# **PHOTO GALLERY**



The last Friday of each month the men gather for some Fish & Chips from the Top pub, a beer, wine, or soft drink and just a good old chin wag and I might say a couple of good jokes. Last week the men were joined by one of the Directors from Apollo Wayne Knapp, and Community Manager Emma Atkin.







Bruce came for a visit today with our Residents, Pepita introduced him to Heather before the Prayer Service This morning.

Jean enjoying the Sensory Garden. Bev enjoying the autumn sunshine.





Residents enjoyed lunch with the Chef this month which was sausages, mashed potato and peas with caramelized onions, followed by apricot and apple steamed pudding with ice cream.



# Residents Weekly

THE WEEK THAT WAS 23rd March - 29th March 2024





## IN LOVING MEMORY OF

Eríl Brown and Jím [Charles] Holloway 04/01/1938 - 18/03/2024 22/02/1938 - 18/03/2024



Don't cry for me when I am gone, Celebrate the life I lived. Celebrate that I am gone to a better place. No more suffering, no more pain. Now I can walk, now I can talk. Now I can see my friends that went before me. Don't cry for me, not even when I am gone. My world is not over, it has just begun. Celebrate the fact you knew me. Celebrate the times we shared. Celebrate our joys, our love of life. For I am in a music better place. Don't cry for me, until I am gone. Don't cry for me, not even then. But cry for your lose of a friend. Cry for the sorrows you feel, Make room for the joys to remember. Don't cry for me, I won't cry for you. Not until you are gone, not even then, I will be waiting to see you again my friend. When you cross the stairway to heavens gates.



As autumn looms around us, may this Easter bring you all the joys of renewal and hope. Whether you're enjoying yummy eggs, celebrating your faith, or basking in the warmth of family may your day be filled with love and laughter.

To our amazing residents, you bring light and happiness to our community every day. Your resilience and spirit inspire us all. May this Easter be a reminder of how special you are and how much joy you bring to others.

To the families who support and care for our residents, your love and dedication are the pillars of strength for our Yack Health family. Thank you for being the heart of our community.

Wishing you all a wonderful Easter filled with blessings of the season.



# Hairdresser TASH's HAIR SALON

Tash has the hairdressing salon open on a Tuesday.

All requests for appointments can be made through Lifestyle.



## Update from Karen IPC.

It's that time of the year again with the influenza season fast approaching we need to be vigilant about the flu vaccinations.

Yackandandah Health are having their vaccination sessions in April.

Patients of:

Dr Jane Gardner – April 2<sup>nd</sup> 1.00 – 3.00pm Dr Tess Goodwin – April 4<sup>th</sup> 1.00 - 2.00pm Dr David Oliver – April 11<sup>th</sup> 9.30 – 11.30am Medical Centre staff will go to residents' rooms for vaccinations.

#### **VOLUNTEERS**

A huge thank you to the volunteers from the Yackandandah Garden Club who visit the last Tuesday of each month and assist our residents with the gardening.



## Monday 1<sup>st</sup> April

## PUBLIC HOLIDAY

9.15 – Exercises Walk News

10.45 – Book Club

11.00 – Footy Tipping

1.30 – Bingo

# Tuesday 2<sup>nd</sup> April HAIRDRESSER

9.30 – Walk & Talk

News & Discussion

10.30 – How Many words

2.00 – Knit & Natter

2.00 – Cards & Boardgames

## Wednesday 3<sup>rd</sup> April

#### **COOKED BREAKFAST**

9.30 - Cooking with Tracey

2.00 – Movement to music News & discussion

#### Thursday 4<sup>th</sup> April

10.30 – Prayer Service Discovery Church Hand and Nail care

2.00 – Tai Chi & Quiz

### Friday 5<sup>th</sup> April

The Little Shop & Coffee shop open 1.30 – Carpet Bowls

## Saturday 6<sup>th</sup> April

#### Poppy Only

10.00 – News & Discussion in the Sunshine 1.30 – Movie

## Sunday 7<sup>th</sup> April

### Poppy Only

10.00 – Sunday garden walks 1.30 – Quiz & Trivia

