

# PHOTO GALLERY

**HENRY – our Baby Therapy Doll.** Doll therapy at Yack Health helps our residents, particularly those with dementia, by providing comfort, reducing anxiety, and encouraging social interaction. This non-pharmacological approach leverages the nurturing instincts of seniors, fostering emotional well-being and cognitive stimulation.



After a trip to Wodonga Hospital this week, Henry decided to check out his career options, Henry inconspicuously checked out the office area before trying his hand at Office Administration. Unfortunately, the chair is a bit big for him.



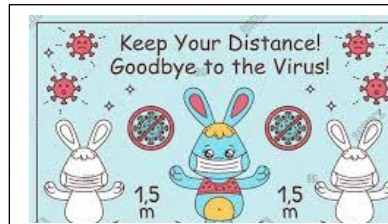
Residents, Students, Teachers, and Staff enjoyed a parachute program at PADSIP last Tuesday. Unfortunately, due to COVID we have had to postpone the program this week and next. However, we look forward to welcoming everyone back very soon.

**COVID UPDATE:** As you are all probably very aware COVID has entered the facility again. We currently have 6 residents who have tested positive, all in the Wattle Grove area. New VIC Health protocols mean that we are no longer having to lock down the facility, we just isolate the residents who have contracted the virus. Please be aware that we are restricting movements within the facility to try and reduce the chance of transmission, and we encourage you where possible, to have your visits outside in our beautiful gardens.

Please remember to assist with the containment of COVID by following these basic steps:

- ✚ Good hand hygiene – wash hands and use hand sanitizer.
- ✚ When visiting or within the facility wear N95 face masks.
- ✚ Social distancing – 1.5 meters separation.

Thank you for your cooperation and we look forward to seeing you and also keeping your loved ones safe.

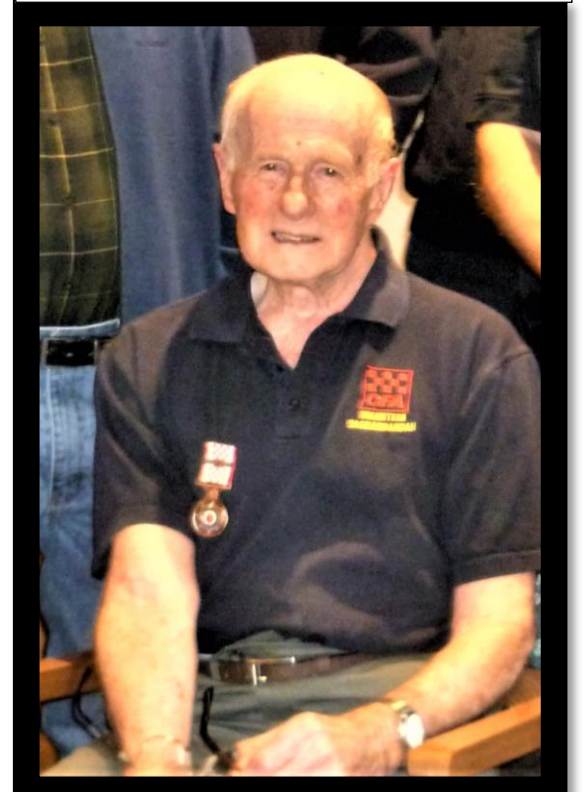


## THE WEEK THAT WAS 25<sup>th</sup> May – 31<sup>st</sup> May 2024



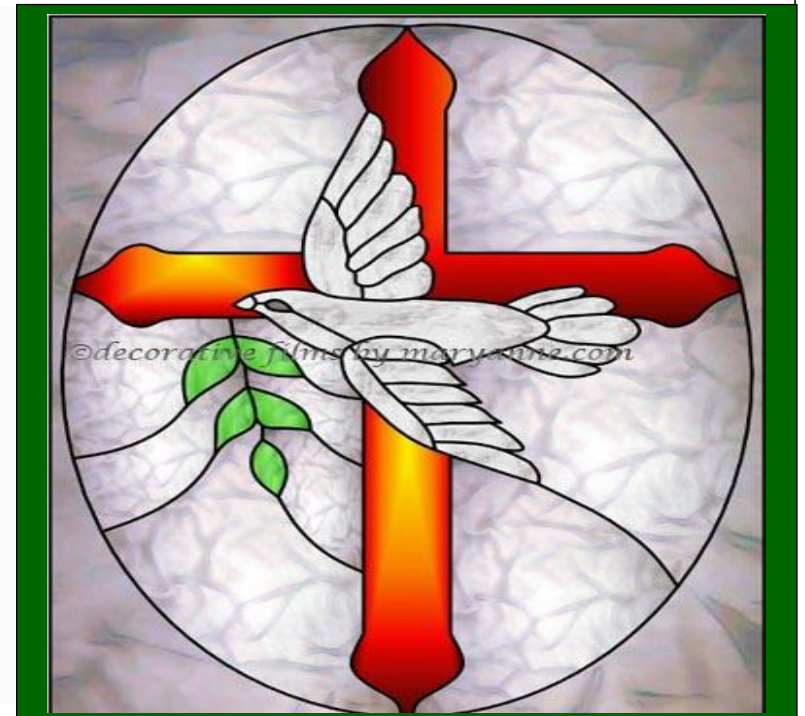
*Judith Brindley*  
09/12/1930 ~ 25/05/2024

