE – INTRODUCING OUR NEW PROGRAMS

With the ongoing support of our community, the Yackandandah Health Medical Centre continues to grow, providing a range of health services.

Following the appointment of our second GP in January, Dr Justin Donaldson, with Dr Tess Goodwin provide General Practitioner appointments five days per week.

Our Practice Nurse, Kerryl Heckenberg, has successfully completed her Immunisation Accreditation and is available in our Immunisation Clinic on Mondays and Tuesdays.



Louise Thornton & Vanessa Page – YH Medical Centre

Our [Midwife Care Program](#) was introduced in April. Our Midwife, Louise Thornton and our GP Obstetrician, Dr Tess Goodwin, offer comprehensive antenatal care with postnatal follow up and breastfeeding support. The Midwife Care Program welcomes women with low risk pregnancies and provides individualised care, education and support surrounding all aspects of pregnancy, birth and parenting.

Our [Mother & Baby Outreach Domiciliary Care Program](#) supported via our relationship with local birth hospitals, allows Midwife Louise to attend women after their baby is born, offering outreach domiciliary follow-up in the home. This Outreach program enhances our continuity of care.

The Medical Centre has successfully received funding to complete two new health education programs.

WOMEN'S HEART HEALTH - ongoing checks focusing on women's heart health to reduce the risk of stroke and vascular disease. Our Registered Nurse, Vanessa Page is fulfilling this role as a Practitioner on a Thursday.

SAFE ALCOHOL CONSUMPTION AWARENESS PROGRAM – guidance around acceptable and safe alcohol consumption. Our newly appointed Registered Nurse Practitioner, Lynette Johnson is providing this program on Tuesdays and Wednesdays.

If you are interested in having an assessment under either of the projects, or would like to make an appointment, please do not hesitate to contact the Medical Centre on 0260 280 130 or book online via Yack Health [website](#).

FULL HOUSE AT LITTLE YACKS CHILDCARE CENTRE

Our Childcare Centre has been well supported by the community with a full complement of 67 children enrolled across all age groups. Following a successful recruitment drive, the centre now employs up to 13 staff to cover the five-day roster.

The first accreditation review for Little Yacks occurred in September with assessors from the Department of Education and Training (DET) visiting the centre. The accreditation review includes assessment of the Quality Improvement Plan, operations and standards. Little Yacks will be given a rating in due course.

As part of our intergenerational program, the children from Little Yacks have enjoyed spontaneous interactions with our aged care residents during various visits and joint activities, in particular when the children visit the Yack Café gardens to ride their trikes and play outdoor games. Further activities, such as seedling planting with our residents in Poppy Place are planned as we continue to explore the possibilities and benefits of our intergenerational program.



CARE SANCTUARY WORK UNDERWAY

Work has started on renovating the two former water tanks into barns for the animals in our CARE Sanctuary and planning and fundraising for the productive garden is off to a flying start.



DONATE TO THE CARE SANCTUARY GARDENS AND OUTDOOR AREAS

We are seeking donations of money to help purchase plants, pots, raised garden beds and garden furniture. These donations will make a great legacy for yourself or one of your family members, with all contributions acknowledged within the garden.

If you would like to donate can do so via our website at :

<https://www.yackandandahhealth.com.au/yack-care-sanctuary.html>

All donations will be greatly received as part of this innovative project.

LAND MANAGEMENT & REVEGITATION OF YACK HEALTH SURROUNDS



The development of the Big Ben and Mt Jack buildings necessitated the installation of a drainage solution to manage water runoff. A holding dam with a channel going to the creek was created. In the process the vegetation had been flattened and erosion was a major concern.

With support from David King from Ecological Enhancement Services, we embarked on a project to regenerate this piece of land situated behind the Men's Shed. The area had not been well maintained and we saw an opportunity to create a native garden with plants indigenous to our local area.

Over the last twelve months we have carried out significant works to remove weeds and establish a robust ground density of native grasses and herb species. In addition, the planting of a variety of indigenous species will create new and healthy growth.

With Spring here, the plants are starting to grow – and we excitedly await the first flowering.