

The Week That Was

Cooked Lunch with Anne



Residents of Yackandandah Health enjoyed cooking their own lunch on Wednesday. They had decided upon a hearty meal of Lamb shanks with vegetables, followed by a delicious traditional homemade apple pie. This was our first cooked lunch without much loved Chef Wendy; however, Anne did not disappoint – she was fantastic! We appreciate the effort that Anne went to making the activity as amazing as it was. We will continue to cook our own lunch, rotating through the chefs each month creating a variety of different cooking skills to our already bulging pot of talent. The team decided on Osso Boko for next time. We had a special guest along for the activity, CEO Andrea O’Neil was amongst the crowd who enjoyed the hearty and delicious meal. Residents then surprised Andrea with a passionfruit sponge that they had made for her birthday. Happy Birthday Andrea from all at Yackandandah Health.



Above: What fantastic weather we had for lawn bowls! Perfect!
Below: Gladys enjoying the sunshine in the garden



Above: Bev working on her craft projects



Above: Chris wishes Andrea a Happy Birthday

Below: Joan chops up the vegetables



Above: Thelma bowling in the 10 Pin bowling match



Above: Ken creating some Easter craft



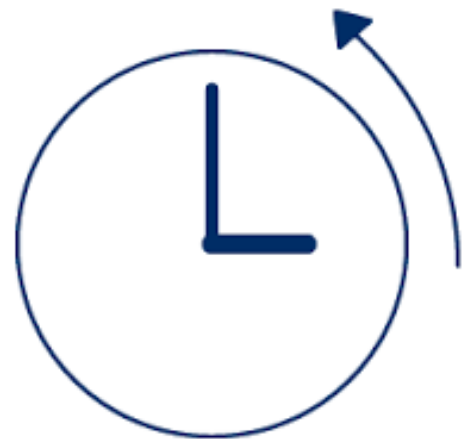
Flo and June (above) work well together

APRIL FOOLS DAY FUN

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30 Milk the cows	6:45 Arm wrestling competition	9:00 Zip Lining in Mexico	10:45 Sky Diving	3:00 Hot Air Balloon Rides	10:00 24km marathon training	11:45 Bull Riding try outs
10:30 Swim with the sharks	1:00 Watch paint dry	11:30 Fake News	12:00 Kissing contest	5:00 Make our own jelly shots	12:00 White water Rafting	2:00 3 legged races bag races
2:00 Lunch with the Queen	2:30 Tattoos and body piercings	3:00 Horse Riding	4:00 Breakfast with Scemo	11:00 Burping contest	4:00 Pie Eating competition	4:00 Rolling Stones Concert

There were a few raised eyebrows when residents read through the upcoming activities on Friday morning. Swimming with the sharks, bull riding and burping competitions were just a few of the suggested activities. It didn't take long for some clever residents to realise it was an April Fools Joke, however the joke was on us after some daredevils were interested in signing up!

DAYLIGHT SAVING ENDS



Don't forget Daylight saving ends at 3am on Sunday 3rd April so don't forget to put your clock backwards before bed on Saturday night. Staff are available to assist you with this if needed. Most smartphone and iPad clocks will automatically adjust.

This Weeks Laugh

A woman has a problem with her wardrobe door in the bedroom. Every time a bus passes outside the house, the door of the wardrobe, would fall off. She called a repairman to try and fix the problem.

The repairman comes, and he sees that indeed the door did fall off every time a bus passed by.

"Okay!" said the repairman, 'I'm going to step inside the wardrobe, you close the door behind me, till I see if I can detect what the problem is.' And he steps into the wardrobe.

The wife closes the door behind him.

At this point the husband suddenly arrives home and finds his wife in the bedroom talking to someone.

He rushes over and opens the wardrobe door, sees the repairman, and shouts, "What the hell are you doing in there?" The repairman meekly replies, "Well believe it or not, I'm waiting for a bus!"



I like to imagine that the guy who invented the umbrella was going to call it the brella.

But he hesitated.

What's On This Week

POPPY PLACE ACTIVITIES

MONDAY 4TH

Facetime Calls
Musical Bingo
Book Exchange
Ladies High Tea

TUESDAY 5TH

Today is Maree Dodd's Birthday

Art & Craft
Walks in the Garden
Armchair Travel to Scotland
Tovertafel

WEDNESDAY 6TH

Walks in the Garden
Facetime calls
Movie Afternoon
Connect 4
Catholic Mass

THURSDAY 7TH

Today is Norma Cheater's Birthday

Hairdresser in today
Paddle Pop Stick Project
Hand and Nail Care

FRIDAY 8TH

2:00 Tai Chi
Smoothie Bar
Tovertafel Fun

FRIDAY 8TH
10-12 Café & Shop
Balloon play
Musical Memories
Hot towels & Pamper
Lawn Bowls

SATURDAY 9TH

9:45 Newspaper Reading
10:30 Pamper Morning
1:30 Cooking
2:45 Movie Afternoon

SUNDAY 10TH

10:00 Morning Tea in the Poppy Place Garden
11:30 Songs of Praise
1:30 The Price is Right

MONDAY 4TH

9:15 Gentle Chair Exercises
10:15 Book Exchange
11:00 Book Club with Judy
2:00 Ladies High Tea

TUESDAY 5TH

Today is Maree Dodd's Birthday

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
10:00 Men's Shed
11:00 Armchair Travel to Scotland
2:00 Knit, Natter & Craft

WEDNESDAY 6TH

9:30 Cooking in the Activity Room
2:00 Gentle Chair Exercises & Walk
2:30 Walks in the Garden
3:00 Catholic Mass

THURSDAY 7TH

Today is Norma Cheater's Birthday

Hairdresser in today
9:15 Gentle Chair Exercises
10:00 Newspaper Reading
10:30 Hand & Nail Care
2:00 Tai Chi in the Library

FRIDAY 8TH

9:30 Musical Memories
10 12 Café & Shop Open
2:00 Lawn Bowls
3:00 Individual Visits

SATURDAY 9TH

9:45 Newspaper Reading
10:30 Pamper Morning
1:30 Cooking
3:00 Movie Afternoon

SUNDAY 10TH

10:00 Morning Tea in the Poppy Place Garden
11:30 Songs of Praise
1:30 The Price is Right