

The Week That Was

## Isolation Shenanigans

As you are aware, Wattle Grove and Poppy Place went into lockdown following direction from the Public Health Unit after a staff member tested positive for Covid-19. This meant staff wore full PPE in these areas, visitors were not allowed into these areas unless under approved authorisation, residents were encouraged to stay in their room and staff and residents had Rapid Antigen Testing every day for 5 days. Although inconvenient for you all, we feel confident that these measures would detect Covid-19 if it was in the facility and would also minimise the spread if detected. Fortunately, it had not spread to any residents and staff – fantastic!

We would like to ask each family to nominate a primary visitor contact for who is fully vaccinated (including Booster) and is prepared to undertake Infection, Protection and Control (IPC) Training. The plan is to have these persons trained up so that they can come into the facility if and when we have to go into lockdown again. This would mean that every resident would have someone who could come and visit for their well-being and ongoing support. Isolation hasn't all been doom and gloom, it has given us a chance to catch up on individual activities and projects, such as pampering, completing activity books, knitting, puzzles, reading books, and much more. We would like to take this opportunity to thank our amazing staff at Yackandandah Health who remain resilient, stoic and never lose their upbeat, fun persona even whilst working in difficult conditions. We think you're all amazing and we are grateful to you all. Keep up the great work!



Above: The ladies were hard at work creating tutu's at Knit n Natter  
Below: Wally gives his wife of 64 years, Beth flowers for Valentine's Day



Above: Diann enjoys walking in the garden picking roses



Above: Jill keeping herself busy during isolation



Above: Bev busy bagging potpourri during isolation



Top: Tracey & Glenda delivering meals and activity packs to residents in isolation.  
Above: Edie with her activity pack  
Below: Pauline enjoyed an isolation makeover whilst listening to relaxing music, staff applied face and hand cream, makeup, and curled her hair- the full pampering experience!





## SUNDAY ACTIVITIES

It is fair to say the addition of Sunday activities was an absolute hit with residents enjoying bingo in the morning before whipping up some delicious chocolate pastries in the afternoon. If you have any suggestions for activities that you would like, please see lifestyle staff.



Norma, Flo and Pepita making their chocolate pastries



Junket certainly brought back memories for many of our residents



Yum!

## This Weeks Laugh

On the first Friday of Lent, John was outside grilling a big juicy steak on his grill. Meanwhile all of his neighbors were eating cold tuna fish for supper. This went on each Friday during Lent. On the last Friday of Lent the neighborhood men got together and decided that something just HAD to be done about John, he was just tempting them to eat meat each Friday of Lent and they couldn't take it anymore. They decided to try and convert him to be Catholic. They went over and talked with him and were so happy that he decided to join all of his neighbours and become a Catholic. They took him to church and the priest sprinkled some water over him and told him "You were born a Baptist; you were raised a Baptist and now you are a Catholic". The men of the neighbourhood were SO relieved, now their biggest Lent temptation was resolved. The next year's Lent rolled around. The first Friday of Lent came and just at supper time when the neighbourhood was sitting down to their fish dinners came the wafting smell of steak cooking on a grill. The neighbourhood men could not believe their noses! What was going on??? They called each other up and decided to meet over in John's yard to see if he had forgotten it was a Friday in Lent. The group arrived just in time to see John standing over his grill with a small pitcher of water. He was pouring small droplets over his steak on the grill and saying, "You were born a cow, you were raised a cow, and now you are a fish."



## What's On This Week

### POPPY PLACE ACTIVITIES

#### MONDAY 21<sup>ST</sup>

Facetime calls  
Hand Massages  
Walks in the Garden  
Balloon Tennis

#### TUESDAY 22<sup>ND</sup>

Today is Gwen Arnold's Birthday

Hand & Nail Care  
Reading in the Garden  
Tovertafel  
Board Games

#### WEDNESDAY 23<sup>RD</sup>

Facetime calls  
Exercises  
Musical Memories  
Garden Walks  
Cooking "Residents Choice"

#### THURSDAY 24<sup>TH</sup>

9:30 Anglican Service  
Balloon Play  
2:00 Tai Chi  
Sensory Games  
Milkshake Trolley

#### FRIDAY 25<sup>TH</sup>

Today is Gilbert Emmins' Birthday

10-12 Café & Shop  
Balloon play  
Group Puzzles  
12:00 Men's chinwag lunch  
Music - Old Records

#### SATURDAY 26<sup>TH</sup>

10:00 Bingo  
1:30 Cocktail Afternoon  
2:45 Movie Afternoon

#### SUNDAY 27<sup>TH</sup>

10:00 Cooking in the Activity Room  
11:30 One on One Walks in the Garden with Belinda  
11:30 Songs of Praise  
1:30 Carpet Bowls

#### MONDAY 21<sup>ST</sup>

9:15 Gentle Chair Exercises  
10:00 Newspaper Reading  
11:00 Book Club with Judy  
2:00 Bingo

#### TUESDAY 22<sup>ND</sup>

Today is Gwen Arnold's Birthday

9:15 Gentle Chair Exercises  
10:00 Newspaper Reading  
10:00 Men's Shed  
11:00 Quiz  
2:00 Knit, Natter & Craft

#### WEDNESDAY 23<sup>RD</sup>

9:30 Cooking in the Activity Room  
11:30 Reminiscing Books - Room Visits  
2:00 Gentle Chair Exercises & Stretching  
2:30 Walks in the Garden  
3:00 Emotional & Spiritual Support Visits

#### THURSDAY 24<sup>TH</sup>

9:30 Anglican Service  
10:30 Hand & Nail Care  
2:00 Tai Chi in the Library  
2:40 Wheelchair Walk in the Garden  
3:15 Individual Visits

#### FRIDAY 25<sup>TH</sup>

Today is Gilbert Emmins' Birthday

9:30 Musical Memories  
10 12 Café & Shop Open  
12:00 Men's Chinwag with Fish 'n' Chip Luncheon  
2:00 Carpet Bowls  
3:00 Individual Visits

#### SATURDAY 26<sup>TH</sup>

10:00 Bingo  
1:30 Cocktail Afternoon  
3:00 Movie Afternoon

#### SUNDAY 27<sup>TH</sup>

10:00 Cooking in the Activity Room  
11:30 One on One Walks in the Garden with Belinda  
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