

The Week That Was

Cooked lunch with Wendy

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Cooked lunch with Wendy took us on a vegetarian adventure to Morocco on Wednesday. The group produced a scrumptious feast, a tagine of butternut pumpkin, eggplant and dates served with carrot, orange, walnut, and mint salad, which was followed by a slice of almond, orange, and cardamom cake with ice-cream.

Unfortunately, this will be our last “cooked lunch with Wendy” for a while as Wendy has decided to further her studies and will no longer be available. You will still see Wendy’s smiling face in the kitchen, and she hopes to do the occasional cooked lunch with Wendy during her school holidays. We would like to wish Wendy all the best and thank her, we sure have enjoyed our lunches together throughout the years.



Heather (above) and Betty (below) welcome in the New Year



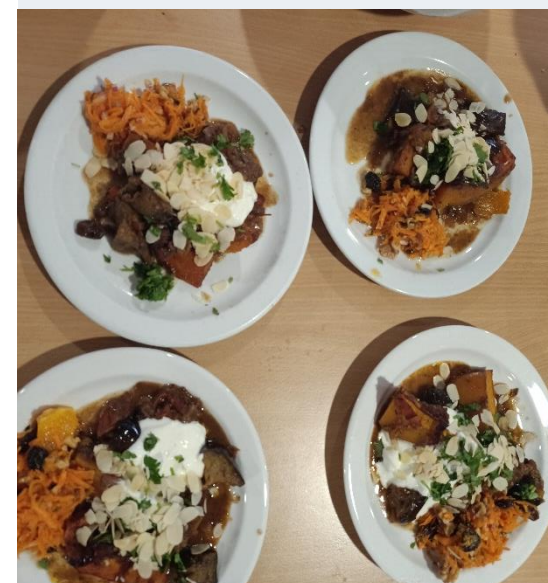
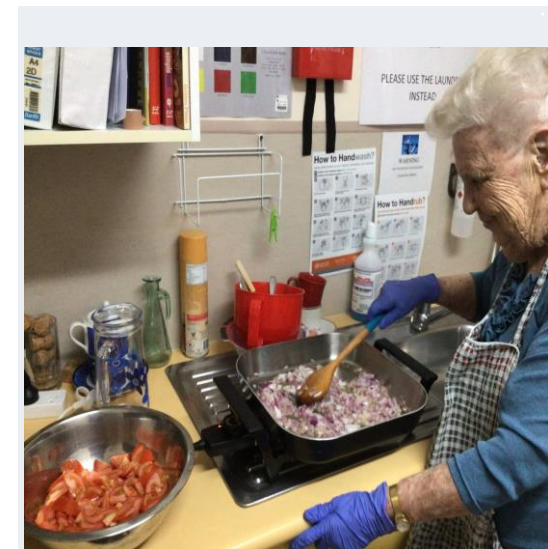
Thelma (above) and Frances (below) enjoying the karaoke party



Above Hazel toasts 2022



Happy New Year from all at Yackandandah Health



Top: Pepita fries off the onion
The main meal (above) and dessert (below)



HAPPY NEW YEAR!

New Year's Eve was celebrated with a karaoke party in the Activities Room, where residents enjoyed platters of cheese, meats, dips, and chips along with soft drinks, beer and bubbly. There was lots of fun and laughter as residents and staff took to the stage to sing and dance. Blowers sounded a mock "midnight" before everyone joined in to sing Auld Lang Syne and reminisced about the past year and our hopes for the upcoming year.

Happy New Year!!!



This Weeks Laugh

A guy is driving around the outback and he sees a sign in front of a broken down, shanty-style house: "Talking Dog for sale." He rings the doorbell, and the owner appears and tells him the dog is in the backyard.

The guy goes into the backyard and sees a nice-looking Labrador retriever sitting there.

"You talk?" he asks.

"Yep," the Lab replies.

After the guy recovers from the shock of hearing a dog talk, he says "So, what's your story?"

The Lab looks up and says, "Well, I discovered that I could talk when I was pretty young. I wanted to help the government, so I told the CIA. In no time at all they had me jetting from country to country, sitting in rooms with spies and world leaders, because no one figured a dog would be eavesdropping.

"I was one of their most valuable spies for eight years running. But the jetting around really tired me out, and I knew I wasn't getting any younger, so I decided to settle down. I signed up for a job at the airport to do some undercover security, wandering near suspicious characters and listening in. I uncovered some incredible dealings and was awarded a batch of medals.

"I got married, had a mass of puppies, and now I'm just retired."

The guy is amazed. He goes back in and asks the owner what he wants for the dog.

"Ten dollars," the guy says.

"Ten dollars? This dog is amazing! Why on earth are you selling him so cheap??"

"Because the dog's a liar. He never did any of those things."

What's On This Week

POPPY PLACE ACTIVITIES

MONDAY 10TH

Facetime calls
Exercises
Group Discussions
Spinning Wheel Toss

TUESDAY 11TH

Newspaper Reading in the Garden
Armchair Travel to Canada
Cooking Cupcakes

WEDNESDAY 12TH

Reminiscing Books & Small Group Discussions
Individual Playlist
Group Puzzles
Hand Massages

THURSDAY 13TH

9:30 Anglican Service
Hand & Nail Care
2:00 Tai Chi
Tovertafel
Garden Walks

FRIDAY 14TH

10-12 Café & Shop
Balloon play
Musical Memories
Art & Craft
Reminiscing Books

SATURDAY 15TH

10:00 Pamper Morning
1:30 Pub Trivia with drinks & Snacks
2:45 Movie Afternoon

SUNDAY 16TH

11:30 Songs of Praise

MONDAY 10TH

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
10:30 Book Exchange
11:00 Book Club with Judy
2:00 Bingo

TUESDAY 11TH

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
11:00 Armchair Travel to Canada
2:00 Knit, Natter & Craft

WEDNESDAY 12TH

9:30 Cooking in the Big Ben Kitchen
2:00 Gentle Chair Exercises & Walk
2:30 Newspaper Reading
3:00 Emotional & Spiritual Support Visits

THURSDAY 13TH

9:30 Anglican Service
11:00 Hand & Nail Care
2:00 Tai Chi in the Library
Wheelchair Walks in the Garden
3:00 Individual Visits

FRIDAY 14TH

9:30 Musical Memories
Café & Shop Open
2:00 Carpet Bowls
3:00 Individual Visits

SATURDAY 15TH

10:00 Pamper Morning
1:30 Pub Trivia with drinks & Snacks
3:00 Movie Afternoon

SUNDAY 16TH

Today is Helen Irwin's Birthday

11:30 Songs of Praise