

Getting that Christmas Feeling



Top [L-R] Betty, Jasmin [Administration], Indra [PCA] with Theo
 Bottom [L-R] Dorothy, Richard [Lifestyle], Jackie [PCA], Kit [RN], Belinda [Lifestyle] and Norma.



Olive Florence Grace and Veronica

REMINDER: If you are taking your loved ones out over the summer months please remember to

SLIP, SLOP, SLAP and HYDRATE.

THE WEEK THAT WAS 10th Dec – 15th December 2023

MAY THEY REST IN ETERNAL PEACE

Jean Britton

and

Neville Ralph

12/05/0934 - 04/12/2023

01/03/1957 - 04/12/2023



**FAREWELL TO
ZARAH & CAROLYN**

Friday the 8th December saw us saying "au revoir" to

Zarah Jurado RN

and

Carolyn West PCA



Zarah has been working at Yack Health for about 3 years and has now taken a position in Melbourne so she can be closer to her husband and daughter.

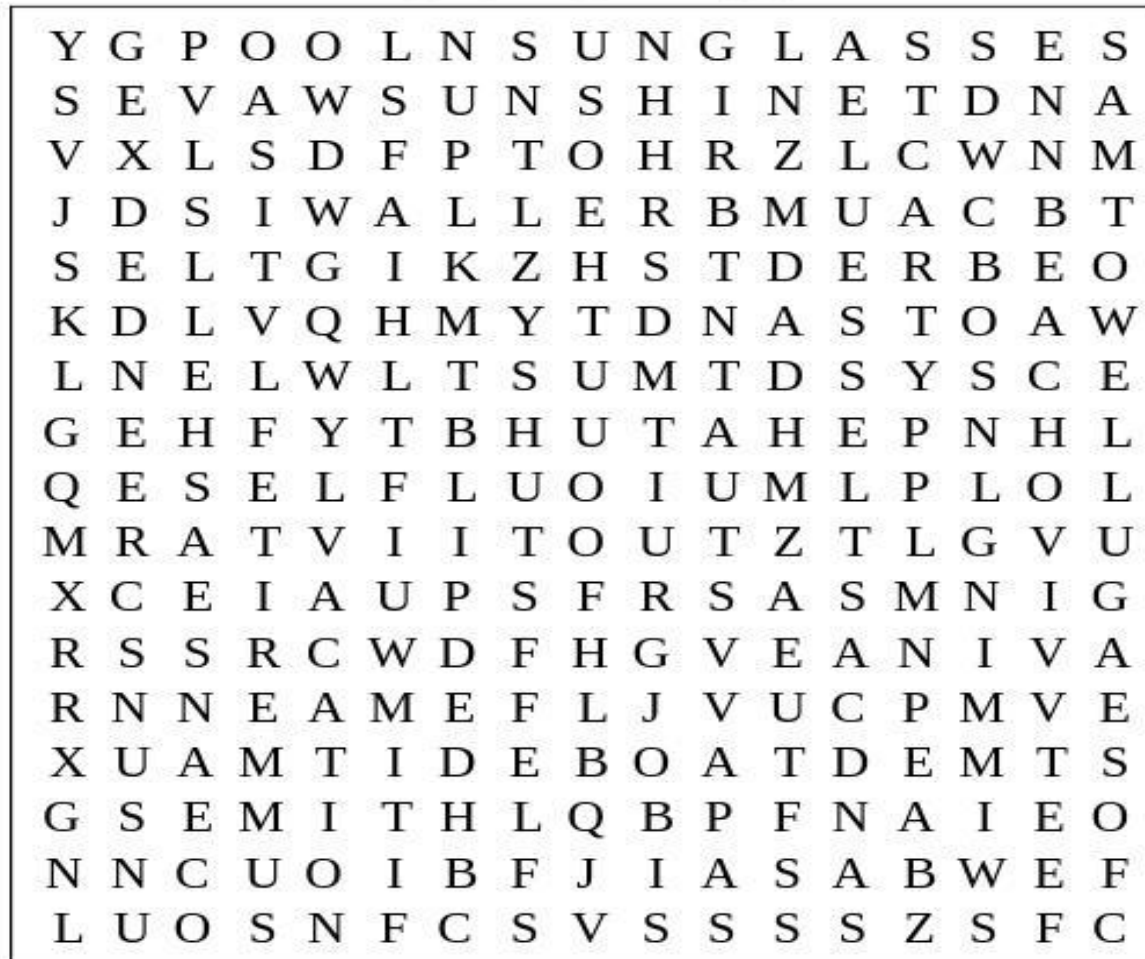
While Carolyn has retired so she can escape through the wild blue yonder and see some of our beautiful country.

