



Heather making pumpkin scones with Nancy and Grace enjoying the fruits of her labour.



Taking a few moments to admire and enjoy our wonderful gardens.



After 7 days of lockdown the residents get together to enjoy some laughter and chats with their coffee & scones



Paul meeting his grandson Casey for the first time, pictured with his daughter & son-in-law from QLD.



# yackandandah health

RESIDENTS WEEKLY

## EASTER 2023

We here at Yackandandah Health would like to take this opportunity to wish you all a Very Happy and Safe Easter.

Don't forget we will have our Coffee Shop open on Good Friday 7<sup>th</sup> April.

Please feel free to take the opportunity to come and spend some time with your loved ones and enjoy some Easter treats.



Peter and Jean from Poppy getting in the Easter spirit assisting Little Yacks in designing some Easter Bonnets.

There will be an Easter Bonnet Parade with Little Yacks on Tuesday Morning in the courtyard outside the coffee shop. Come and join in the fun, there'll be easter eggs and hot cross buns for all.

*The finished Easter Bonnet*



## 27<sup>th</sup> March – 31<sup>st</sup> March 2023



CONGRATULATIONS  
To  
*Reg and Mona Saunders*  
64 years married on the  
28/03/2023



HAPPY BIRTHDAY TO  
DAVID and VERONICA

## JOKE OF THE WEEK

Lawyers should never ask a Georgia grandma a question if they aren't prepared for the answer. In a trial, a Southern small-town prosecuting attorney called his first witness, a grandmotherly, elderly woman to the stand. He approached her and asked, 'Mrs. Jones, do you know me?' She responded, 'Why, yes, I do know you, Mr. Williams. I've known you since you were a boy, and frankly, you've been a big disappointment to me. You lie, you cheat on your wife, and you manipulate people and talk about them behind their backs. You think you're a big shot when you haven't the brains to realize you'll never amount to anything more than a two-bit paper pusher. Yes, I know you.'

The lawyer was stunned. Not knowing what else to do, he pointed across the room and asked, 'Mrs. Jones, do you know the defense attorney?' She again replied, 'Why yes, I do. I've known Mr. Bradley since he was a youngster, too. He's lazy, bigoted, and he has a drinking problem. He can't build a normal relationship with anyone, and his law practice is one of the worst in the entire state. Not to mention he cheated on his wife with three different women. One of them was your wife. Yes, I know him.'

The defense attorney nearly died. The judge asked both counselors to approach the bench and, in a very quiet voice, said, 'If either of you idiots asks her if she knows me, I'll send you both to the electric chair.'

### GREAT TRUTHS THAT LITTLE CHILDREN HAVE LEARNED:

- 1) No matter how hard you try, you can't baptize cats..
- 2) When your Mom is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit her back. They always Catch the second person.
- 4) Never ask your 3-year old brother to hold a tomato.
- 5) You can't trust dogs to watch your food.
- 6) Don't sneeze when someone is cutting your hair.
- 7) Reading what people write on their desks can teach you a lot.
- 🤨 Never hold a Dust-Buster and a cat at the same time.
- 9) You can't hide a piece of broccoli in a glass of milk.
- 10) Don't wear polka-dot underwear under white shorts.
- 11) Puppies have bad breath even after eating a Tic Tac.
- 12) School lunches stick to the wall
- 13) The best place to be when you're  Grandma's lap.



### GREAT TRUTHS THAT ADULTS HAVE LEARNED:

- 1) Raising teenagers is like nailing Jello to a tree.
- 2) Wrinkles don't hurt.
- 3) Families are like fudge...mostly sweet, with a few nuts.
- 4) Today's mighty oak is just yesterday's nut that held its ground.
- 5) Laughing is good exercise. It's like jogging on the inside.
- 6) Middle age is when you choose your cereal for the fiber, not the toy.



*It is with much sadness that we  
lost Cosmo Gallo  
on the  
24<sup>th</sup> March 2023  
May he Rest in Eternal Peace*

### Footy Season

Footy season and tipping is well under way for the 2023 season. Don't forget to get your tip to Tracey to be in with a winning chance.



### The New Collingwood Song

{apparently}

*Its gonna take poor Collingwood forever  
To win their next premiership flag.  
Cause when it comes to playing in Grand  
Finals*

*The oppositions got it in the bag!  
Joffa's put away his gold coat  
As he bloody well should!  
Another bad case of the Colliwobbles  
For poor old Collingwood!*

## WEEKLY ACTIVITY PROGRAM

### MONDAY 3<sup>rd</sup> April

- 9.15 – Move in 2023 Exercise group in Big Ben
- 9.15 – Exercises – in Wattle
- 11.00 – Book Club with Judy
- 1.30 – BINGO

### TUESDAY 4<sup>th</sup> April

- 9.15am – Wheelchair Flora & Fauna Walks
- 10.00am – Little Yacks Easter Bonnet Parade
- 2.00pm – Art & Craft with Kirsten

### WEDNESDAY 5<sup>th</sup> April

- 9.15 – Exercises group in Big Ben
- 9.30 – Cooking with Tracey
- 2.00 – Movement to Music

### THURSDAY 6<sup>th</sup> April

- 10.30 – Easter Prayer service with Rev. Heather Matthews
- 2.00 – TAI-CHI & Quiz

### FRIDAY 7<sup>th</sup> April

GOOD FRIDAY  
**Coffee Shop open**

### SATURDAY 8<sup>th</sup> April

- Activities in Poppy place
- 3.00pm – MOVIE in activities room

### SUNDAY 9<sup>th</sup> April

**EASTER SUNDAY  
HAPPY EASTER**

- Activities in Poppy place
- 3.00pm – MOVIE in activities room



## EASTER WORD SEARCH



|          |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|----------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| EASTER   | C | B | A | S | K | E | T | G | R | E | K | L | A | W | X |
| BUNNY    | H | U | A | B | M | I | L | E | A | S | T | E | R | D | J |
| CHICK    | T | N | S | M | K | A | O | R | C | P | L | A | C | P | B |
| EGGS     | S | N | C | Y | Y | D | R | C | Q | R | K | U | M | L |   |
| CARROT   | C | Y | L | C | I | A | R | G | Q | L | A | M | B | K | O |
| SPRING   | A | A | H | E | W | F | O | D | S | T | O | A | A | C | S |
| DAFFODIL | R | G | N | O | F | F | I | A | S | S | G | Y | C | E | S |
| LAMB     | R | W | T | D | P | O | Q | J | N | W | A | E | K | X | O |
| BASKET   | O | A | C | S | Y | D | L | O | B | T | E | R | S | P | M |
| HUNT     | T | L | N | E | A | I | U | Y | K | I | N | O | O | T | R |
| TULIP    | R | I | V | N | K | L | I | C | N | N | M | I | S | C | E |
| CANDY    | A | C | I | C | K | M | A | I | K | T | E | E | P | R | K |
| DUCKLING | X | J | I | J | F | Y | T | S | O | L | R | A | R | N | E |
| RABBIT   | U | H | G | W | J | N | D | R | E | W | I | P | I | E | N |
| BLOSSOM  | C | W | X | T | U | L | I | P | N | O | R | N | N | E | N |
|          | X | J | O | H | V | Z | I | C | O | J | E | G | G | S | A |
|          | U | Y | R | A | B | B | I | T | F | I | J | P | V | E | B |
|          | X | J | D | O | F | Z | I | C | B | J | W | E | S | T | S |