

The Week That Was

ANZAC DAY SERVICE



Gilbert (above) and Jurgen (below) enjoy a game of lawn bowls



Above: Andrea raises the flag during the Anzac Day Service



Top: Tracey assists Eileen to lay the wreath
Above: Residents worked on craft items in the lead up to Anzac Day to decorate the board in the Activities Room. Doesn't it look fantastic?
Below: Judy reads a tribute to the horses.



An ANZAC Service was held at Yackandandah Health on Monday morning. Residents worked together to present a meaningful service, some sharing stories and memories of the war and their loved ones who went to fight. We would like to thank all residents that contributed to this emotional and respectful service.



Above: Robert and Diann enjoy some time together in the garden



Above: Pepita entertains the crowd on her pianola



**They shall grow not old, as we that are left
grow old;
Age shall not weary them, nor the years
condemn.
At the going down of the sun and in the
morning
We will remember them.
Lest we Forget.**

BIRTHDAY CAKE CHOICES

We think birthdays are pretty cool and certainly worth celebrating at Yack Health, so we encourage all residents to choose their favourite cake for their birthday. This is where the talented cooks of the Wednesday cooking group shine. Together with Tracey they decide on a recipe and work their magic to create a beautiful cake of their choice, made from scratch every time.



Maree chose a classic...
Chocolate cake



Norma with her Choc Ripple Cake



Valda opted for a ginger fluff
sponge

This Weeks Laugh

RIDDLES

When is a door not a door?
Answer: When it's ajar (a jar).

Why is six afraid of seven?
Answer: Because seven eight (ate) nine.

If you drop me I'm sure to crack but give me a smile and I'll always smile back
Answer: A mirror

When you went into the woods you got me.
You hated me yet you wanted to find me.
You went home with me cause you couldn't find me
What was it?
Answer: A splinter

An iron horse with a flaxen tail.
The faster the horse runs,
the shorter his tail becomes.
What is it?
Answer: A needle and thread.

The more you have of it, the less you see.
What is it?
Answer: Darkness

All about, but cannot be seen,
Can be captured, cannot be held,
No throat, but can be heard.
Answer: The wind.

What always runs but never walks, often murmurs, never talks, has a bed but never sleeps, has a mouth but never eats?
Answer: A river.



What's On This Week

POPPY PLACE ACTIVITIES

MONDAY 25TH

ANZAC Day

Facetime calls
Move to Music
Book Exchange
Footy Tipping

TUESDAY 26TH

Reminiscing Books
Chair Zumba
Milkshake Trolley
Hot Towels & Pamper

WEDNESDAY 27TH

Facetime calls
Exercises
Garden Walks
Cooking "Residents Choice"
Catholic Mass

THURSDAY 28TH

Hairdresser in today

Balloon Play
2:00 Tai Chi
Sensory Games
Milkshake Trolley
Paddle Pop Stick Project

FRIDAY 29TH

10-11:30 Café & Shop

Chair Zumba
Group Puzzles
Music – Old Records
Lawn Bowls

SATURDAY 30TH

9:45 Newspaper Reading
10:45 Cooking in the Activities Room
1:30 Pool Noodle Hockey
2:45 Movie Afternoon

SUNDAY 1ST

9:45 Newspaper Reading
10:30 Target Practice
1:30 Make our own Banana Splits (PP)
2:45 Movie Afternoon

MONDAY 25TH

ANZAC Day

10:30 ANZAC Day Service
1:30 Footy Tipping
2:00 Bingo

TUESDAY 26TH

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
10:00 Men's Shed
11:00 10 Pin Bowling
2:00 Knit, Natter & Craft

WEDNESDAY 27TH

Cooked Breakfast

9:30 Cooking lunch with the chef of the day
2:00 Gentle Chair Exercises & Walk
2:30 Newspaper Reading

THURSDAY 28TH

Hairdresser in today

9:30 Anglican Service
10:30 Hand & Nail Care
2:00 Tai Chi in the Library
3:00 Quick Quiz

FRIDAY 29TH

9:30 Musical Memories
10-11:30 Café & Shop
2:00 Lawn Bowls
3:00 Resident Choice Individual Visits

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