

THE WEEKLY



The joy of music

Music is an integral part of life for Yackandandah Health resident Pauline Henderson (pictured).

Pauline is at her happiest when she is tapping away at the organ in her room or on the piano in Poppy Place.

Music brings back memories for Pauline, along with relaxation, comfort and joy.

Pauline has been a constant audience for the Men's Singing group in Poppy Place, singing gently but confidently along with the blokes.

Send Pauline a message to say hi!

Visit

www.yackandandahhealth.com.au/message-a-resident.html, type your message and let Pauline know you're thinking about her!

A lasting connection

Pam Ward has been a familiar face around Yackandandah Health for the past 15 years.

Pam began her nursing career back in 1977 at the old Ovens and Murray Home for the Aged at Beechworth and came to Yackandandah 15 years ago, when the O & M effectively closed and moved to the new Beechworth Health Service.

At the same time, Flo Trewhella worked at the O & M as a domestic assistant

Flo is now a resident at Yackandandah Health and continues her links with Pam, sharing care and companionship.

Working for 43 years now in aged care, Pam and Flo have seen a lot of changes.

The O & M began in 1861 as the Ovens Benevolent Asylum. The institution name and the profession of aged care nursing changed over time, but the buildings the pair worked in remained much the same.



Firm friends: Flo Trewhella and Pam Ward still spend time together at Yackandandah Health.

Pam is now working in Poppy Place and Ben & Jack, and Flo is living in Wattle Grove; modern buildings, a very long way from the old Ovens and Murray Home for the Aged.

Pam and her family still live in Beechworth and have recently built a new house there next door to Flo's daughter.

Thanks Pam, for your caring support and loyalty.



2020
INTERNATIONAL YEAR
OF THE NURSE AND
THE MIDWIFE

Happy birthday, Nancy

Meanwhile, the serious business of birthdays continues!

Nancy Swan (pictured) celebrated her birthday recently, enjoying a cake made and decorated for her by Brooke, her granddaughter.

Brooke put the call out to all of the extended family to send in their favourite photos and Brooke took care of the rest.

Nancy said it made her feel special and very proud of her family.

And by the way, Nancy also worked at the Ovens and Murray Home for the Aged in Beechworth - it is an important part of our heritage.



Birthdays are special events for our residents and as they roll around, we will help everyone to choose and then make a special cake for their birthday.

Keeping abreast of resident care

Each day, the care and progress of up to four residents are reviewed in detail by the care team.

This typically involves input from nurses, carers, and the lifestyle activities team and looks at all key

health and wellbeing indicators.

This provides a double check on everyone's progress and is always followed up with a phone call report to the family (primary contact point) from a senior team member.

Gold star for Yack

Last Monday week, Yackandandah Health had a COVID-19 observational visit from the Victorian Aged Care Response Centre (VACRA) team.

We were given a given a “gold star” for our COVID action plans!

As well as auditing the plan, the team toured the facility, looking at entry/exit points and zone closure in case of an outbreak and training staff in donning and doffing PPE in the event of a COVID-19 outbreak.

The team also provided advice on floor plans and waste segregation

of clinical and non-clinical waste to support appropriate waste management.

The situation in Victorian residential aged care facilities and required action is continually evolving.

“We would like to congratulate your facility on your COVID-19 preparedness,” the VACRA team told us upon their departure.

“We greatly appreciate all the efforts of you and your staff and we would like to emphasise you have our undivided support.”

These youngsters from Little Yacks early learning centre have been patiently waiting until the intergenerational program can recommence on the other side of the pandemic, so they can spend time with their Yackandandah Health friends again.

