

## Weekly Photo Gallery

Tuesday was the most beautiful Cross Stitch display held in the Activities Room.  
All Cross-stitches on display were completed by Tracey from Lifestyle



Gerry Engwerda joined us last Friday as our guest speaker.  
Gerry entertained us and set us straight on many facts regarding  
**MANNERS & ETIQUETTE**  
He will be joining us again on the 30<sup>th</sup> June to discuss **SUPERSTITIONS**.

**Dance as though no one is watching  
Love as though you've never been hurt  
Sing as though no one can hear you  
Live as though heaven is on earth.**



An old man said, "Erasers are made for those who make mistakes."  
A youth replied, "Erasers are made for those who are willing to correct their mistakes!"

**Attitude matters.**



yackandandah  
**health**

**Residents  
Weekly**

*THE WEEK THAT WAS 22<sup>nd</sup> May – 26<sup>th</sup> May 2023*



### AUSTRALIA'S BIGGEST MORNING TEA

Yesterday 25<sup>th</sup> May was the 30<sup>th</sup> Anniversary of the Cancer Council's Biggest Morning Tea. A huge thank you to everyone who participated and donated. Yack Health raised \$295.65 which was wholly donated to the Cancer Council.



*It is with much sadness that we  
Lost our friend Christine Black  
On 22<sup>nd</sup> May 2023  
Rest in Peace Chris*

**REMINDER – Resident Relative and Friends meeting.  
Tuesday 9<sup>th</sup> March 2023 @9.30am in the Activities Room  
Or we will establish a Zoom link if you wish to attend virtually.**

Are you looking for a way to advocate for the needs and rights of your loved ones at Yackandandah health. Why not join us at the Resident Relative and Friends meeting?

Our group is dedicated to supporting and empowering residents, families, and friends. We provide a safe forum for discussion, information sharing, and advocacy, with our main goal of improving the quality of care and quality of life for residents.

As a resident/consumer advocate, you will have the opportunity to share your expertise, insights, and ideas on how to improve the long-term care system. You will also have the chance to connect with other advocates and work together to make a real difference in the lives of residents.

We invite you to join us at our next meeting held on the second Tuesday of every second month. Together we can ensure that our loved ones in care receive the care and attention they deserve.

For further information you can contact Heather Maddock, Chair of the meeting  
[maddockheather@gmail.com](mailto:maddockheather@gmail.com) or Becky Hyde [lifestylecoordinator@yackhealth.com.au](mailto:lifestylecoordinator@yackhealth.com.au)



# JOKE OF THE WEEK

## What Causes Arthritis!

A drunk man who smelled of beer sat down on a subway next to a priest.

The man's tie was stained, his face was plastered with red lipstick, and a half-empty bottle of gin was sticking out of his torn coat pocket. He opened his newspaper and began reading.

After a few minutes the man turned to the priest and asked, "Say Father, what causes arthritis?"

The priest replies, "My Son, it's caused by loose living being with cheap, wicked women, Too much alcohol, contempt for your fellow man, sleeping around with prostitutes and lack of a bath."

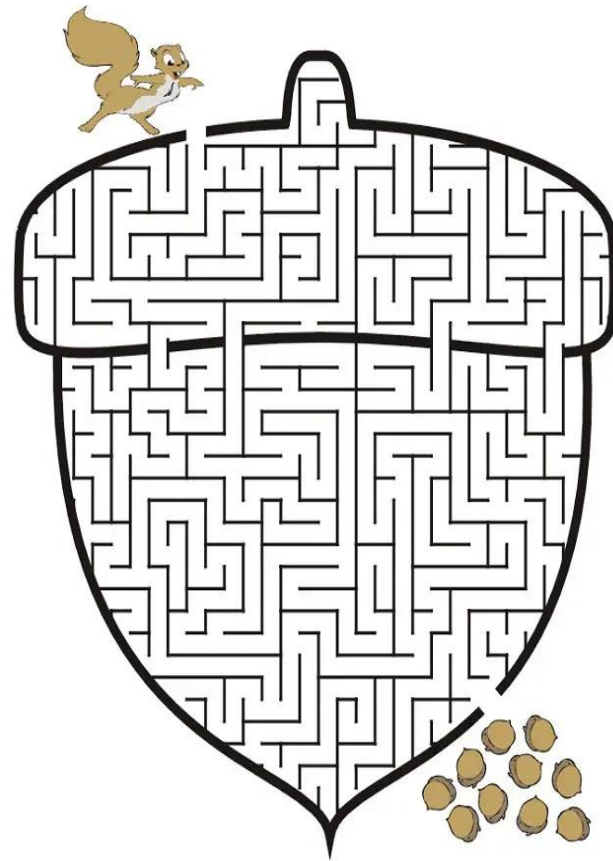
The drunk muttered in response, "Well, I'll be damned", then returned to his paper.

