#### **Weekly Photo Gallery**



The garden Club craft morning, dried flower frames

# yackandandah **health**

### THE WEEK THAT WAS

## 17<sup>th</sup> April – 21<sup>st</sup> April 2023

#### **ANZAC DAY**

Tuesday 25<sup>th</sup> April 2023 Yackandandah Health will hold an ANZAC service for residents and community.

The service will begin at 9.00am with conclusion by 9.30am, this is to allow time for those that wish to attend the service at the Memorial gardens in Yack sufficient time to assemble up there.

For those that remain here, a morning tea will be offered in the activities room at the conclusion of the service.

Please feel free to join your loved ones to Thank those who have served to defend Australia, to those who fought so that today we can live in a democratic society free to make our own decisions and live our lives.

We will gather to honor those who have served in Australia's armed forces, those who continue to serve and those who paid the ultimate price and lost their lives.



# Residents Weekly



**Vision:** To Holistically care for our community. Mission: To provide intergenerational agefriendly care and services that respond to the needs of the community.

As you all know, Yackandandah Health faces difficult financial challenges, with successive years of operating losses. Aged care has become a much more complex proposition, and small, regional center's all around the country are having to adjust.

In response to these challenges, we have been moving through a process to assess our options for the future. In doing so, our primary objective has been to look for a way that ensures

Yackandandah Health can continue providing its essential services to the Yackandandah community.

Having looked at all available options and supported by expert advice, it has become clear to the Board that the only viable way forward is a transfer of Yackandandah Health to a new owner with the necessary scale, expertise and financial resources to continue operating

Yackandandah Health in the long term.

I will continue to update you as the Board work through this process.

Andrea O'Neill CEO

# JOKE OF THE WEEK

A mum visits her son for dinner who lives with a girl as a roommate.

During her meal, his mother couldn't help but notice how pretty his roommate was. She had long been suspicious of a relationship between the two and this had only made he more curious.

Over the course of the evening while watching the two interact, she staarted to wonder if there's more between him and his roommate. Reading his mum's though, her son volunteered, "I know what you must be thinking, but I assure you, we are just roommates."

About a week later, his roommate came to him saying 'Ever since your mother came to dinner, I"ve been unable to find the silver plate.

You don't support your mother took it, do you?" He said, "well, I doubt it, but I'll email her just to be sure! He sat down and wrote, Dear Mum.

After your visit to me, the silver place has been missing. I'm not saying that you did take the silver place from my houes, and I'm not saying that you didn't take it, but the fact remains that it has been missing ever since you were here for dinner.

Love

Your Son

Several days later, he received an email from his mother which read:

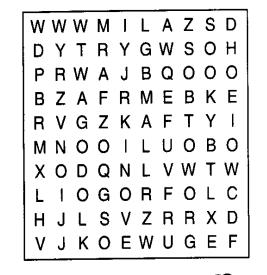
#### Dear Son,

I'm not saying that you do not sleep with your roommate, and I'm not saying that you do sleep with her: but, the fact remains that if she was sleeping in her OWN bed, she would have found the silver plate by now, under her pillow.



Love Mum.

#### FIND THE HIDDEN WORDS



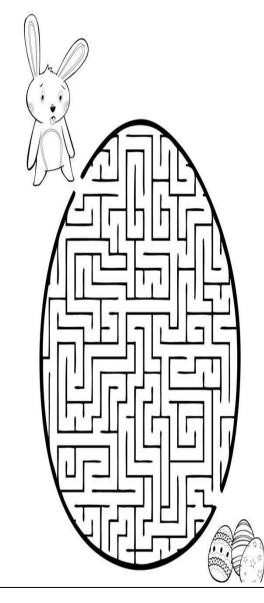
LAMB

ZOO

DOG

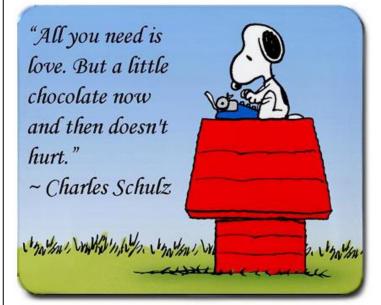
LIZARD











A huge Thank you to Tamara from Little Yacks and Andrea our CEO who stepped in as Café Assistant and Barista for this mornings coffee shop.

Andrea your coffees got a 10/10 Tamara your maybe a little bit sparing with the jam. But, practice make perfect.



#### Monday 24<sup>th</sup> April

9.15 – Exercises in Big Ben 9.15 – Gentle exercise and walk in the garden 11.00 – Book Club with Judy 11.00 – Footy Tipping 1.30 – BINGO

#### Tuesday 25<sup>th</sup> April

9.00 – PUBLIC HOLIDAY ANZAC DAY SERVICE By the Flagpole: Guests – Andrea O'Neill Major Michelle Sheather Rev. Heather Matthews Morning Tea in the Activities Room

#### Wednesday 26<sup>th</sup> April

**COOKED BREAKFAST** 

9.15 – Cooking – Lunch with the Chef 2.00 – News reading/Discussion

Exercises and Walk

#### Thursday 27<sup>th</sup> April

HAIRDRESSER TODAY 9.15 – News reading and Discussion 10.30 – Prayer Service 11.15 – Nail care 2.00 – The "Will Be Trio" – Concert

#### Friday 28<sup>th</sup> April

#### SHOP and COFFEE TODAY

9.15 – Musical memories 12.00 – Mens Lunch 1.30 – Indoor Bowls

#### Saturday 29th April

Activities in POPPY PLACE only 2.00 – DOWNTOWN ABBEY – on the big screen in the Activities Room

#### Sunday 30<sup>th</sup> April

11.30 – Songs of Praise ABC 3.00 – Movie

If you have any suggestions for Lifestyle program, please feel free to talk to the Lifestyle team at any time, this program is for you so let's do what you want to do! Becky, Tracey, Belinda, Bee and Shannon

