



The walking group taking advantage of the beautiful autumn weather.

Right top: Horst taking time out of the day to ponder.

Right Below: Dorothy enjoying the beautiful gardens and flowers.



Betty

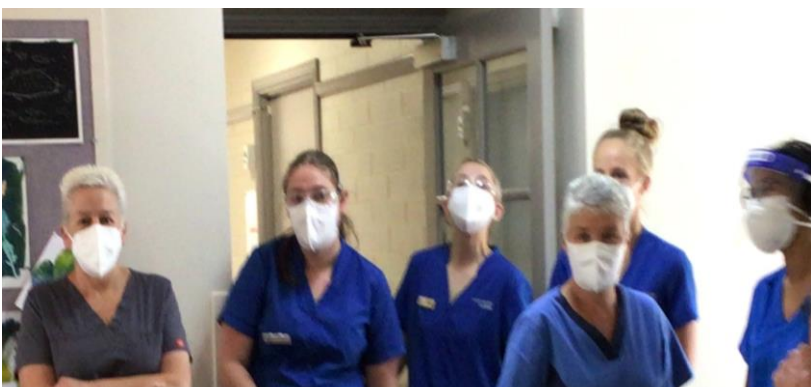


Jim



Ken and Jenny

The residents of Yackandandah Health are all taking advantage of these beautiful days and enjoying some exercise and beautiful sunshine.



Thanks to the Staff who helped Marie Celebrate her 100th Birthday yesterday.



Marie with Carmel and Kathy being interviewed by The Border Mail.



yackandandah
health

**Residents
Weekly**

THE WEEK THAT WAS

3rd April – 7th April 2023



CONGRATULATIONS MARIE DODD
Happy 100th Birthday
Born 05/04/1923



The Residents of Wattle Grove, Ben and Jack and Poppy Place join together to celebrate Marie's 100th Birthday.



JOKE OF THE WEEK

Mildred, the church gossip, and self-appointed monitor of the church's morals, kept sticking her nose into other people's business. Several members did not approve of her extracurricular activities but feared her enough to maintain their silence.

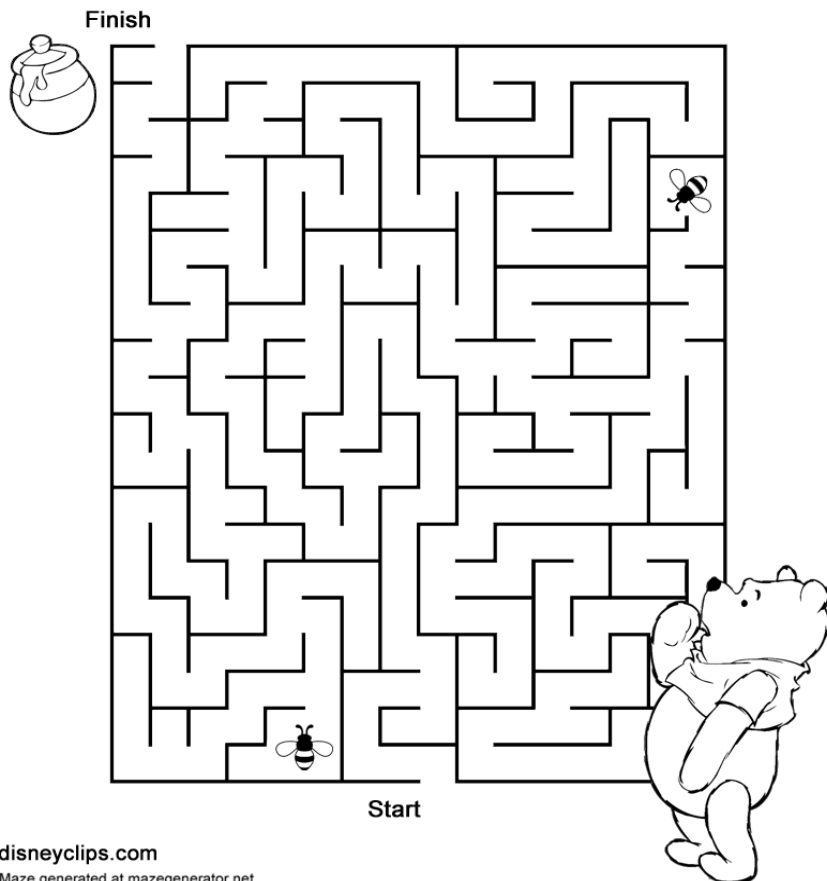
She made a mistake, however, when she accused Frank, a new member, of being an alcoholic after she saw his old pickup parked in front of the town's only bar one afternoon.

