



A surprise visit from Little Yacks on Thursday

Above left: Syd supervising, right: June getting down and at it with cricket
Below left: Veronica is keen to fly planes, right: Jack and Horst also supervising.



Sunday afternoon entertainment
Frances, Grace, and Eileen working on the never-ending puzzle.
And a game of musical bingo.



*It is with much sadness
that we announce the
passing of
Mona Saunders on
Monday 26th June 2023.*

When a loved one leaves us, our world changes. It's never easy to say goodbye. In times of grief, it helps to remember that no one is ever truly gone. They will live on forever in our hearts and minds, through the precious times we spent and the special memories we made together.

Monday 3rd July

- 9.15 – Gentle exercise and walk in the garden
- 10.00 – Book Exchange
- 10.30 – Footy tipping
- 11.00 – Book Club with Judy
- 2.00 – Bingo

Tuesday 4th July

- 9.15 – Walk & Talk
News and Discussion
- 10.30 – Bus Trip to Yack
- 2.00 – Knit & Natter

Wednesday 5th July

COOKED BREAKFAST

- 9.15 – Cooking with Tracey
- 2.00 – PETE DANANEY IN CONCERT

Thursday 6th July

HAIRDRESSER TODAY

- 9.30 – Prayer Service
- 2.00 – Tai Chi & Quiz
- 2.00 – David on the Ukulele

Friday 7th July

9.30 – 11.30 SHOP and COFFEE TODAY

- 9.15 – Exercises with Becky in Big Ben
- 9.15 – Musical memories
- 1.30 – Carpet Bowls

Saturday 8th July

- ACTIVITIES IN POPPY PLACE – Jen
- 2.30 – Saturday afternoon Movie

Sunday 9th July

- ACTIVITIES IN POPPY PLACE – Jen
- 11.30 – Songs of Praise ABC
- 2.30 – Movie

If you have any suggestions for Lifestyle program, please feel free to talk to the Lifestyle team at any time, this program is for you so let's do what you want to do!
Becky, Tracey, Bee, Belinda, Shannon, Jennifer



The History of 'APRONS'

I don't think most kids today know what an apron is. The principle use of Mom's or Grandma's apron was to protect the dress underneath because she only had a few. It was also because it was easier to wash aprons than dresses and aprons used less material. But along with that, it served as a potholder for removing hot pans from the oven.

It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears.

From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal hiding places for shy kids..

And when the weather was cold, she wrapped it around her arms.

Those big old aprons wiped many a perspiring brow, bent over the hot wood stove.

Chips and kindling wood were brought into the kitchen in that apron.

From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls.

In the fall, the apron was used to bring in apples that had fallen from the trees.

When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.

When dinner was ready, she walked out onto the porch, waved her apron, and the men folk knew it was time to come in from the fields to dinner.

It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.

