

THE WEEK THAT WAS



Christmas in July

Christmas in July was an absolute hit and will definitely find a permanent place on our calendar next year after the incredible feedback that we received from all involved.

There was Christmas craft, decorations, carols, an incredible Christmas feast followed by a visit from Santa Claus himself... although I do believe I noticed similarities between Santa and our lovely maintenance man Jimmie.

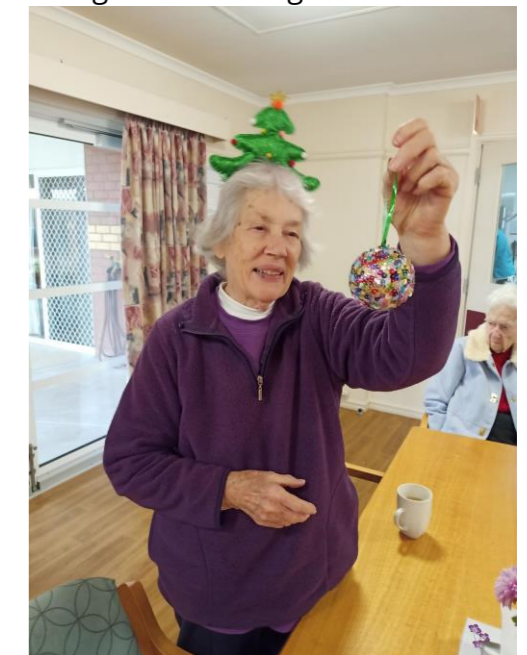
A big thank you to our catering, lifestyle and nursing teams who all worked together to provide an incredible day for the residents of Yack Health.



Hazel admires the gingerbread house made, with love, by the incredibly talented staff member Glenda - Amazing!



Roger receives a gift from Santa



Robyn enjoying the Christmas spirit



Santa interrupted the dishes to put a smile on Eileen's face

Pauline enjoying Christmas in July spirit



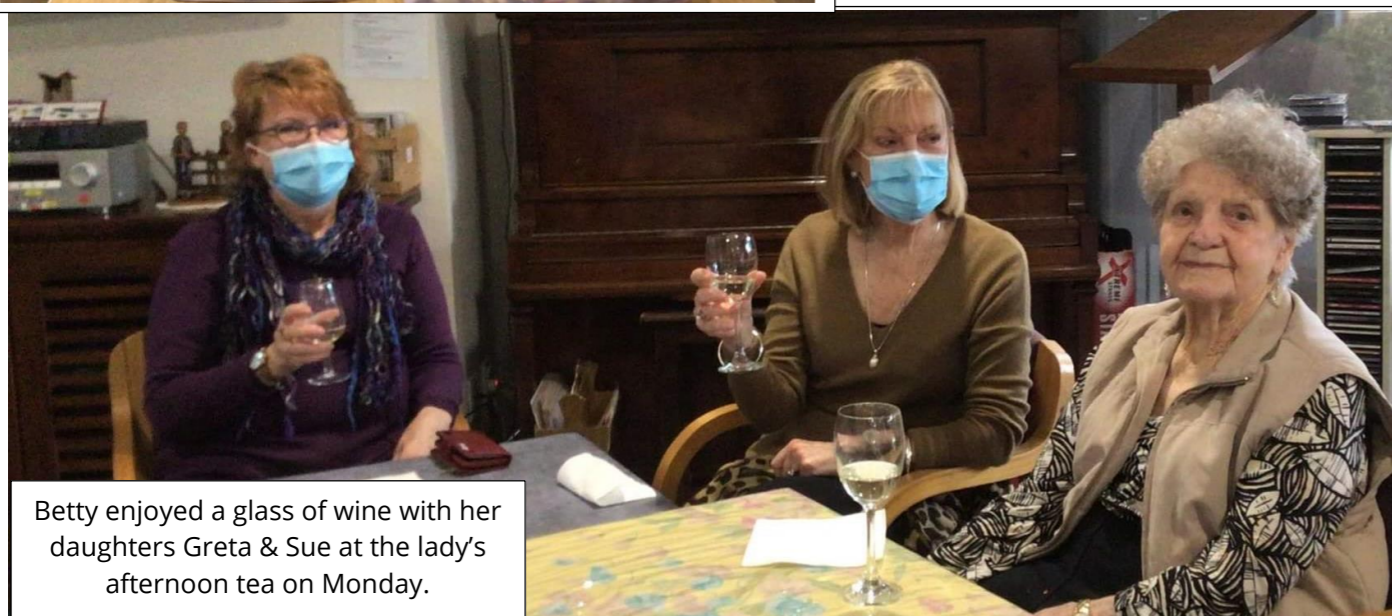
Above: Eiril & Cecilia hard at work creating Christmas table decorations.
Below: Santa and his helper preparing to give out gifts



Heather with some home-made Christmas treats made by residents of YH (The best cooks in the region!)



