



Supporting your right to quality care for over 30 years



Invitation to all Residents and Representatives

Elder Rights Advocacy will be here on: Wednesday 17th May 2023 10:30am

To speak on:

Understanding your rights in aged care, how to raise any concerns and feel safe.

Yackandandah Health has extended an invitation to Elder Rights Advocacy to visit their facility and address the residents and families about the forthcoming changes. Maria, a representative of Elder Rights Advocacy, will attend a public meeting on Wednesday 10th May as an impartial third party. She will provide information to the residents, families, and representatives in a non-partisan manner and answer any questions they may have. This is intended to help alleviate any concerns or fears associated with the changes. The meeting is scheduled to take place on May 17th in the Activities room, and we encourage family members attend to support their loved ones.

Are you looking for a way to advocate for the needs and rights of your loved ones at Yackandandah health. Why not join us at the Resident Relative and Friends meeting?

Our group is dedicated to supporting and empowering residents, families, and friends.

We provide a safe forum for discussion, information sharing, and advocacy, with our main goal of improving the quality of care and quality of life for residents.

As a resident/consumer advocate, you will have the opportunity to share your expertise, insights, and ideas on how to improve the long-term care system. You will also have the chance to connect with other advocates and work together to make a real difference in the lives of residents.

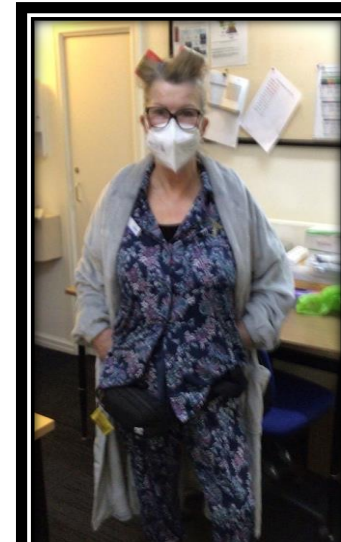
We invite you to join us at our next meeting held on the second Tuesday of every second month - next meeting is 13th June 2023, commencing 9.30am in the Activities room.



LUNCH WITH THE CHEF
An old-time favorite BANGERS & MASH



THE WEEK THAT WAS 5th May – 12th May 2023



wishing you  ALL THE BEST

Eileen, oh Eileen, with a heart so true,
Leaving Yack Health, a sad farewell to you.
Your kindness and care, a guiding light,
Will be sorely missed in our daily sight.

As you venture forth to Northeast Health
We'll remember the moments of joy and delight,
Your laughter and smile so warm and bright,
Will be with us always, even when out of sight.

You touched the lives of many with your care.
And filled our hearts with your nursing skills so rare.
Though you'll be missed, your legacy will remain,
In the memories of those you helped ease the pain.

Eileen, oh Eileen, we bid you adieu,
With gratitude and love, our hearts renew.
May your new journey bring you happiness and bliss,
And may the future be bright with endless opportunities.

Today we say farewell to Eileen O'Toole who has been our Director of Nursing here at Yackandandah Health for the past three years. Eileen's presence has brought much joy and confidence to not only the residents here, but, the staff and families as well. Eileen has touched the lives of so many and her departure will be profound and lasting. All of us here take the opportunity to say *THANK YOU & ALL THE BEST*

Mother

Happiness Strength **LOVE**

NURTURING Forever

SMILE CUDDLES Kisses

Beauty

Loving UNCONDITIONAL

Forgiving Inspire

Brave Caring Angel

Best Friend

HAPPY BIRTHDAY TO THE MAY BABIES.



EILEEN COLLINS



GLADYS PEAKE



DIANA LATHAM



JEAN BRITTON



JEAN MERBACH



HAPPY HOUR
The second Friday of every month



David and his Ukulele are back from his Pilgrimage walk on the Camino Trail

A game of Balloon Soccer anyone?
Theo is the Goal Kicker



Jean Merbach entertaining The residents of Wattle and Poppy on the Piano

Monday 15th May

- 10.00 – Gentle exercise and walk in the garden
- 10.00 – Book Exchange
- 11.00 – Book Club with Judy
- 11.00 – Footy Tipping
- 1.30 – BINGO

Tuesday 16th May

- 9.30 – Wheelchair Walks
- 10.00 – Shopping in Yackandandah
- 10.30 – Trivia
- 2.00 – Knit & Natter

Wednesday 17th May
COOKED BREAKFAST

- 9.15 – Cooking – with Tracey
- 2.00 – News reading/Discussion Exercises and Walk

Thursday 18th May
HAIRDRESSER TODAY

- 10.30– Prayer service Fth. Matthew Healy
- 2.30 – TAI CHI & Quiz

Friday 19th May
SHOP and COFFEE TODAY

- 9.15 – Musical memories
- 1.30 – Guest speaker – Gerry Engwards "MANNERS AND ETIQUETTE"

Saturday 20th May

- 10.00 – Cooking with Jen
- 1.30 – Bingo
- 2.30 – Saturday Arvo Movie

Sunday 21st May

- "Let's get Physical" –
- 10.00 – Exercises and Walk in the Sunshine
- 11.30 – Songs of Praise ABC
- 2.00 – Movie

If you have any suggestions for Lifestyle program, please feel free to talk to the Lifestyle team at any time, this program is for you so let's do what you want to do!
Becky, Tracey, Bee, Belinda and Shannon



Mother dear, with love so true,
I'm grateful for all that you do.
You lift me up when I am low,
And help me grow and learn and know.

On this special day of yours,
I give thanks for all your chores.
Your kindness, wisdom, and your grace,
Are gifts that time cannot erase.

Mother dear, with heart so kind,
You're always on my heart and mind.
You guide me with your gentle touch,
And cheer me up when life's too much.

On this day, I want to say,
How much I love you every day.
I hope this message brings you cheer,
And shows you that I hold you dear.

*HAPPY MOTHERS DAY
To all our MUMS,
GRANDMA'S,
GREAT GRANDMA'S,
AUNTY'S AND FRIENDS
May your day be filled with all the love and happiness
That you deserve on Sunday.
YOUR SPECIAL DAY*