

JOKE OF THE WEEK

80s Movies

B	I	G	A	N	D	H	I	L	T	N	E	Y	A
A	J	Y	R	O	L	G	N	O	R	T	W	X	T
T	E	H	G	O	O	N	I	E	S	I	W	N	F
M	N	S	Y	C	B	P	B	U	T	L	A	O	R
A	A	N	D	O	B	O	E	N	R	S	R	O	A
N	L	I	I	C	D	D	E	E	I	S	G	T	N
U	P	L	E	Y	A	S	D	L	P	D	A	A	C
G	R	M	H	M	S	S	K	A	E	I	M	L	E
P	I	E	A	J	B	W	T	L	S	N	E	P	S
O	A	R	R	T	O	O	T	S	I	E	S	S	O
T	M	G	D	O	O	E	C	A	F	R	A	C	S
P	R	E	D	A	T	O	R	S	P	L	A	S	H

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|-----------|----------|----------|
| AIRPLANE | GANDHI | SILKWOOD |
| AMADEUS | GLORY | SPLASH |
| BATMAN | GOONIES | STRIPES |
| BIG | GREMLINS | TAPS |
| BODY HEAT | PLATOON | TOOTSIE |
| COCOON | PREDATOR | TOP GUN |
| DAS BOOT | RAIN MAN | TRON |
| DIE HARD | RAN | WARGAMES |
| DINER | REDS | WITNESS |
| FRANCES | SCARFACE | YENTL |

A young man is driving around the back blocks of Yackandandah, and he sees a sign in front of one of the farm houses

“Talking dog for Sale.”

He walks in and the owner appears and tells him the dog is in the backyard.

The guy goes into the backyard and sees a nice-looking Labrador sitting there.

“You Talk?” he asks.

“Yep” the Lab replies

After the guy recovers from the shock of hearing a dog talk, he says. ‘So, what’s your story?’

The Lab looks up and says, “Well, I discovered that I could talk when I was pretty young. I wanted to help the government, so I told the FBI. In no time at all they had me jetting from country to country, sitting in rooms with spies and world leaders, because no one figured a dog would be eavesdropping, I was one of their most valuable spies for eight years running... but the jetting around really tired me out, and I knew I wasn’t getting any younger, so I decided to settle down. I had signed up for a job at the airport to do some undercover security, wandering near suspicious characters and listening in. I uncovered some incredible dealings and was awarded a batch of medals. I got married, had a mess of puppies, and now I’m just retired.”

The guy is amazed. He goes back in and asks the owner what he wants for the dog.

“Ten dollars” the guy says.

“Ten dollars? This dog is amazing! Why on earth are you selling him so cheap?”

“Because he’s a liar. He’s never been out of Yackandandah.”

REMINDER – Resident Relative and Friends meeting.

Tuesday 8th August 2023 @9.30am in the Activities Room

Or we will establish a Zoom link if you wish to attend virtually.

Are you looking for a way to advocate for the needs and rights of your loved ones at Yackandandah health. Why not join us at the Resident Relative and Friends meeting?

Our group is dedicated to supporting and empowering residents, families, and friends.

We provide a safe forum for discussion, information sharing, and advocacy, with our main goal of improving the quality of care and quality of life for residents.

As a resident/consumer advocate, you will have the opportunity to share your expertise, insights, and ideas on how to improve the long-term care system. You will also have the chance to connect with other advocates and work together to make a real difference in the lives of residents.

We invite you to join us at our next meeting held on the second Tuesday of every second month.

Together we can ensure that our loved ones in care receive the care and attention they deserve.

For further information you can contact Heather Maddock, Chair of the meeting maddockheather@gmail.com or Becky Hyde lifestylecoordinator@yackhealth.com.au



