



Above: Balloon Play is such a fun way to get our exercises in.
Below: Edie & Olive enjoy the cocktail



Chris enjoys a tasty morsel cooked during a morning activity - Yum!



Above: Marj enjoys the cocktail afternoon



Happy Birthday Frances



The Week That Was

Circuit Path Project



Exciting things are happening in the Yackandandah Health gardens as we closely watch the developments of the walking path. The path, which meanders all the way from A wing, through the sensory garden, around Poppy Place and leads to the Cafe courtyard. This has not only increased the accessibility for residents, their families, and friends to explore our beautiful gardens but also provides an incentive to keep fit and active. Along with the inclusion of the new path, the existing path has now been extended to link the CARE Sanctuary and further link Big Ben & Mount Jack, and the independent living units. The CARE Sanctuary will be bordered by a secure fence to enable access for all residents and children from Little Yacks Learning Years – exciting times!



COCKTAIL PARTY FUN

The cocktail party took an unexpected twist on Saturday afternoon with residents choosing to dress up for the occasion. Don't they look fantastic?



This Weeks Laugh

As I left Bunnings to walk out to my ute and was reaching into my pocket for my car keys, I got that sick feeling when I didn't find them there. I desperately gave myself a pat down and checked my other pockets, but they were not there. I spun around really fast and trotted back into Bunnings to retrace my steps. I asked everybody if they had seen my keys... nope. Then it hit me, I must have left them in the ute. Frantically, I headed for the parking lot outside Bunnings. My wife Faye has scolded me a thousand times for leaving the keys in the ignition. My theory is the ignition is the best place not to lose them. Her theory is that the car will be stolen if I do that. As I burst through the doors of Bunnings and out into the parking lot, I came to a terrifying conclusion. Her theory was right. The parking lot was empty, no ute I immediately called the police. I gave them my location, confessed that I had left my keys in the ute, and that it had been stolen. Then I made the most difficult call of all. "Honey," I stammered. I always call her honey in times like these. "I left my keys in the ute, and it has been stolen." There was a period of silence. I thought the call had been dropped, but then I heard Faye's voice. "Kris," she barked, "I dropped you off at Bunnings on my way to the grocery store!" Now it was my time to be silent. Embarrassed, I said, "Well, would you come and get me?" Faye retorted, "I will, as soon as I convince the police that I have not stolen your ute!!"



What's On This Week

POPPY PLACE ACTIVITIES

MONDAY 7TH

Facetime Calls
Musical Bingo
Book Exchange
Ladies High Tea

TUESDAY 8TH

Art & Craft
Walks in the Garden
Armchair Travel Outback
Tovertafel
Cooking Pancakes

WEDNESDAY 9TH

Walks in the Garden
Facetime calls
Movie Afternoon
Balloon play
Connect 4

THURSDAY 10TH

Hairdresser in today
9:30 Anglican Service
Hand and Nail Care
2:00 Tai Chi
Smoothie Bar

FRIDAY 11TH

10-12 Café & Shop
Balloon play
Musical Memories
Hot towels & Pamper

SATURDAY 12TH

10:00 Pamper Morning in the Library
1:30 Cut up Tomato's to make Relish
2:45 Movie Afternoon

SUNDAY 13TH

10:00 Cooking Relish
11:30 Songs of Praise
1:30 The Price is Right

MONDAY 7TH

9:15 Gentle Chair Exercises
10:15 Book Exchange
11:00 Book Club with Judy
2:00 Ladies High Tea

TUESDAY 8TH

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
11:00 Armchair Travel to Outback Australia
2:00 Knit, Natter & Craft

WEDNESDAY 9TH

9:30 Cooking in the Activity Room
2:00 Gentle Chair Exercises & Walk
2:30 Newspaper Reading
3:00 Individual Visits

THURSDAY 10TH

Hairdresser in today
9:30 Anglican Service
10:30 Hand & Nail Care
2:00 Tai Chi in the Library
Quick Quiz following Tai Chi

FRIDAY 11TH

9:30 Musical Memories
10-12 Café & Shop Open
2:00 Lawn Bowls
3:00 Individual Visits

SATURDAY 12TH

10:00 Pamper Morning in the Library
1:30 Cut up Tomato's to make Relish
3:00 Movie Afternoon

SUNDAY 13TH

Today is Flo Trehwella's Birthday
10:00 Cooking Relish
11:30 Songs of Praise
1:30 The Price is Right