

THE WEEK THAT WAS

Welcome Afternoon for our volunteers



Unfortunately, due to Covid-19 restrictions, the BBQ lunch that we had planned to welcome back our volunteers had to be cancelled.

With restrictions easing we are finally going to be able to welcome both new and existing volunteers back with open arms.

We have rescheduled the welcome back to 10:30 on Tuesday 13th July for a morning tea so come on down to the Activities Room to catch up with existing volunteers and meet some new ones.

Volunteers are a vital piece of the Yack Health team, they bring with them skills to assist us to provide a range of activities that would not be possible without their help.

We have vacancies in all areas and provide relevant training and ongoing support. If you know of somebody perfect for the role, we would love to hear from them.



RFF Meeting



A "Residents, family and friends" focus meeting will be held on Tuesday 6th July at 9:30 in the library.

The meetings are held bi-monthly to assist residents, along with their friends and family, to have input into decisions regarding their home and to provide essential feedback for improvement and development.

If you would like to contribute to these meetings (or even just to go along and listen) you are more than welcome, we would love to see you there.



BUDDY UP!



Buddy Program

The buddy program has been operating successfully at Yackandandah Health for several years. The program is designed to assist new residents to feel at home sooner, making their move into care smoother and less daunting.

The buddy may assist the new resident to meals and activities while they settle in. It is a large building that can be difficult to navigate at first so having a buddy can make the experience a little less confusing. If you would like to join our buddy program, please see the lifestyle staff for details.



"Meet the Yack Health family" is a new addition to the weekly which enables us to get to know both residents, staff, and volunteers. If you would like to feature in this segment, please let lifestyle staff know 😊

This week's laugh!



An old couple were living in London during the air raids. The bombs were falling all round, the sirens were blaring, and as they got to the door of the shelter, the old man turned round and said "I'm going back'. His wife said "Hey Willie where are you goin' "and he said "I forgot me teeth". She said "For God's sake Willie, it's bombs they're droppin, not hot pies".

Back in the days when milk was delivered door to door, a milkman comes to a house where there is a note asking for 26 litres of milk.

He finds it excessive and decides to knock to see if the owner has made a mistake. He knocks and a young woman comes to the door.

"Madam, I was wondering if you are aware that you asked for 26 litres of milk."

"Oh, yes," says the lady.

"I want to bathe in milk to retain my beauty like Cleopatra used to do".

The milkman is puzzled and after a few seconds asks:

"Do you want it past-your-eyes (pasteurized)?"

The lady answers: "No thanks, just up to my neck!"



WHATS ON THIS WEEK Poppy Place Activities

Monday 5th

10:15 Piano with Eric

Footy Tipping

NAIDOC Week craft

Make some rum balls for Christmas in July

Tuesday 6th

Armchair Travel

Art & Craft

Walks in the Garden

Exercises & Stretching

Sensory Activities

Wednesday 7th

Making chocolate Creations

Facetime Calls

11:15 Men's Choir & luncheon

Tovertafel Fun

Thursday 8th

9:30 Anglican Service

Hand and Nail Care

Garden Walks

2:00 Tai Chi

Friday 9th

10:00-12:00 Café & Shop open

Musical Memories

Hot towels & Pamper Afternoon

Saturday 10th

10:00 Scenic Bus Tour

1:30 Happy Hour with Snacks

2:45 Movie Afternoon

Sunday 11th

11:30 Songs of Praise (ABC)

WHATS ON THIS WEEK

Monday 5th

9:15 Gentle Chair Exercises & Walk

10:00 Newspaper Reading

One on One Footy Tipping throughout the morning

10:15 Entertainment with Eric

2:00 Bingo

3:00 Individual Visits

Tuesday 6th

9:15 Gentle Chair Exercises & Walk

10:00 Newspaper Reading

11:00 Armchair travel – Outback

Australia to celebrate NAIDOC Week

2:00 Knit, Natter & Craft

Wednesday 7th

Hairdresser in today

9:30 Cooking in the Big Ben kitchen

11:15 Men's Choir & luncheon in Poppy Place

2:00 Gentle Chair Exercises & Walk

2:30 Newspaper Reading

3:00 Catholic Mass

Thursday 8th

Hairdresser in today

9:30 Anglican Service

11:00 Hand & Nail Care

2:00 Tai Chi

2:45 Tovertafel Fun

Friday 9th

9:30 Musical Memories

10:00-11:30 Café & Shop open

2:00 Carpet Bowls

3:00 Individual Visits

Saturday 10th

10:00 Scenic Bus Tour

1:30 Happy Hour drinks & Snacks

3:00 Movie Afternoon

Sunday 11th

Today is Joan Smith's birthday

11.30 Songs of Praise