

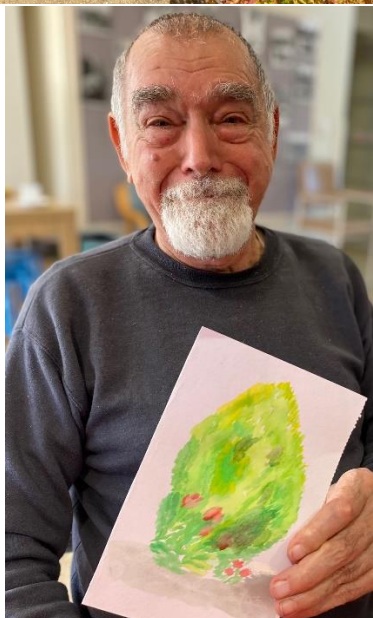
SPRING IS IN THE AIR



[L-R]
Olive, Phyllis, Robert and June
Some of the residents enjoying the beautiful spring weather.



Betty and Eril are among the group catching up for a chat around the sensory garden



Residents Pepita, Ivan, Grace, and Louise getting their artwork prepared for the Yackandandah's Fresh and Unframed art exhibition.



yackandandah
health

**Residents
Weekly**

THE WEEK THAT WAS 8th Oct – 13th October 2023



APOLLO
CARE ALLIANCE



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health

APOLLO CARE JOINS YACKANDANDAH HEALTH

With a positive outcome at the Special General Meeting on Wednesday 27th September the partnership between Apollo Care and Yackandandah Health came to fruition. This is a remarkable outcome for our services, with both organisations eagerly anticipating the positive impact it will bring to the community. Yackandandah Health, a long trusted and community-focused health care provider has a long-standing commitment to delivering quality care to the residents of Yack Health. Apollo care, renowned for its innovative healthcare solutions and patient-centered approach, brings a wealth of experience and expertise to this collaboration. The combined effort of these two entities is set to revolutionise aged care delivery in this region, ensuring that residents continue to receive comprehensive and high-quality care.

This partnership symbolizes a commitment to the Yackandandah community and to the well-being of the Medical Centre, Little Yacks and the Aged Care facility and it fosters a sense of security and hope among staff and residents as they anticipate the positive transformations it will bring.

The shared visions paint a bright and optimistic picture of the future.

Apollo Care Management Team: [L-R]

Barry Ashcroft, COO. John Young Executive Chair, Stephen Becsi OAM, CEO and Kylie Radburn CGO



Desserts Word Search

A P U D D I N G F D M P L O F
 I C E C R E A M U G O S I B R
 C O H C O C A T D H U T E R U
 C A K E P F O M G N S R P O I
 H B C H E F R O E U S U I W T
 O K B U S S L U K R E F E N M
 C U P C A K E A L I S F E I I
 O D A A L E R C N S E L L E L
 L A S O R B E T A C A E K T K
 A E T R I F L E S K O U S E S
 T S R F U D A G E S E C A K H
 E A Y M O O S I S M O R E S A
 D L R C H O C O T R I G L E K
 C H O T D O U G H N U T S S E
 S U N D A E D C O B B L E R S



- | | | |
|------------|-----------|---------|
| BROWNIE | FLAN | PIE |
| CAKE | FRUIT | PUDDING |
| CHEESECAKE | FUDGE | SMORES |
| CHOCOLATE | ICE CREAM | SORBET |
| COBBLER | MILKSHAKE | SUNDAE |
| COOKIE | MOUSSE | TART |
| CUPCAKE | PARFAIT | TRIFLE |
| DOUGHNUT | PASTY | TRUFFLE |



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JOKE OF THE WEEK

Late one night a burglar broke into a house and while he was sneaking around, he heard a voice say, "Jesus is watching you." He kept on creeping and again heard, "Jesus is watching you." In a dark corner, he saw a cage with a parrot inside. The Burglar asked the parrot, "Was it you who said Jesus is watching me?" The parrot replied, "Yes." Relieved, the burglar asked, "What is your name?" the parrot said, "Clarence." The burglar said "That's a stupid name for a parrot. What idiot named you Clarence?" The parrot answered. "The same idiot that named the rottweiler Jesus."

Now I lay Me down to sleep
 I pray the Lord my shape to keep.
 Please no wrinkles...
 Please no bags
 Please lift my butt before it sags.
 Please no age spots...
 Please no gray
 As for my belly..
 Please take it away.
 Keep me healthy...
 Keep me young...
 And THANK YOU Lord...
 For all you've done !
 ~Author Unknown~

Lifestyle will be escorting some residents to this Showtime evening, if you would like to join us with your loved one please feel free to meet us at Yackandandah Hall for a fun afternoon.

ARTS YACKANDANDAH
 PROUDLY PRESENTS...

Showtime

Songs from Stage & Screen

SUNDAY 22 OCTOBER 2023
 4.00PM - 6.30PM

YACKANDANDAH PUBLIC HALL

Singalong in an enchanting afternoon filled with songs from beloved musicals and silver screen classics.

Finger Food Provided
 Bar Service Available

Arts Yack Members - \$20
 Non-Members - \$25
 Children under 14 - Free

www.trybooking.com/CKTYM

Photo Session

Have you visited Linda's website and made your booking yet? Don't forget to log onto the address below and book your photo opportunity. You may like one of just your loved one or you may like a family portrait for Christmas. Linda does a fantastic job; I have seen her prints from Little Yacks photo day, and they are tremendous. So, don't forget to log on and get organized, it promises to be a lot of fun for everyone.

<https://yackandandah.eventbrite.com.au>

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Monday 16th October
 9.15 – Gentle exercises and walk
 News & Discussion
 10.00 – Book Exchange
 10.45 – Book Club
 11.00 – 1:1 Walks
 2.00 – **EDITH DRYDEN TURNS 108 Birthday Party in the activities room**

Tuesday 17th October
 9.15 – Walk and Talk
 2.00 – Knit & Natter
 3.00 - Cards

Wednesday 18th October
COOKED BREAKFAST
 9.30 – Cooking with Shannon
 2.00 – Movement to Music
 News & Discussion

Thursday 19th October
HAIRDRESSER TODAY
 10.30 – Prayer Service
 Hand and nail care before and after church
 2.00 – TAI CHI & Quiz - Library
 3.00 – Cards

Friday 20th October
COFFEE SHOP OPEN 9.30-11.30
 9.30 - Musical Memories
 2.00 – Happy Hour

Saturday 21st October
Wattle – Jennifer
 10.00 – Craft Morning
 1.30 – Movement to music
Poppy – Shannon
 10.00 – Balloon Tennis
 1.30 – Milkshake

Sunday 22nd October
Wattle – Shannon
 10.00 – Box Bowls
 1.30 – Reminiscing
Poppy – Jennifer
 10.00 – Poetry Circle
 1.30 – Box Bowls
 4.00 – SHOWTIME at Yack Hall.