

The Week That Was

..... Hazel turns 107!



Above: Morning walk in the sensory garden
Below: June busy at Knit & Natter



Heather (above) and Bev (below) making Christmas creations



Above: Bob loves to watch his son Pete singing & performing on YouTube
Below: Norma on her morning walk



Above: Jurgen & Eril battle it out at Balloon Tennis



Above: Max wishes Hazel a happy birthday
Below: High Tea was enjoyed by all

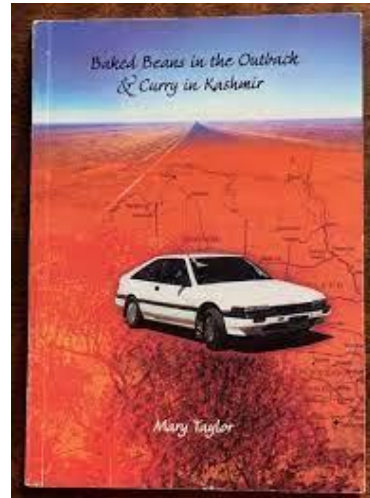


Yackandandah's oldest resident 'Lady Hazel Fox' turned 107 on Wednesday with all of Yack Health there to celebrate with her - you see, we think Hazel is the best thing since sliced bread, but "sliced bread" wasn't even a thing when Hazel was born in 1914 nor were transistor radios, computers, internet, microwave ovens or televisions. Hazel has lived through wars, pandemics, and moon landings – she has seen it all.

Hazel grew up in Tumbarumba; education wasn't considered important for girls in those days, however she picked up enough by listening in on her brothers' tutoring sessions to become dux of her school.

Hazel moved to Albury where she commenced work as a housekeeper and was employed at Bandiana during WWII, before marrying and having her daughter Lesley. Hazel loves children, and they love her, she once moved to France to be a nanny, even though she didn't speak a word of French, she didn't let that stop her.

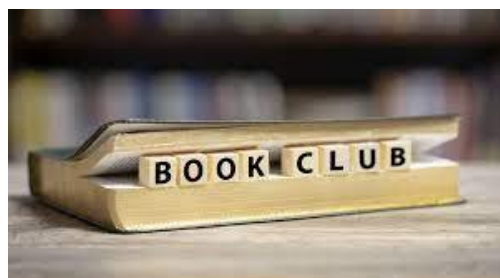
Hazel loved to travel and has travelled the world many times, going on countless cruises which have provided her with amazing memories to reflect on. She is an active, social lady who enjoys bingo, ladies day high tea, gardening and playing games on the computer every afternoon in the library. Hazel spent her special day celebrating with a high tea with Lesley, her niece Marion and her cousin June, and residents and staff to enjoy the afternoon together. Happy Birthday Hazel, we hope your day was as amazing as you are.



We would like to take the opportunity to invite you all to "Book Club with Judy" which will be held on Monday mornings at 11:00 in the library.

Judy is a resident of YH and a published author and editor of this newsletter.

Judy will read "Baked Beans in the Outback & Curry in Kashmir" by Mary Taylor which is a lighthearted tale of a great-grandmother's experience travelling through the Australian outback, the people that she meets, the truckies that helped her along the way and the highlights & hazards of this self-proclaimed "Gallopig Granny". I am sure there will be lots of laughter and discussion after each reading session so come along on Monday to hear the tale.



For two years a married man was having an affair with an Italian woman. One night, she confided in him that she was pregnant. Not wanting to ruin his reputation or his marriage, he paid her a large sum of money to go to Italy and secretly have the child. He said, if she stayed in Italy to raise the child, he would also... provide child support until the child turned 18, and also pay for college. She ...agreed but asked how he would know when the baby was born. To keep it discrete, he told her to simply mail him a post card and write 'Spaghetti' on the back in the message area. He would then arrange for the child support payments to begin. One day, about nine months later, he came home to his confused wife. 'Honey' she said, 'you received a very strange post card today.' He said, 'Just give it to me and I'll explain it later.' She gave it to him and then watched as her husband turned white, then fainted after he read the card. On the card was written: Spaghetti, Spaghetti, Spaghetti, Spaghetti, Spaghetti. Three with meatballs, two without. Please send extra sauce!



POPPY PLACE ACTIVITIES

MONDAY 6TH

Group Exercises
Music Therapy
Flower Arranging
Decorate for Christmas
Ice-cream Run

TUESDAY 7TH

Walks in the Garden
Exercises and Stretching
Proverbs & Poetry
Art & Craft

WEDNESDAY 8TH

Cooked Lunch with Wendy
Facetime calls
Tovertafel Fun
Decorate the Doors
Wheelchair Walks

THURSDAY 9TH

9:30 Anglican Service
11:15 Men's Choir
Garden Walks
Hand Care
2:00 Tai Chi

FRIDAY 10TH

10-12 Café & Shop
Balloon play
Musical Memories
Hot towels & Pamper

SATURDAY 11TH

10:00 Bingo
1:30 Happy Hour drinks & Snacks
2:45 Movie Afternoon

SUNDAY 12TH

11:30 Songs of Praise

MONDAY 6TH

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
10:30 Book Exchange
11:00 Book Club with Judy
2:00 Bingo

TUESDAY 7TH

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
11:00 Christmas Cooking
2:00 Knit, Natter & Craft

WEDNESDAY 8TH

9:30 Cooked lunch with Chef Wendy
"Mustard Chicken with Summer Salads followed by Peach Melba – Yum!"
2:00 Gentle Chair Exercises
2:30 Newspaper Reading

THURSDAY 9TH

Today is Judy Brindley's Birthday
9:30 Anglican Service
10:30 Hand & Nail Care
11:00 Men's Choir
2:00 Tai Chi

FRIDAY 10TH

9:30 Musical Memories
Café & Shop Open with Ruth & Shelly Entertaining
2:00 Carpet Bowls
3:00 Individual Visits

SATURDAY 11TH

10:00 Bingo
1:30 Happy Hour drinks & Snacks
3:00 Movie Afternoon

SUNDAY 12TH

11:30 Songs of Praise