



Top Left: Jenelle & Jackie supporting Daffodil Day.

Top Right: Norma's daughters took the opportunity to meet up with Norma for lunch at the Wodonga Plant farm.

Bottom Left: Grace Eileen Helen & Dulcie Bottom Right: France, Flo, & Judy also enjoyed their lunch at the Wodonga Plant Farm on Thursday, and some plants may have been purchased for the gardens here at Yackandandah Health.



June from Poppy Place has completed her beautiful scarf for winter.

A Taste of the Middle East for Edith, Nancy, Eril, June, Robert and Paul on the weekend.



Residents Weekly

THE WEEK THAT WAS 26th August – 1st September 2023



DAVID ABBOTT 27/03/1949 _ 29/08/2023

It is with much sadness we farewell
David Abbot
May he Rest in Eternal Peace

A light went out on Earth for me the day we said goodbye
And on that day a star was born, The brightest in the sky
Reaching through the darkness with its rays of purest white
Lighting up the Heavens As it once lit up my life
With beams of love to heal the broken heart you left behind
Where always in my memory your lovely star will shine



<u>You are invited to</u> <u>The CELEBRATION OF LIFE</u> Thursday 7th September 10.30am

Please join us on Thursday to celebrate and honour the Residents of Yackandandah Health who have passed away in 2023 and please join us for refreshments after the service.

Looking forward to seeing you here.









A huge shout out to the Yackandandah Garden Club who visit us on the last Tuesday of every month to help out with our gardens. This week the residents enjoyed a sunshiny day in the garden planting some beautiful flowers for Spring.

SPRING WORD SEARCH

O K J G H P Z F V X Y Z G I S R U W B B O O T S A T Y A B L U E B I R D E E E U S G A R D E N T H A H U S W Y W B K M U K P X U K Q B L O S S O M M G L M S J B A R T R C J U R R B A N E R A G R A P F A V R W E W F S L T D R I Q O E V S K V U U L I N L L G L C T R G L D A F F O D I L N V R I V U E P J H O J A C E P W I Q N C M U D O Q E S E E D S B S Q C X Q N



BLOSSOM GARDEN
BLUEBIRD GRASS
BOOTS GREEN
CHICKS KITE
DAFFODIL MUD

FLOWERS

RAIN SEEDS TULIPS UMBRELLA WARM



SPRING IS IN THE AIR!

In spring's embrace, life's colors bloom, Nature's symphony, a joyful tune. Renewal whispers in every breeze, Hopes awaken, setting hearts at ease.



Paddy was walking down a street when he saw his buddy Mick driving a brand-new Mercedes. Mick pull up to him with a wide grin.

"Mick, where'd ya get that car?"
"Sue gave it to me" Mick replied.
"She gave it to you. I knew she
was kinda sweet on ya lad,
but a new Merc?"

"Well, Paddy, let me tell ya what happened.....

We were driving out on a country road at 6 in the morning in the middle of nowhere,

Sue pulled off and headed into the woods, she parked the car, got out, took off all her clothes and said,

"Mick, take whatever you want." So, I took the car!

"You're a smart man!" says Paddy. The clothes would ever have fitted you."



How Beautiful does Sally look on Daffodil Day?
We don't see Sally very often as she is our HR
manager who works away quietly upstairs ensuring
rosters are filled and best of all wages are paid.
June enjoying a laugh with Jeannine while planting
with the Garden Club



Monday 4th September

9.15 – Gentle exercise and walk in the garden

10.00 – News & Discussion

11.00 – 1:1 walking

11.00 – Book Club with Judy

2.00 – Bingo

Tuesday 5th September

9.15 – Walk & Talk

News & Discussion

10.00 – Intergenerational program

1.00- Knit & Natter - with Kirsten

Wednesday 6th September COOKED BREAKFAST

9.15 – Cooking with Tracey

2.00 – Movement to music

News & discussion

Thursday 7th September HAIRDRESSER TODAY 10.30 – CELEBRATION OF LIFE

12.45 – Group with Mark and Sam 2.00 – Tai Chi & Quiz

<u>Friday 8th September</u> 9.30 – 11.30 SHOP and COFFEE TODAY SPRING IS IN THE AIR

9.15 – Exercises with Becky in Big Ben

9.15 – Musical memories

1.30 - Carpet Bowls

Saturday 9th September

POPPY PLACE – Jennifer

Wattle Grove – Shannon 2.30 – Saturday afternoon Movie

Sunday 10th September

POPPY PLACE – Jennifer

Wattle Grove - Shannon

11.30 – Songs of Praise ABC

2.30 – Movie

Becky, Tracey, Belinda, Bea, Shannon, Jennifer and Richard.



NEST