

THE WEEK THAT WAS



Ladies High Tea

There is something undeniably fun about eating finger sandwiches and delicious bite-size treats from a delicate tiered plate. And let's face it, tea always tastes so much better when sipped from a fine bone china teacup and saucer. High tea is quite the elegant affair at Yack Health and provided us with the perfect opportunity to don our best party frocks, with many adding a touch of pink as it coincided with our "pink coloured day" - Perfect!



Men's Chinwag

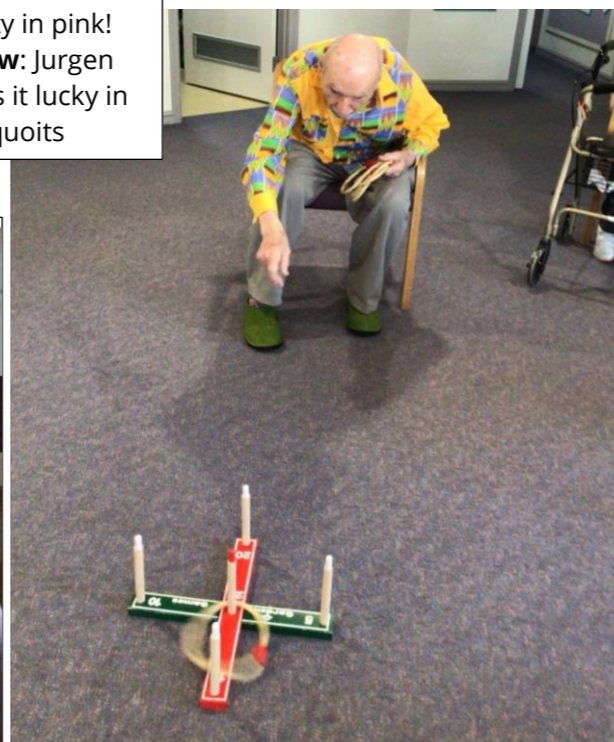
Not to be outdone, the men at Yack Health enjoyed their day on Friday. Fish, chips, beer, and soft drink was the preferred option - not a cake or dainty teacup in sight - but just as much fun. Male staff members down their tools to join the men in the activities room each month where there is always plenty of chatter and the usual footy banter, whilst they enjoy the best fish 'n' chips in town, from the Star Hotel. So, if you haven't been down to see what it's all about, be sure to get involved, we'd love to see you there next month.



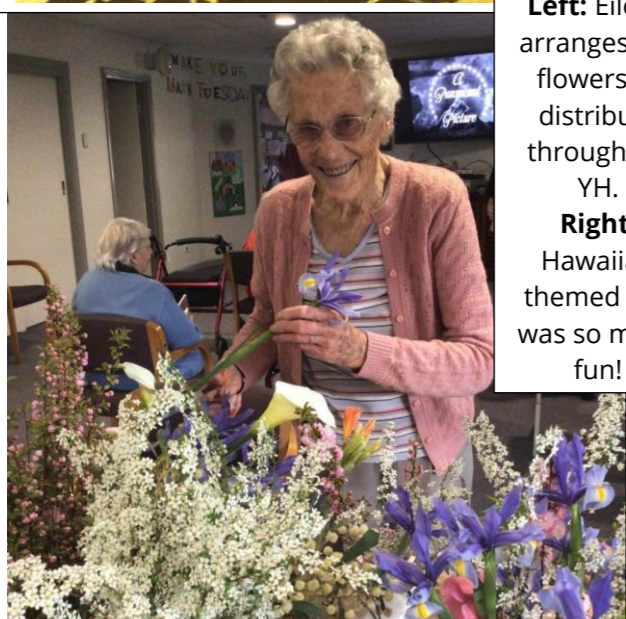
AFL Grand Final decorations are well under way, the knit & natter group are onto it!



Above: Belinda, pretty in pink!
Below: Jurgen strikes it lucky in quoits



Left: Eileen arranges the flowers to distribute throughout YH.
Right: Hawaiian themed day was so much fun!



Cooked lunch with Wendy

As always it was all hands on deck to produce a scrumptious meal under Chef Wendy's watchful eye. The menu consisted of braised oxtail with home-made gnocchi, lemon meringue pie with lemon curd & ice-cream which was absolutely delicious! The fabulous group of cooks decided upon Sweet & Sour Prawns with Fried Rice and Stewed Rhubarb & Apple with ice-cream for dessert – Yum!!



This week's laugh!

An old man decided his old wife was getting hard of hearing. He called her doctor to make an appointment to have her hearing checked.

The Doctor said he could see her in 2 weeks, and meanwhile, there's a simple informal test the husband could do to give the Doctor some idea of the dimensions of the problem.

"Here's what you do. Start about 40 feet away from her and speak in normal conversational tone and see if she hears you. If not, go to 30 feet, then 20 feet, and so on until you get a response."

So that evening when she was in the kitchen cooking dinner, and he was in the living room, he thought to himself, "I'm about 40 feet away, let's see what happens".

"HONEY, WHAT'S FOR SUPPER?"

No response.

So, he moves to the other end of the room, about 30 feet away - "HONEY, WHAT'S FOR SUPPER?"

No response.

So, he moves into the dining room, about 20 feet away - "HONEY, WHAT'S FOR SUPPER?"

No response.

So, he walks right up behind her - "HONEY, WHAT'S FOR SUPPER?"

The wife shouts out loud: "ARE YOU DEAF HONEY? FOR THE FIFTH TIME I'VE TOLD YOU IT'S CHICKEN".



WHATS ON THIS WEEK Poppy Place Activities

Monday 20th

Facetime calls
Hand Massages
Walks in the Garden
Balloon Play
Group Knitting

Tuesday 21st

Monthly Birthday Party
Reading in the Garden
Cooking
Tovertafel

Seated Soccer

Wednesday 22nd

Group Puzzles
Spinning Wheel Toss
3:00 Catholic Mass
Hot towels & pamper
Grand Final Day Craft

Thursday 23rd

Reminiscing Books
Life Stories
2:00 Tai Chi
Group Knitting
Hand Massage

Friday 24th

No lifestyle staff today due to the Public Holiday

Saturday 25th

Grand Final Day!!

Wear your footy colours with pride
1:30 Footy Tipping Presentation party
7:15 AFL Grand Final

Sunday 26th

11:30 Songs of Praise (ABC)

WHATS ON THIS WEEK

Monday 20th

[Today is Nancy Swan's Birthday](#)
9:15 Gentle Chair Exercises & Walk
10:00 Newspaper Reading
11:00 "Suck it up" Smartie Game
2:00 Bingo

Tuesday 21st

9:15 Gentle Chair Exercises
10:00 Newspaper Reading
11:00 Balloon Tennis
11:30 Quiz
2:00 Knit, Natter & Craft

Wednesday 22nd

9:30 Cook our own Morning Tea
Big Ben Kitchen
2:00 Gentle Chair Exercises
2:30 Newspaper Reading

Thursday 23rd

[Today is Shirley Crockett's Birthday](#)
9:30 Anglican Service
10:30 Hand & Nail Care
2:00 Tai Chi (Library)
2:45 Emotional & Spiritual Support Visits

Friday 24th

No lifestyle staff today due to the Public Holiday

Saturday 25th

[Today is Geoff Whitehead's birthday](#)
Grand Final Day!!

Wear your footy colours with pride
1:30 Footy Tipping Presentation party
7:15 AFL Grand Final

Sunday 26th

11.30 Songs of Praise