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LITTLE YACKS CHILDCARE CENTRE

After reopening on January 14th, it has been great to see that support for Little Yacks is growing. Our philosophy of "Help me to help myself", will guide us as we develop an educational and caring environment where the children's individual needs are observed and met, with each child being able to pursue their individual talents and interests.

We opened the third room, the babies' room, a few weeks ago, catering for our expansion for very small children. Close relationships are being formed between children, their families and our educators.

Please give Michaela a call to discuss your childcare needs on 0260280187 / 0260280188.



Pictured above are a group of our Little Yack's staff members

ROYAL COMMISSION INTO AGED CARE QUALITY AND SAFETY

The Royal Commission into Aged Care Quality and Safety has commenced public hearings. The Commission's terms of reference are broad and will investigate the failings of the current system, as well as the quality of care being provided. Early hearings have included discussions on staffing levels, skills, the quality agency and pay rates.

We hope that as the hearings progress, the positive models of care will also be highlighted. At Yackandandah Health, we believe we provide our elders with a positive lifestyle and excellent clinical care. We have submitted a response to a list of questions forwarded to all aged care providers and will be happy to provide further information if asked.

Funding for the sector is a major concern, as we have had successive years with real decreases in the care subsidy as a result of changes to the assessment system.

Increased funding will mean that we can continue to not only maintain the quality of care we presently deliver, but improve further the daily life of those who live with us.



The men from the Yack Shack have continued to support Little Yacks by making tables, chairs, benches and shelving. All lovely handmade wooden pieces that are a perfect size for the children. Our special thanks to all at the Men's Shed – we really appreciate your support.

INTRODUCING THE COMMITTEE OF MANAGEMENT FOR 2019

TRICIA GLASS, PRESIDENT



"Yackandandah has been home since 1970, although my work in education has taken me across Victoria and in later years, around Australia.

I am married to Michael - a long time local, and am the mother of five kids - two born at Yackandandah Bush

Nursing Hospital. My Mum was a resident at Yackandandah Health for nine years.

I am passionate about all things 'Yackandandah' and have recently devoted time to 'The Yackandandah Model' being developed by Yack Health.

KATH EVANS, CO - VICE PRESIDENT



"I have been an accountant at Crowe Horwath Albury for 25 years, specialising in Superannuation & SMSF.

I am married to Gary, have 2 young adult children and live at Osbornes Flat. I grew up on a dairy farm at Kergunyah. For relaxation I like to coach

& watch sport, read and relax with friends.

I am passionate about community contribution and leaving Yackandandah Health in a better position for the future than when I started."

BEN GILBERT, CO - VICE PRESIDENT



"I am a Director of a small sculpture company in Yackandandah.

I live with my partner Tijana and two young children.

I am a maker of things and interested in the experience of space, and that leads to a quality sense of being. The

Yack Health back paddock was my playground as a child."

DONALD CROSTHWAITE (Don)



"I am a retired farmer who ran our family dairy farm business in Kergunyah. We will be moving to live in Yackandandah this year.

I have been involved with Yack Health for many years (as an observer) while my wife Pam was Director of

Nursing. I have been keen to see the "business" grow and diversify."

MARGARET HEWSON (Marg)



"I am a retired Registered Nurse, previously a staff member at YBNH (night duty).

I joined the Committee in 1988 when it looked as if the Yack Bush Nursing Hospital would close and community resolve lost.

I was involved in the group that built the initial three wings of Hostel in 1994. The welfare of Yackandandah Health has always been a priority. Now retired, I am passionate about the quality of care and the enhancement of life as we age. It is wonderful to see the vision of embracing the community."

MATT GROGAN



"I am a solicitor at Hallidays in Beechworth and Yackandandah.

I am a family member and current Chair of TRY (Totally Renewable Yack).

I live with my young family on a small farm in Staghorn Flat where we grow vegies

and run a few cows."