We wish them both safe journeys.



BEACH VACATION

WORD SEARCH



- | | | | | |
|------------|-------------|------------|-----------|----------|
| BEACH | LIGHTHOUSE | SEAGULL | SUNSHINE | UMBRELLA |
| FLIP FLOPS | OCEAN | SEASHELLS | SWIM SUIT | VACATION |
| HAT | POOL | SUMMER | SWIMMING | WAVES |
| HOT | SAND | SUNGLASSES | TIDE | |
| JELLYFISH | SANDCASTLES | SUNSCREEN | TOWEL | |

<https://everydaychaosandcalm.com>



JOKE OF THE WEEK

A couple were in a busy shopping centre just before Christmas. The wife suddenly noticed that her husband was missing and as they had a lot to do, she called him on the mobile.

The wife said, "Where are you, you know we have a lot to do."

He said "You remember the jeweller's we went into about 10 years ago, and you fell in love with that diamond necklace? I could not afford it at the time, and I said that one day I would get it for you.

Little tears started to flow down her cheek, and she got all choked up.

"Yes, I do remember that shop," she replied.

"Well – I am in the gun shop right next door to that."

'Tis the Season to be Jolly.

What better way to celebrate the season with your loved ones that at our Annual Christmas Luncheon.

DATE: 20/12/2023

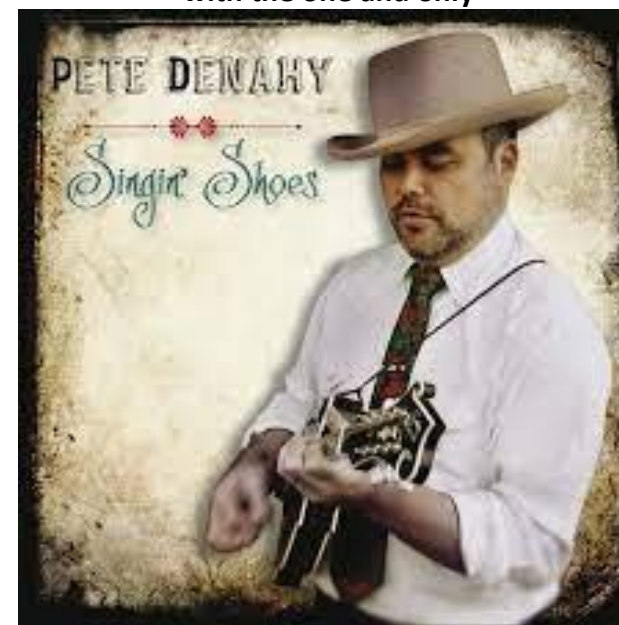
VENUE: YACKANDANDAH HEALTH

TIME: 12.00pm.

RSVP: lifestylecoordinator@yackhealth.com.au

Or by phoning reception 0260280100

Santa will arrive, followed by a Christmas concert with the one and only



Christmas extends beyond material gifts and decorations. It's about the love we share, the joy we bring, and the positive impact we have on those around us. Wishing you a Christmas filled with warmth, love, and moments that become cherished memories.

Monday 18th December

- 9.30 – Gentle chair exercises
- News and Discussion
- 10.30 – Book club
- 10.30 – Book Exchange
- 2.00 – Bingo

Tuesday 19th December

- 9.30 – Resident, Relative and Friends Meeting
- 2.00 – Knit and Natter

Wednesday 20th December

COOKED BREAKFAST

RESIDENT CHRISTMAS PARTY - /BBQ lunch

- 2.00 – **CONCERT with PETE DENAHY**

Thursday 21st December

HAIRDRESSER

- Hand & Nail Care
- 10.30 – Christmas Prayer Service
- 2.00 – TAI CHI & Quiz

Friday 22nd December

CAFÉ & SHOP OPEN

- 10.00 – Musical Memories
- 1.30 – Carpet Bowls

Saturday 23rd December

Wattle – Tracey

- 10.00 – Garden Walks
- 1.30 – Ice cream YUM

Poppy – Shannon

- 10.00 – Balloon Tennis
- 2.00 – Christmas Sing-along

Sunday 24th December

Wattle – Tracey

- 10.00 – Christmas Quiz
- 1.30 – Christmas Eve Sing-along

Poppy – Shannon

- 10.00 – Aqua Painting
- 1.30 – Christmas Eve Sing-along

