

PHOTO GALLERY



Valentines Day Wednesday 14th February
 Join in by spreading the love at
 Yackandandah Health.
 Let's wear our heart on our sleeves on
 Wednesday.
 Wear Red, Pink, Flowers, or Hearts
 A day of fun and a day of YUM.
 Cooking Red Velvet Cakes for morning tea
 And find the red Chocolate hearts hidden around
 the facility.



June [aka Betty] getting her weekly binge from Richard at "The Little Shop"



Residents enjoyed morning tea supplied by the Cancer Council.



The little shop Coffee stop

Opens Fridays 9.00 – 11.30am
 Come and join the social gathering of family and friends for a lovely morning of coffee and chats.
 Florence joined Margrit and her dad Theo.



yackandandah
health

**Residents
Weekly**

THE WEEK THAT WAS 3rd Feb – 9th February 2024



HEATHER ALLOT
 07/08/1930 – 06/02/2024

Do not stand at my grave and weep
 I am not there. I do not sleep.
 I am a thousand winds that blow.
 I am the diamond glints on snow.
 I am the sunlight on ripened grain.
 I am the gentle autumn rain.
 When you awaken in the morning's hush
 I am the swift uplifting rush
 Of quiet birds in circled flight.
 I am the soft stars that shine at night.
 Do not stand at my grave and cry;
 I am not there. I did not die.



Resident, Relative & Friends Meeting Tuesday 13th February 2024

Attending the Resident, Relative, and Friends meeting at Yackandandah Health offers a multitude of benefits for all involved. Firstly, these gatherings serve as a crucial platform for open communication and information sharing between residents, their families, and friends. It provides an opportunity to discuss the well-being of the residents, share insights, and address any concerns in a supportive and collaborative environment. Additionally, these meetings foster a sense of community and connection among attendees, creating a supportive network that enhances the overall care and quality of life for residents. The exchange of experiences and knowledge helps to strengthen relationships and build trust between the healthcare providers and the residents' social circles. Moreover, these meetings often include educational components, empowering family members and friends with valuable information on health and caregiving practices. Overall, participating in the Resident, Relative, and Friends meeting at Yackandandah Health not only promotes a holistic approach to care but also reinforces a sense of community and shared responsibility for the well-being of the residents. Please join us on Tuesday 13th February in the Activities Room at 9.30am for our first Resident, Relative and friends meeting for 2024.

VALENTINE'S DAY WORD SEARCH

C G H Y T R E H E A R T H U K
 A J N Y T J U X N P H A Y C S
 N L P G S G U H J A J K I U Y
 D W G I D E K D E R M N B P E
 Y Y T R N W D G T T K I U I G
 G H K I U K T G F Y U I F D H
 M E H J I U Y T G F R G L Q W
 O N P O I U Y H Y J B T O A J
 P I J U Y E V O L T F J W F U
 J T K I C H O C O L A T E M J
 U N O P K J H G B M N B R U Y
 J E I T E E W S C F R G S J Z
 Q L D H G Y J U H U H J K K L
 N A H G Y T Y G A H R O S E S
 H V Y T R F G R H J K M L I L
 C A R D S U Y K I O H N G F U

CANDY FEBRUARY LOVE
 PARTY CHOCOLATE CUPID
 VALENTINE ROSES FLOWERS
 CARDS PINK HUGS
 HEART RED SWEETIE



A frog goes into a bank and approaches the teller. He can see from her nameplate that her name is Patty Whack.

“Miss Whack, I’d like to get a \$30000.00 loan to take a holiday.”

Patty looks at the frog in disbelief and asks his name the frog says his name is Kermit Jagger, his dad is Mick Jagger, and that it’s okay, he kows the bank manager.

Patty explains that he will need to secure the loan with some collateral

The frog says, “sure, I have this,” and produces a tiny porcelain elephant, about an inch tall, bright pink, and perfectly formed.

Very confused, Patty explains that she’ll have to consult with the bank manager and disappears into a back office.

She finds the manager and says, “There’s a frog called Kermit Jagger out there who claims to know you and wants to borrow \$30000.00, and he wants to use this as collateral.” She holds up the tiny pink elephant. “I mean, what in the world is this?”

The bank manager looks back at her and says,

“It’s a knick-knack Paddy Whack. Give the frog a loan. His old man’s a rolling stone.”

Hairdresser TASH'S HAIR SALON

Tash will now open the hairdressing salon on a Tuesday.
 All requests for appointments can be made through Lifestyle.



COVID UPDATE

We are still COVID free, congratulations to everyone for maintaining all the precautions and keeping us healthy.

2024 COVID Vaccinations – Karen is currently coordinating Covid Vaccinations with the pharmacy and anyone who has not had Covid or a Covid Vaccination in the last six months is eligible to get a booster.

Consent forms are available from Karen.

So, remember, hand hygiene, wear your N95 mask and a negative RAT prior to entry

If you are unwell, please delay your visit until you are feeling better.

FIRE TRAINING AND FIRE READY

Fire preparedness and training are ongoing here at Yackandandah Health to ensure the safety of our residents and environment. Regular training sessions are conducted for staff, and these sessions cover responding to fire alarms and evacuation procedures.

You may well ask why I mention this today? On Thursday morning we had a small incident of burnt toast which did set off our fire alarms, staff responded appropriately and were at the ready, Yackandandah CFA were on site within minutes.

We thank our volunteer firefighters for their time and training to ensure the safety of all at Yackandandah Health.



Chief Fire Warden of the Day Meaghan gets the all clear from the CFA Yackandandah.

Monday 12th February

10.00 – Exercises
 News & Discussion
 2.00 – Bingo

Tuesday 13th February

HAIRDRESSER

9.30 – Walk & Talk News & Discussion
 10.30 – Never Have I ever! Or Have I?
 2.00 – Knit & Natter

Wednesday 14th February

COOKED BREAKFAST

VALENTINES DAY

9.30 - Cooking with Becky
 2.00 – Movement to music
 News & discussion

Thursday 15th February

10.30 – Prayer Service
 Rev. Matthew Healey
 2.00 – David on the Ukulele
 sing-along

Friday 16th February

The Little Shop & Coffee shop open
 9.30 – Musical Memories
 2.00 – Happy Hour

Saturday 17th February

Shannon

10.30 – Walk & talk
 1.30 – Short Stories

Sunday 18th February

Shannon

10.30 – Walk & Talk – news and
 discussion
 1.30 – Sunday Arvo Movies