*John McIntyre*  
17/06/1934 ~ 26/05/24



## MAY THEY REST IN ETERNAL PEACE

*Don't think of them as gone away  
Their journey's just begun,  
Life holds so many facets  
This earth is only one.  
Just think of them as resting  
From the sorrows and the tears  
In a place of warmth and comfort  
Where there are no days and years.  
Think how they must be wishing  
That we could know today  
How nothing but our sadness  
Can really pass away.  
And think of them as living  
In the hearts of those they touched  
For nothing loved is ever lost  
And they were loved so much.*





# Gardening

B J E M L Z H E S O R N A W  
 V O R D X T U P G M Y I K O  
 H L Z I S C N J B E D F Q R  
 U X G R O W E A H K R A P M  
 Q D Y T N I D O L C S E E D  
 M H E J B F R G U P K L R X  
 Y P C A Y S A Z N I T V E J  
 E W K Q D M G B H O R F W U  
 L I O S T C E J O Y A P O N  
 G L Y W K U N R A D Q Z L I  
 P T O S E H S U B R M C F X  
 I Z N K R E L Q W A T E R O  
 M D I G U X D P E Y C H T B  
 R W T A F O V S Z N L Q J S

BED	GROW	SOIL
BUSHES	HOE	STEM
DEAD	LEAF	WATER
DIG	PLANT	WEEDS
DIRT	ROOT	WILT
FLOWER	ROSE	WORM
GARDEN	SEED	YARD



A man asked his wife what she'd like for her birthday. "I'd love to be six again," she replied. On the morning of her birthday, he got her up bright and early and off they went to a local theme park. What a day! He put her on every ride in the part: the Death Slice, the Screaming Loop, the Wall of Fear, everything there was! Wow! Five hours later she staggered out of the theme park, her head reeling and her stomach upside down. Right to a McDonald's they went, where her husband ordered her a Happy Meal with extra fries and a refreshing chocolate shake. Then it was off to a movie, the latest Star Was epic, A hot dog, popcorn, soda, and M&Ms. What a fabulous adventure!  
 Finally, she wobbled home with her husband and collapsed into bed. He leaned over and lovingly asked, "Well, dear, what was it like being six again?"  
 One eye open, "You idiot, I meant my dress size."  
 The moral of this story: even when the man is listening, he's still gonna get it wrong.



Hello <Name>

You are invited to our Australia's Biggest Morning Tea. Let's get together and enjoy a cuppa so we can support those impacted by cancer.

Host: Yackandandah Health  
 Where: Little Shop Coffee Stop  
 Date: 7<sup>th</sup> June 2024  
 Time: 9.45am  
 Details:  
 RSVP by: Becky Hyde  
 Phone/Email: lifestylecoordinator@yackhealth.com.au



Come join us for Australia's  
 Biggest Morning Tea.  
 To be held in the  
 Little Shop Coffee Stop  
 Friday 7<sup>th</sup> June @9.45am  
 All money raised will go to  
 the Cancer Council for  
 ongoing research.

## Monday 3<sup>rd</sup> June

- 9.15 – Exercises Walk News & Discussion
- 10.00 – Book Exchange
- 11.00 – Footy Tipping
- 1.30 – High Tea

## Tuesday 4<sup>th</sup> June

### HAIRDRESSER

- 9.30 – Walk & Talk
- 2.00 – Knit & Natter
- 2.00 – Cards & Games

## Wednesday 5<sup>th</sup> June

### COOKED BREAKFAST

- 9.30 - Cooking with Tracey
- 2.00 – David on the Ukulele
- 2.00 – Movement to music  
News & Discussion

## Thursday 6<sup>th</sup> June

- Hand & nail care
- 10.30 – Prayer Service  
Discovery Church
- 2.00 – David on the Ukulele
- 2.00 – TAI CHI & Quiz

## Friday 7<sup>th</sup> June

### AUSTRALIA'S BIGGEST MORNING TEA AT

#### The Little Shop & Coffee stop

- 1.30 – Carpet Bowls

## Saturday 8<sup>th</sup> June

### Poppy Only

- 10.00 – News & Discussion in the Sunshine
- 1.30 – Movie

## Sunday 9<sup>th</sup> June

### Poppy Only

- 10.00 – Sunday garden walks
- 1.30 – Quiz & Trivia