The priest, thinking about what he had said, nudged the man and apologized. "I'm very sorry. I didn't mean to come on so strong. How long have you had arthritis?"

The drunk answered, "I don't have it, Father. I was just reading here that the Pope does."

**MORAL:** Make sure you fully understand the question before offering the answer.

Help the squirrel through the maze to find its acorns



## Countries of the World

Word Search Puzzle



I	M	E	J	A	A	M	T	T	T	K	E	Y	Q	N		
K	O	G	E	R	M	A	N	Y	L	W	O	Q	S	P	X	S
U	N	I	T	E	D	S	T	A	T	E	S	W	N	F	K	E
C	B	R	A	Z	I	L	G	K	J	T	S	W	E	D	E	N
L	A	R	L	O	Q	U	Q	S	Q	A	D	N	A	A	F	X
B	A	N	D	L	T	B	Z	M	P	V	P	N	K	N	M	I
T	X	U	A	R	O	C	B	X	A	A	I	A	N	M	O	T
R	D	M	O	D	S	F	E	N	A	H	I	R	N	D	T	A
C	T	P	Y	F	A	Q	I	N	C	P	A	N	A	M	A	L
J	Z	E	P	C	E	T	N	J	Y	P	I	S	L	K	I	Y
U	U	I	T	C	N	D	D	C	B	W	R	G	D	E	W	R
L	Z	N	E	E	N	O	I	N	G	E	O	N	C	N	A	U
Q	W	E	G	A	C	D	A	O	D	U	L	N	K	Y	N	S
A	R	R	L	I	N	W	U	R	X	S	A	G	F	A	C	S
G	A	G	X	B	R	G	I	W	O	R	I	M	I	I	G	I
C	N	E	U	T	E	A	K	A	F	L	F	F	B	U	T	A
E	M	U	E	O	Q	X	N	Y	C	I	O	Y	M	J	M	R



ARGENTINA	GREECE	PANAMA
BELGIUM	INDIA	PORTUGAL
BRAZIL	IRAN	RUSSIA
CANADA	ITALY	SPAIN
CHINA	JAPAN	SWEDEN
ENGLAND	KENYA	TAIWAN
FRANCE	MEXICO	TURKEY
GERMANY	NORWAY	UNITED STATES

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What was the name of Lucy's neighbour and friend in 'I Love Lucy'?

Queen Elizabeth II – who was her father?

Name the scientist who won the Nobel Peace Prize in 1952?

The phrase 'going ape' was popular in the 1950's, what does it mean?

In 1953 the Rosenberg couple were executed for what crime?

Espionage

Going Crazy

Albert Schweitzer

King George VI

Ethel [Ethel & Fred Mertz]

The Friday Coffee Shop  
Opens Friday 9.30am – 11.30am  
\$4.00 coffee and scones.  
Bring your family.  
Bring your friends.  
Even your four legged friends.



### Monday 29<sup>th</sup> May

10.00 – Gentle exercise and walk in the garden  
10.00 – Book Exchange  
11.00 – Book Club with Judy  
11.00 – Footy Tipping  
1.30 – BINGO

### Tuesday 30<sup>th</sup> May

9.30 – Wheelchair Walks  
10.30 – Garden Club  
2.00 – Knit & Natter

### Wednesday 31<sup>st</sup> May

#### COOKED BREAKFAST

9.15 – Cooking – with Tracey  
2.00 – News reading/Discussion  
Exercises and Walk

### Thursday 1<sup>st</sup> June

#### FIRST DAY OF WINTER HAIRDRESSER TODAY

10.30 – Anglican Prayer Service  
Fth. Matthew Healy  
2.00 – TAI CHI & Quiz

### Friday 2<sup>nd</sup> June

#### SHOP and COFFEE TODAY

9.15 – Exercises with Becky in Big Ben  
9.15 – Musical memories  
1.30 – Indoor Bowls

### Saturday 3<sup>rd</sup> June

#### ACTIVITIES IN POPPY PLACE

2.30 – Saturday afternoon Movie

### Sunday 4<sup>th</sup> June

#### ACTIVITIES IN POPPY PLACE

11.30 – Songs of Praise ABC  
2.00 – Movie

*If you have any suggestions for Lifestyle program, please feel free to talk to the Lifestyle team at any time, this program is for you so let's do what you want to do!*

*Becky, Tracey, Bee, Belinda and Shannon*