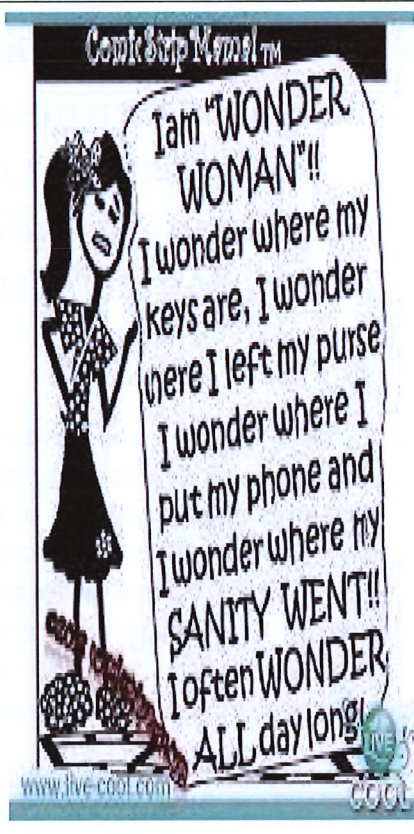
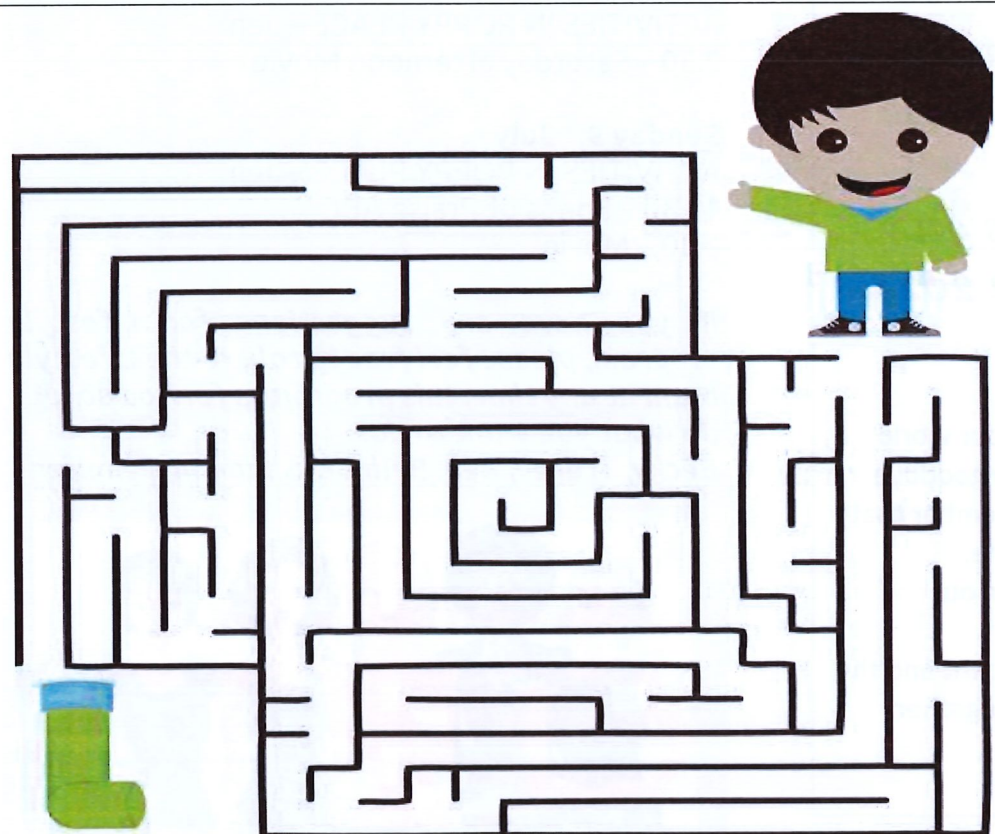
Send this to those who would know (and love) the story about aprons.

REMEMBER:

Mom's and Grandma's used to set hot baked apple pies on the window sill to cool. Her granddaughters set theirs on the window sill to thaw.

They would go crazy now trying to figure out how many germs were on that apron.

I don't think I ever caught anything from an apron - but love



THE WEEK THAT WAS 26th June – 30th June 2023

Hawaiian Day 2023.
The residents had a real laugh when judging the winner of our Best Dressed Hawaiian.
And the winner is Jasmine from Reception



REMINDER – Resident Relative and Friends meeting.

Tuesday 8th August 2023 @9.30am in the Activities Room

Or we will establish a Zoom link if you wish to attend virtually.

Are you looking for a way to advocate for the needs and rights of your loved ones at Yackandandah health. Why not join us at the Resident Relative and Friends meeting?

Our group is dedicated to supporting and empowering residents, families, and friends. We provide a safe forum for discussion, information sharing, and advocacy, with our main goal of improving the quality of care and quality of life for residents.

As a resident/consumer advocate, you will have the opportunity to share your expertise, insights, and ideas on how to improve the long-term care system. You will also have the chance to connect with other advocates and work together to make a real difference in the lives of residents.

We invite you to join us at our next meeting held on the second Tuesday of every second month. Together we can ensure that our loved ones in care receive the care and attention they deserve. For further information you can contact Heather Maddock, Chair of the meeting maddockheather@gmail.com or Becky Hyde lifestylecoordinator@yackhealth.com.au