



Above: The walking group enjoying a walk in the garden
Below: We are now open to visitors however, Dave caught this little cutie sneaking in without a covid swab



Above: Jack getting into the Christmas spirit
Below: Secret Men's Business



Eileen & John (above) & Maree & Eril (below) enjoying a game of Bingo



The Week That Was

Choir Resumes

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The choir has been on the backburner for a few months due to COVID-19 restrictions, but we are absolutely ecstatic to announce that it has made a very welcome return to our weekly activities. The choir is led by Doug Westland every Thursday morning at 11:00 in the Café courtyard. Newcomers are always welcome, you don't even have to sing if you choose not to; you can come along just to listen.



Above: Flo, Olive & Roger
Below: Roger enjoyed his family joining him for choir



Above: Paige & Pam, enjoying the celebrations

PAIGE TUNS 21

Wednesday saw Yackandandah Health's much loved PCA Paige turn 21. Residents enjoyed cooking up savory scones for a very special morning tea to celebrate this important milestone with Paige. Residents and staff gathered to sing Happy Birthday, offer advice, and reminisce about their own 21st birthdays. We hope you had a great day Paige and wish you well for your future!



Above: Paige celebrating her 21st Birthday
Below: Eileen shared some lovely words



This Weeks Laugh

Recently a routine Police patrol car parked outside a local neighbourhood pub late in the evening. The officer noticed a man leaving the bar so intoxicated that he could barely walk. The man stumbled around the car park for a few minutes, with the officer quietly observing. After what seemed an eternity and trying his keys on five vehicles. The man managed to find his car, which he fell into. He was there for a few minutes as a number of other patrons left the bar and drove off. Finally, he started the car, switched the wipers on and off (it was a fine dry night). Then flicked the indicators on, then off, tooted the horn and then switched on the lights. He moved the vehicle forward a few metres, reversed a little and then remained stationary for a few more minutes as some more vehicles left. At last, he pulled out of the car park and started to drive slowly down the road. The Police Officer, having patiently waited all this time, now started up the patrol car, put on the flashing lights, promptly pulled the man over and carried out a random breathalyser test. To his amazement the breathalyser indicated no evidence of the man's intoxication.

The Police officer said, "I'll have to ask you to accompany me to the Police station - this breathalyser equipment must be broken."

"Nah....I don't think so," Luke said, "tonight I'm the designated decoy"!



What's On This Week

POPPY PLACE ACTIVITIES

MONDAY 22ND

Facetime calls
10:30 Book Exchange
Walks in the Garden
Balloon Play
Group Knitting

TUESDAY 23RD

Tovertafel
Seated Soccer
Group Knitting
Hand Massage

WEDNESDAY 24TH

Group Puzzles
Spinning Wheel Toss
3:00 Catholic Mass
Hot towels & Pamper
Music Therapy

THURSDAY 25TH

9:30 Anglican Service
Mixed Entertainment Show
11:00 Choir
2:00 Tai Chi
Group Singalong

FRIDAY 26TH

10-12 Café & Shop
Musical Memories
Group Knitting
Gardening
Poems and Proverbs

SATURDAY 27TH

10:00 Bingo
1:30 Cocktail Afternoon
2:45 Movie Afternoon

SUNDAY 28TH

Viv Talbot's Birthday
11:30
Songs of Praise (ABC)

MONDAY 22ND

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
10:30 Book Exchange
2:00 Bingo

TUESDAY 23RD

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
11:00 Walking Group
11:30 Quiz
2:00 Knit, Natter & Craft

WEDNESDAY 24TH

9:30 Cooking (Activities Room)
Reminiscing Books Room Visits
2:00 Exercises & Stretching
2:45 Newspaper Reading

THURSDAY 25TH

9:30 Anglican Service
10:30 Hand & Nail Care
Emotional & Spiritual Support Visits
11:00 Choir (Café Courtyard)
2:00 Tai Chi (Library)
Quick Quiz (Following Tai Chi – Library)

FRIDAY 26TH

Pepita Hodgetts' Birthday
9:30 Musical Memories
Café & Shop Open 10:00-11:30
2:00 Carpet Bowls

SATURDAY 27TH

10:00 Bingo
1:30 Cocktail Afternoon
3:00 Movie Afternoon

SUNDAY 28TH

Viv Talbot's Birthday
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