PATRICIA PARKINSON (Trish)



"I'm a local girl at heart, attending school in Beechworth then moving to Melbourne for my tertiary education and work.

Employment has taken me to Castlemaine, Bendigo and Canberra before coming home to Albury and finally settling in

Yackandandah.

My career started in Nursing and progressed to Workplace Rehabilitation Counselling. The completion of my Master of Business Administration led me to careers in Business Development, Project Management and Business Management.

I've now retired after working at the executive level in both the private and public sectors. The current services and future projects for Yackandandah Health are very exciting and I'm keen to work with the Committee to facilitate this progress."

DOUG WESTLAND



"I moved from Darwin to Yackandandah, 41 years ago, and I'll probably live out my days here.

In my life so far, I've been an architect, a potter, a singer, a father and now officially retired and enjoying my third age, I've never been busier.

Growing older, my top priority is sustaining the best social, mental and physical health possible.

I'm looking to Yackandandah Health to continue to strengthen every aspect of our whole community's health and well-being."

PARTICIPATE IN OUR COMMUNITY SURVEY

Yackandandah Health has developed a visionary master plan and recently invested in the Medical Centre and Little Yacks Childcare Centre, with work starting soon on the Animal Care Sanctuary.

This, and the opening last year of our new aged care rooms and apartments, present some exciting opportunities for the community.

We would like your input to shape our plans and our communication about Yackandandah Health.

If you would like to participate in the survey, go to the online link at:

<https://www.surveymonkey.com/r/YHCommunity>

or – download a hard copy of the survey from our website,

or – collect a copy of the survey from the Yack Health office.

CERTIFICATE III In BUSINESS

Our Receptionist, Maddie Hansford has successfully completed her Traineeship with ATEL and been awarded the Certificate III in Business. After her graduation Maddie continues to be an integral member of our Admin team. Congratulations Maddie!



Administration Team

Lisa Greenwood, Maddie Hansford, Gwen Harris

YACKANDANDAH HEALTH MEDICAL CENTRE NEW GP

We are pleased to announce that we have a second doctor at the Medical Centre. Dr Justin Donaldson joined us in February 2019. Dr Donaldson has wide ranging experience in all aspects of general practice and family medicine. Following medical training and extensive experience in the UK, Justin moved to Australia in 2013, obtained Fellowship with the RACGP and has worked in both metropolitan and regional centers.

Special interests include chronic disease management, family health, anxiety and depression, men's health, care of the elderly, palliative care and preventive medicine.

Dr Donaldson, with his wife and baby daughter, look forward to being involved in the Yackandandah community.

Dr Donaldson is presently at the Medical Centre Tuesday and Friday but will be increasing to five days per week in the next month.



Dr Justin Donaldson
MBChB MRCS MRCGP FRACGP

APPOINTMENTS - Monday to Friday

Dr Tess Goodwin - Monday, Wednesday, Thursday
Dr Justin Donaldson - Tue and Friday

Phone - 0260 280 130

or book your appointment via our website:
<https://www.yackandandahhealth.com.au/>

FOOTY TIPPING

The AFL season is fast approaching. We will again be running our footy tipping competition and invite our members to join in.

Entry remains at \$20, with the winner taking home the bulk of the contributions. Second place receives \$40 and third place has their entry contribution of \$20 returned.

The honour of having your name placed on our wooden spoon is reserved for the last place getter.

To enter, please contact Leonie Bell at:

l.bell@yackhealth.com.au

or give her a call 0260 280 149.



BIG BEN / MT JACK UPDATE

We have received a lot of positive interest in our new building since opening in November. We are now at full occupancy in our residential aged care. Our license is for 77 residents. We are still running two respite rooms and a transition care bed (TCP).

The apartments are also starting to fill. We have furnished one apartment that we hope to offer as emergency accommodation.

After a long hot summer, we look forward to cooler temperatures and rain. The garden spaces will then become a priority.

Any enquiries with regard to our Residential Care or Apartments can be directed to administration.

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