

THE WEEK THAT WAS



Welcome Andrea O'Neill, Yack Health's new CEO

Dear Residents,

I would like to thank you all for the wonderful welcome I received in my first week here at Yackandandah Health, everyone has just been so delightful! I have tried to meet as many people as I can, please forgive me if I forget your name. I will continue to join the dots and I am sure with your help I will know everyone in the not too distant future.

Yackandandah Health is a fantastic organisation and I am so honoured to be leading the team of wonderful staff here to provide you with the best possible care available. Remember we are here to look after you so if we could do better, please let the staff know and we will do our best to address your concerns and work with you until you are happy. Over the next few weeks you may be asked to complete a survey letting us know how you find the service provided here at Yackandandah Health. Remember to be open and honest when answering the questions because if you don't we can't make the service better.

Congratulations to all the residents who have had their first Covid-19 vaccination! Thank you for being so patient and the team will be back in a couple of weeks to administer the second vaccination. This is an important part of our Covid-19 prevention strategy along with hand hygiene, visitor screening, facial masks and social distancing. We have to remain continually vigilant but we are 12 months further prepared and in a good position to manage this virus.



I really enjoyed the morning and afternoon tea on my first day. Thanks to everyone who came. The highlight was meeting you all but I have to admit, the cake was delicious! Many thanks. I would like to take this opportunity to thank all the staff here for doing such a wonderful job. It is so lovely to walk through the facility and see all the smiling faces on the staff and residents. The staff really make the difference between a house or a home. I am pleased to let you all know that Yackandandah Health is definitely a "Home" and that is a direct result of the staff and their can-do attitude. Keep up the great work!

Please feel free to let Nicole know if you would like to speak with me and I will make time to come and see you. Until next time stay safe and keep warm.

Andrea O'Neill
CEO
Yackandandah Health

Covid-19 vaccines arrive at Yack Health

Residents were quick to roll up their sleeves to receive the first of their 2 Pfizer injections on May 12th. The second round of injections is due on Wednesday 2nd June.

You will not need to make an appointment; staff will find you and escort you to the Activities Room at the allocated time, there is no need to worry!



RFF Meeting

The "Residents, family and friends" focus meetings have been operating for a number of years at YH. The meetings were established in 2018 to assist residents along with their friends and family to have input into decisions regarding their home and to provide essential feedback for improvement and development.

If you would like to contribute to these meetings (or even just to go along and listen) you are more than welcome! The next meeting will be held in the library on Tuesday 6th July at 9:30, we would love to see you there.

Welcome Afternoon for our volunteers

Unfortunately, due to the restrictions imposed by the Victorian Government we have been forced to postpone our volunteer sausage sizzle that was planned to welcome both new and old volunteers back to Yack Health. We have missed our volunteers and the incredible contributions that they have made. We look forward to welcoming them back as restrictions ease – watch this space!

We have vacancies in all areas and provide relevant training and ongoing support. If you know of somebody perfect for the role, send them our way.

WE THINK
YOU'RE KIND OF A
BIG DEAL!
Thanks for Volunteering With Us
VOLUNTEER APPRECIATION WEEK

This week's laugh!

An Englishman, an Irishman, and a Scotsman were standing looking at a prize cow in a field. 'The Englishman says, 'Look at that English cow, she's a winner alright.' The Irishman disagreed. 'Hang on, that's an Irish cow.' The Scot thought for a moment and settled the argument. "No way, it's a Scottish cow - you can tell from the bagpipes underneath.'

How do you make an orange turn over?
Tickle its navel!

What did the puppy say when it sat on the sandpaper? Ruff Ruff!

What has fifty heads and no brains? A box of matches!

What did one flea say to the other flea?
Shall we walk or take the dog?

What did the big chimney say to the little chimney? You're too young to smoke!



WHATS ON THIS WEEK

Monday 31st

9:15 Gentle Chair Exercises & Walk
10:00 Newspaper Reading
One on One Footy Tipping throughout the morning
2:00 Bingo
3:00 Individual Visits

Tuesday 1st

9:15 Gentle Chair Exercises & Walk
10:00 Newspaper Reading
11:00 Pool Noodle Hockey
11:30 Quick Quiz
2:00 Knit, Natter & Craft

Wednesday 2nd

Covid-19 Vaccinations throughout the day. Staff will assist you to get to and from your appointment.

4:00 Catholic Mass on the Big TV

Thursday 3rd

9:15 Gentle Chair Exercises & Walk
10:00 Newspaper Reading
11:00 Hand & Nail Care
2:00 Tai Chi
2:45 Individual Visits

Friday 4th

9:30 Musical Memories
10:00-11:30 Café & Shop open
2:00 Carpet Bowls
3:00 Foot Spa's and Pamper Room Visits

Saturday 5th

10:00 Catch the bus into the Yack Shops (See lifestyle staff to book your seat)
1:30 Pub Trivia (with drinks & nibbles)
3:00 Movie Afternoon

Sunday 6th

Today is Gladys Baumgarten's Birthday
11.30 Songs of Praise