yackandandah
health

**Residents
Weekly**

THE WEEK THAT WAS 3rd July – 7th July 2023

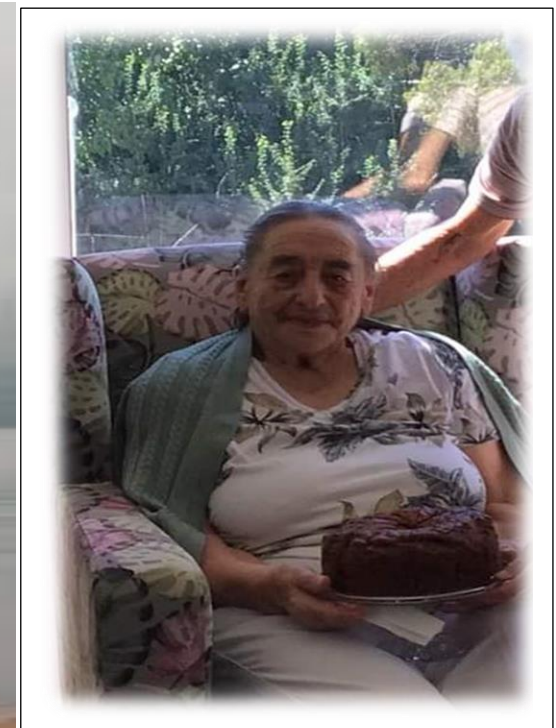


*It is with much sadness
We say farewell to
Gladys Peake
30/06/2023*



What we once enjoyed and
deeply loved we can never lose,
for all that we love deeply
becomes part of us.

-Helen Keller-



*Very sadly we say farewell
to Alice Copleman
06/07/2023*

A message from Doug Westland.

Growing up in Kerang in the 1950s was different.

My parents made their own entertainment as there was no TV: just the wireless and books from the library and the most important ingredient, singing around the piano with mum playing.

I’d try to go to sleep with Mum and dad and their mates singing their hearts out and having fun!

That’s what music is to me, and I’ve really enjoyed the times when we’ve been able to make that happen. We might be a bit wobbly at times, but who cares?? It’s the shared fun that we have.

I think often of my singing friends here: Russel, Roger, Max, Bob, Pauline... all who made it so worthwhile and so much fun: it is their spirit that keeps me going and I hope again, in the future.

Yackandandah Health is a wonderful heritage that we have been entrusted with... and it’s the people that makes it all so good!!! Over the last 5 years, I’ve worked with and come to know really well, so many people and my life has been enriched greatly by the experience.

We are going through a bit of heavy weather at the moment, but I’m really confident that we will continue on one way or the other for a long time to come.... After all, I’m going to need somewhere warm, and friendly to grow old in.

My current role as Chair is coming to an end, but I really hope to still be around... I made a commitment to Colin Barnard to continue on his historical account of Health and I’ve only got about 4 years to do that before we will have been going for 100 years!

And there are still songs to be sung!

Hooroo for now

Doug

NAIDOC WEEK 2023



Naidoc Week is celebrated at Knit & Natter on Tuesday Louise & Grace, Betty, Eril and Flo with their First Nations Art work. Veronica, Betty, Robert, Flo, Eril, June, Louise and Grace busy Dot Painting.



Peter Denahy joined us at Yack Health on Wednesday for a country music sing-along.



Jennifer ran a very successful floristry workshop last weekend. All flowers were gathered from our very own gardens. June and Veronica with Robert made beautiful arrangements.

The Garden Club Yackandandah

The last Tuesday of every month see's the Yackandandah Garden Club visit us and spend the morning potting, propergating and chatting.

Thanks so much we love the time you spend here.



June's lovely succulent



Everybody enjoys the chinwag. Edna loves the pot plant too.



Monday 10th July

9.15 – Gentle exercise and walk in the garden
10.30 – Footy tipping
11.00 – Book Club with Judy
2.00 – Bingo

Tuesday 11th July

9.15 – Walk & Talk
News and Discussion
10.30 – Bus Trip to Yack LORE
Immersive Sound & light experience
2.00 – Knit & Natter

Wednesday 12th July

COOKED BREAKFAST

9.15 – Cooking with Tracey
2.00 – Movement to music
News & Discussion

Thursday 13th July

HAIRDRESSER TODAY

9.30 – Prayer Service
Fth. Tony Shallue
2.00 – Tai Chi & Quiz

Friday 14th July

9.30 – 11.30 SHOP and COFFEE TODAY

9.15 – Exercises with Becky in Big Ben
9.15 – Musical memories
2.00 – Happy Hour Wattle

Saturday 15th July

ACTIVITIES IN POPPY PLACE – Jen
2.30 – Saturday afternoon Movie

Sunday 16th July

ACTIVITIES IN POPPY PLACE – Jen
11.30 – Songs of Praise ABC
2.30 – Movie

If you have any suggestions for Lifestyle program, please feel free to talk to the Lifestyle team at any time, this program is for you so let's do what you want to do!

Becky, Tracey, Bee, Belinda, Shannon, Jennifer