Betty enjoyed a glass of wine with her daughters Greta & Sue at the lady's afternoon tea on Monday.



Meet the Yack Health Family

Pepita Hodgetts



Tell us about yourself:

I was the second youngest of 9 children, 8 girls and 1 boy. We grew up in Corryong and attended the local school before I started work as a telephonist at the Corryong exchange. I met Sid, a bus driver, we married and had 2 daughters, Vicki and Sandra.

We took over the Post Office and Telephone exchange at Barnawartha before eventually buying a hobby farm in the Indigo Valley.

I enjoyed playing netball, teaching Sunday School and singing in the church choir.

I have lived at Yack Health for 7 years; the people are what make it feel like home.

What is your favourite food?

My favourite meal is silverside.

What are you looking forward to?

The end of lockdown so I can see my family.

What town have you enjoyed living in most?

Corryong. That is where I grew up.

What do you like to do for fun?

I enjoy reading, knitting, talking, puzzles, playing 500, cooking and playing my pianola – come and join me on Saturday for a singalong in the Activities Room at 1:30pm.

Volunteers Morning Tea

How lovely it was to FINALLY welcome back our volunteers on Tuesday! It was lovely to see some new faces along with volunteers who have been assisting for many, many years.

Volunteers bring a wide variety of skills and provide us with a program that we couldn't possibly offer without them. We have missed having them in and look forward to having them back onboard.



Hazel enjoyed catching up with Evelyn. Evelyn has been a volunteer with YH for many years.

WHATS ON THIS WEEK Poppy Place Activities

Monday 19th

Hand Massages

Footy Tipping

Walks in the Garden

Facetime Calls

Balloon Play

Tuesday 20th

Monthly Birthday Party

Reading in the Garden

Cooking

Tovertafel

Seated Soccer

Wednesday 21st

11:15 Men's Choir & luncheon

Facetime Calls

Group Puzzles

Thursday 22nd

9:30 Anglican Service with Alan (Library)

Reminiscing Books

Magic Memories

2:00 Tai Chi

Friday 23rd

10:00-12:00 Café & Shop open

Group Puzzles

Musical Bingo

Balloon Play

Saturday 24th

Scenic bus tour cancelled

10:00 Individual visits

1:30 Singalong with Pepita on the pianola

2:45 Movie Afternoon

Sunday 25th

11:30 Songs of Praise (ABC)

WHATS ON THIS WEEK

Monday 19th

9:15 Gentle Chair Exercises & Walk

10:00 Newspaper Reading

One on One Footy Tipping throughout the morning

1:1 Reminiscing Books

2:00 Bingo

Tuesday 20th

9:15 Gentle Chair Exercises & Walk

10:00 Newspaper Reading

11:00 Balloon Tennis

11:30 Quiz

2:00 Knit, Natter & Craft

Wednesday 21st

No Hairdresser today

9:30 Cooked lunch with Wendy

Join us for Beef Bourguignon followed by Madeleines for dessert

11:15 Men's Choir & luncheon

2:00 Gentle Chair Exercises & Walk

Thursday 22nd

No Hairdresser today

9:30 Anglican Service with Alan (Library)

10:30 Hand & Nail Care

2:00 Tai Chi (Library)

2:45 Tovertafel Fun Poppy Place

3:00 Individual Visits

Friday 23rd

Opening of the Olympic Games

9:30 Musical Memories

10:00-11:30 Café & Shop open

2:00 Olympic Carpet Bowls

(who will win gold for Yack Health?)

3:00 Individual Visits

Saturday 24th

Scenic bus tour cancelled

10:00 Individual visits

1:30 Singalong with Pepita

3:00 Movie Afternoon

Sunday 25th

11.30 Songs of Praise