



THE WEEK THAT WAS

Remembrance Day

Remembrance Day, on November 11, was marked with a commemoration service held in the Poppy Place garden and attended by residents, staff and community members. Following an introduction from Tracey, the service was lead by Max Norris, assisted by Wally Tomkins (Prayer of Remembrance), Judy Brindley (Soldier on the wall), Norma Bagley (The Crosses), and Valda Lloyd laid the wreath. Thank you all for delivering a heartfelt ceremony of Remembrance.



Above: Group walk through the garden



Above: Judy Brindley Below: Norma Bagley



Edie & Jill having fun at pool noodle hockey



Above: Pepita selecting a book at Book Exchange

Below: June & Hazel enjoy a glass of wine together at the ladies afternoon tea



Flo (above) & Geoff (below) enjoy sunshine in the garden



Cooked lunch with chef Wendy

The smell of the butterflied lamb roast cooking on the BBQ had everyone's attention on Wednesday as the team prepared another mouth-watering meal. The aroma led all traffic to the Activities Room where residents and staff enjoyed the meal together. The lamb was served with vegetable salad and followed by home-made pavlovas with summer fruits which were an absolute crowd favourite. We're already looking forward to the next month's cooked lunch with chef Wendy!



Above: Ivanka cracking eggs for the pavlovas
Below: Judy, Ivanka & Pepita keep a close eye on the food cooking



Above: Hazel likes the look of her pavlova
Below: Pepita & Andrea enjoyed a meal together



WHATS ON THIS WEEK Poppy Place Activities

Monday 15th

Music in the Garden

Facetime calls

Exercises

Group Discussions

Emotional & Spiritual Support

Tuesday 16th

Monthly Birthday Party

Musical Quiz (Name that tune)

Foot Spas

Group Knitting

Wednesday 17th

Reminiscing Books

Group Exercises

Music Therapy

Cooking - residents' choice

Individual Music playlist

Thursday 18th

Garden Walks

Hand Care

Reminiscing Books

Poems and proverbs

Friday 19th

10-12 Café & Shop

Art & Craft

Music - Old Records

Spinning Wheel Toss

Hot towels & Pamper

Saturday 20th

10:00 Tai Chi

1:30 Pub Trivia (with drinks & snacks)

2:45 Movie Afternoon

Sunday 21st

11:30 Songs of Praise (ABC)

WHATS ON THIS WEEK

Monday 15th

9:15 Gentle Chair Exercises

10:00 Newspaper Reading

11:00 Foot Spa's & Relaxation in the Library

2:00 Bingo

Tuesday 16th

9:15 Gentle Chair Exercises

10:00 Newspaper Reading

10:00 Men's Shed

11:00 Quoits

2:00 Knit, Natter & Craft

Wednesday 17th

9:30 Cooking - Big Ben Kitchen

2:00 Gentle Chair Exercises

2:30 Newspaper Reading

3:00 Catholic Mass

Emotional & Spiritual Support Visits

Thursday 18th

9:15 Gentle Chair Exercises

10:00 Newspaper Reading

10:30 Hand & Nail Care

11:30 Resident Choice Individual Activities

2:00 Tai Chi (Library)

Friday 19th

9:30 Musical Memories

10:00-11:30 Café & Shop open

2:00 Carpet Bowls

Saturday 20th

10:00 Tai Chi

1:30 Pub Trivia (with drinks & snacks)

3:00 Movie Afternoon

Sunday 21st

[Flo Thompson's Birthday](#)

11.30 Songs of Praise (ABC)