

THE WEEKLY

A new addition

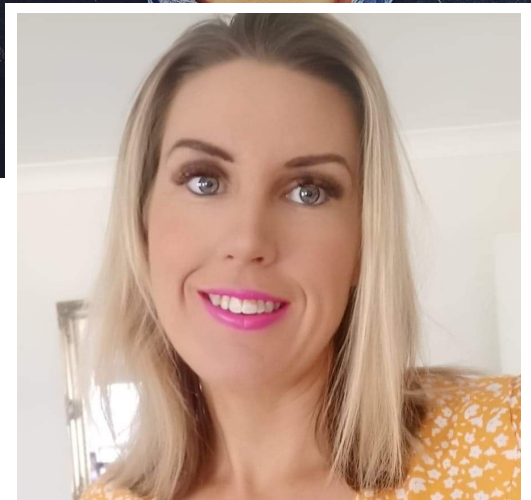
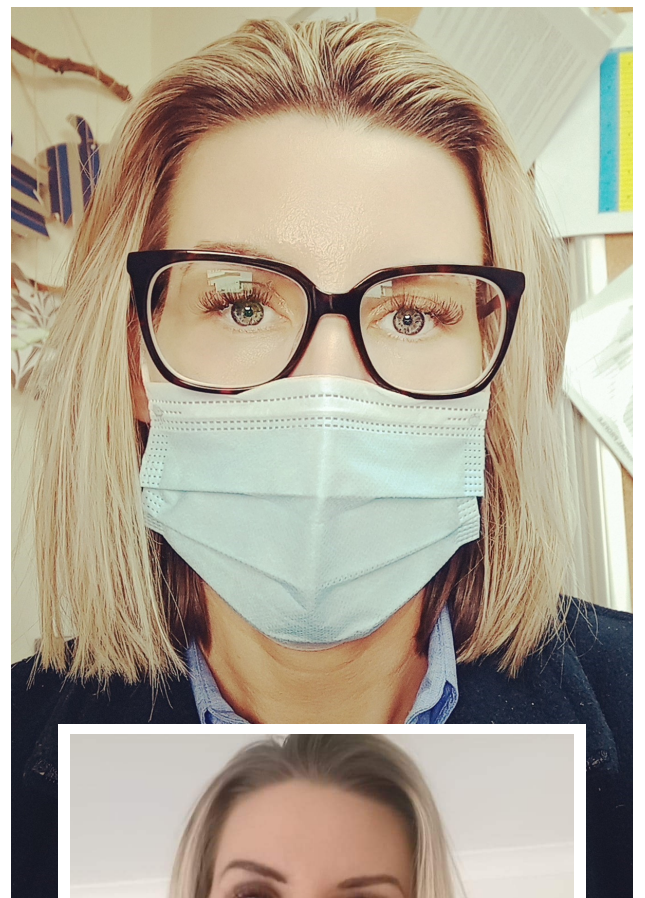
By now, many of the Yackandandah Health community will have got to meet Bron Wakeling who has recently joined the team as Lifestyle Coordinator.

Bron has come to us from nearly 11 years working with UPA Murray Vale Shalem in Lavington.

In the few weeks that she has been with us, Bron has been getting to know our residents and their needs and interests.

This is a really important aspect of each residents' Care Plan. We hope that there will be a wide range of activities with something to interest every resident.

When she's not working or managing her family of husband, Joel and three sons, Bron is often running on the treadmill, on the road or up a mountain trail.



Bron at work in her PPE, and without a mask at home.

Caring and committed

It is still the Year of the Nurse and we have some pretty special nurses to thank for their service.

Although Karen Hyde (pictured) is well known to many of the Yackandandah Health community perhaps what is not so well known is the special skills and experience that she brings.

Originally working in Melbourne organising five-star hotel functions, Karen found that this was just too hard with family life and young children so she changed direction, training initially as a personal care assistant.

After working in aged care and then moving to the North East, Karen tackled her nursing training at Wodonga TAFE back in 2000, joining Yackandandah Health in 2001.

While working with us Karen has continued to upgrade her training and skills working in the old hospital as well as with our residents.



Karen's nursing qualification is endorsed for medication and she is the "No Lift" trainer who sees that people are moved safely.

In 2016, Karen was awarded a Doris Croucher Scholarship specifically for advanced training in palliative care.

When she is not caring for our residents and studying, Karen says she is really a 'home body' looking after her family, her ferns and doing a bit of quilting.

Thank you Karen for your care and commitment.

Happy Father's Day!



It was Father's Day last week and our dads got together to enjoy a delicious morning tea and a gift. Pictured are Geoffrey Whitehead, Lloyd Coombs and Jurgen Lett.



Meanwhile, the serious business of cards continues! Florence Thompson, June Kernaghan, Valda Lloyd and Pepita Hodgetts meet for their weekly 500 challenge.

Visits and activities

Person-centred care

In line with the Aged Care Quality Standards, Yackandandah Health have been developing detailed Care Plans for each of our residents.

This is a very important aspect of the operation of the services that are provided and involves all aspects of care and quality of life.

There will be much more to say about person-centred care at Yackandandah Health in future.



Jenny Garvey enjoying a chat with her mother, Thelma Garvey during a visit to Yackandandah Health last week.

This week at Yackandandah Health

Monday, Sept 14	Tuesday, Sept 15	Wednesday, Sept 16	Thursday, Sept 17	Friday, Sept 18	Saturday, Sept 19
9am Footy tipping	9.30am Ten-pin bowling	Hairdresser in today	Hairdresser in today	9.30am Musical Memories	Facetime calls throughout the day
10.30am Gentle exercises	10.30am Quiz	9.30am Cook your own morning tea	9.30am Thoughts and prayers	10am Shop open	Sunday, Sept 20
1.30pm Bingo	1.30pm Knit, Natter and Craft	1.30pm Gentle exercises	10.30am Hand & Nail Care	1.30pm Carpet bowls	11.30am Songs of Praise - TV
3pm One-on-one visits with Jenny & Tracey		3pm Movie of your choice	1.30pm Tai Chi	3pm One-on-one visits with Jenny & Tracey	
			2.30pm Cards		