She emphatically told Frank [and several others] that everyone seeing it there would know what he was doing!

Frank, a man of few words, stared at her for a moment and just turned and walked away. He didn't explain, defend, or deny. He said nothing. Later that evening, Frank quietly parked his pickup in front of Mildred's house... Walked home...and left it there all night. You gotta love Frank!!!

Winnie the Pooh Honey Maze

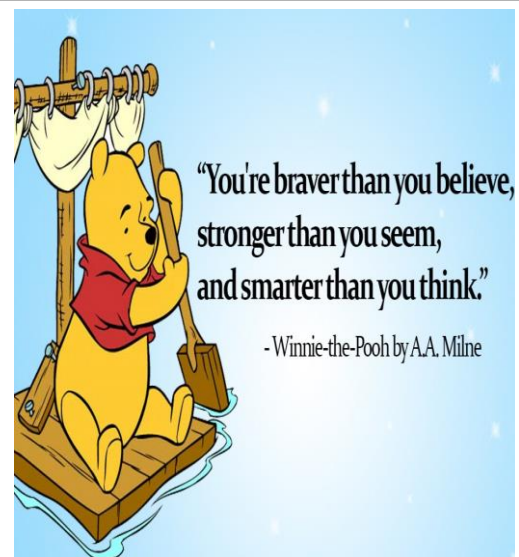
Help Winnie get to his honey pot. Watch out for bees!



disneyclips.com
*Maze generated at mazegenerator.net



A four-year-old little boy was at the doctor's office with his mother in the waiting room when he spotted a pregnant lady on the other side of the room. Having nothing better to do, he walked over to her and inquisitively asks "Why is your stomach so big?" She replied, "I'm having a baby." With big eyes, he replied, "Is the baby in your stomach?" She said, "He sure is." Then the little boy, with a puzzled look on his face, asked yet another question, "Is it a good baby?" She said, "Oh, yes. It's a real good baby." At this point, the woman is thinking the little boy is incredibly cute and looks forward to what he has to say next... And, much to her surprise, with an even more surprised and shocked look than before, he asks. "Then why did you eat him?"



The Staff of Yackandandah Health would like to take the opportunity to wish you all a very happy and safe Easter 2023.

Upcoming Events

Next Tuesday the 11th of April at 9.30am is the Resident Relative and Friends meeting.

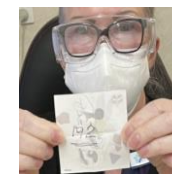
You can attend in person in the Activities Room or through "Teams meeting" There will be a link forwarded to you prior to meeting.

On Thursday 13th April we are hosting our Advanced Care Directive information morning in the Activities Room at 10.00. We will have guest

speakers
Dr David Oliver and Eileen O'Toole R.N.

Morning tea will be provided so please come along and learn more about the importance of having an Advanced Care Directive in place.

Don't forget to join us tomorrow in the Coffee Shop for your Good Friday catch up with loved ones, we will be open from 9.30 till lunch. There will be home made scones with Jam and cream and possibly an easter egg of five to share.



Lucky No 192 was the winner of the Easter Egg Raffle. The Winner was Cheryl Claven who chose the quilt donated by Wodonga Quilters and Regina Glass is the lucky winner of all those Choccy Eggs. Happy Easter.

Monday 10th April

10.00 – Gentle exercise and walk in the garden
11.30 – Footy Tipping
1.30 – BINGO

Tuesday 11th April

9.30 – Wheelchair Walks
10.00 – Easter Bonnet Parade with Little Yacks
2.00 – Art & Craft with Kirsten

Wednesday 12th April

COOKED BREAKFAST

9.15 – Cooking – with Tracey
2.00 – News reading/Discussion Exercises and Walk

Thursday 13th April

HAIRDRESSER TODAY

10.00 – Advanced Care Directives Information Morning & Morning tea
2.30 – TAI CHI & Quiz

Friday 14th April

SHOP and COFFEE TODAY

9.15 – Musical memories
1.30 – Indoor Bowls

Saturday 15th April

Activities in POPPY PLACE only
3.00 - Movie

Sunday 16th April

11.30 – Songs of Praise ABC
1.30 – Milkshake Memories
3.00 – Movie

If you have any suggestions for Lifestyle program, please feel free to talk to the Lifestyle team at any time, this program is for you so let's do what you want to do!

Becky, Tracey, Bee, Belinda and Shannon

