

PHOTO GALLERY



Residents came together today to celebrate the 109th birthday of our resident Edith Dryden.

Edith is the second oldest person in Victoria and the 10th oldest in Australia.

Edith was born on the 16th October 1915.

Edith had 6 children , 49 grandchildren, numerous great grandchildren and is also a great great grandmother.

Happy Birthday Edith Dryden

109



Yackandandah Health

Residents

Weekly

THE WEEK THAT WAS 12th October ~ 18th October 2024



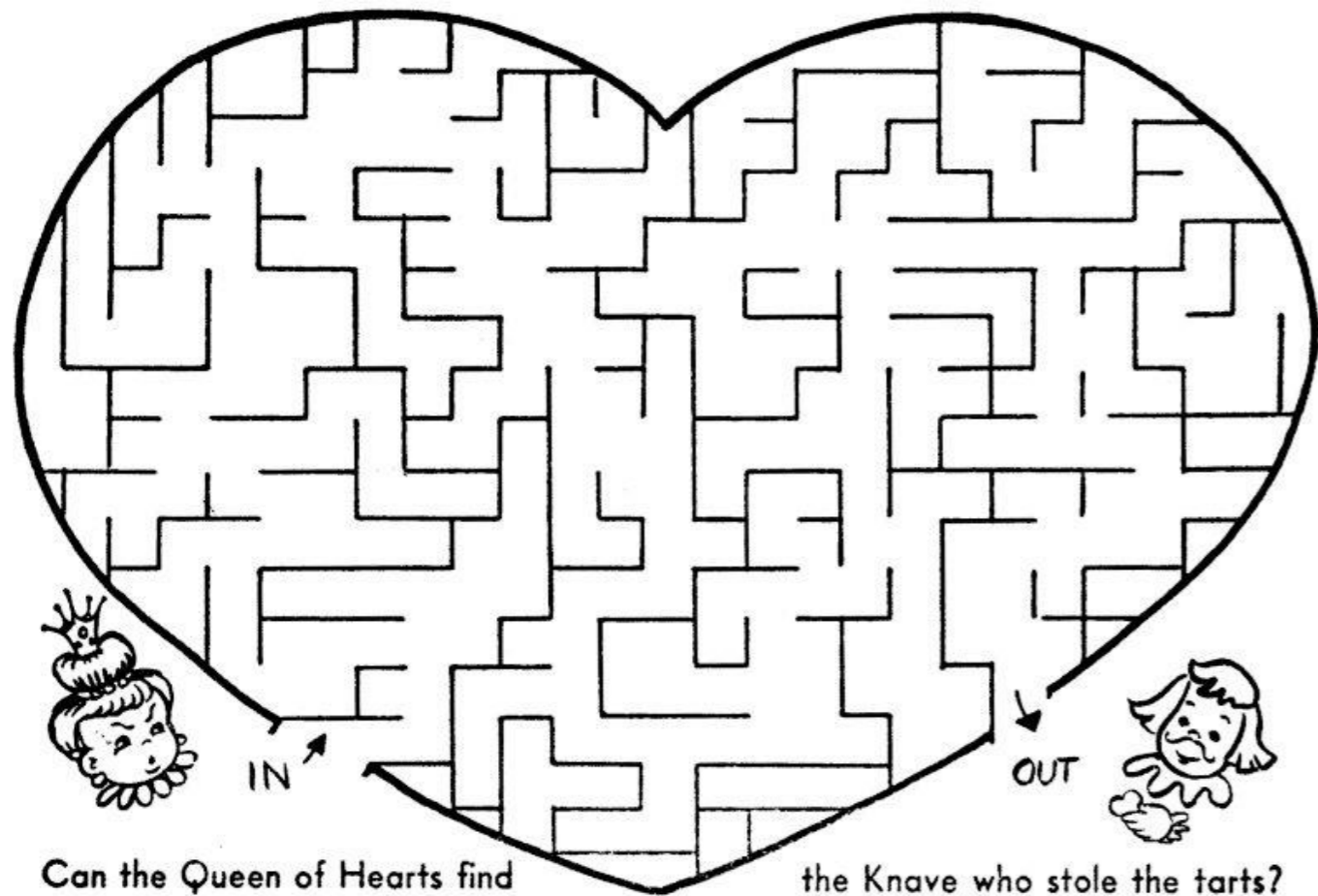
Daniel Shearer
*Passed away peacefully
On the 12/10/24 at the
age of 82.*



*In quiet moments,
Memories remain
Laughter echoes,
Loves gentle
refrain
In our hearts,
You'll forever
sustain*



Every day [weather permitting] our residents have the opportunity to be outdoors for their daily walks and the benefits of being outdoors are abundant. It enhances both physical and mental wellbeing. Being in nature stimulates the senses, providing a calming environment that fosters social interaction and connection among residents. Being outdoors enriches the quality of life and can spark memories and cognitive engagement. So, why not visit and go for a walk with your loved ones.



JOKE OF THE WEEK

A boyfriend and girlfriend are driving down the road one day, they get in a car accident, and both die.

Well, they both end up in heaven at the same time and St Peter meets them at the gate and says "hello, welcome to heaven do you have any questions?" They look at each other and say "Well, we do have one question, um we were planning on getting married before we died and we never got the chance, are we allowed to get married in heaven?"

St Peter looks at them and says, "you know that's a really good question, I need you both to wait right here and I'm gonna go find the answer for you." So, St Peter walks off and they stay, and they start talking and he's gone for a long time, so they got a lot of time to talk and they're both talking about eternity and just how long eternity is and you know how long they're gonna be in heaven. So finally, about six weeks passes by and St Peter finally comes back with the answer and he says "alright guys I finally found your answer and yes you can definitely get married in heaven." And they say, "well that's great but we been talking about eternity while you were gone and it's a really long time, so, what if we decide we don't want to be married anymore can we get a divorce in heaven?"

St Peter just starts shaking his head and he says it took me six weeks to find a priest up here, do you have any idea how long it will take me to find a lawyer?"

Monday 21st October

- 9.30 – Exercises News & Discussion
- 10.00 – Book Exchange
- 10.30 – Little Yacks – reading stories [Outside Café]
- 1.00 – Bible Study E Wing
- 2.00 – Bingo

Tuesday 22nd October

HAIRDRESSER

- 9.15 – Walk & Talk News and Discussion
- 10.30 – Reminiscing with Mali
- 2.00 – Knitting Natters – Big Ben
- 2.00 – Cards & Board games

Wednesday 23rd October

COOKED BREAKFAST

- 9.30 - Cooking with Tracey
- 10.00 – Bowls with Richard
- 2.00 – Movement to music, News & Discussion

Thursday 24th October

HAND & NAIL CARE

- 10.30 – Prayer Service
- Heather Maddock
- 2.00 – TAI CHI & Quiz

Friday 25th October

THE LITTLE SHOP COFFEE STOP OPEN

- 2.00 – Carpet Bowls

Saturday 26th October

- 10.00 – Walk and talk in the sunshine
- 2.00 – Listen to the music

Sunday 27th October

Poppy Place ONLY

- 10.00 – Sunshine Walk
- 1.30 – Milkshake Sunday and videos.





Healthy Little Word Search



V	T	G	S	F	D	G	Y	Q	N	Z	M
M	E	E	M	C	E	B	T	N	U	G	H
H	E	G	M	K	T	A	E	R	T	Z	D
F	J	A	E	L	C	T	F	N	R	D	Z
X	I	J	O	T	E	H	A	H	I	X	L
A	J	Q	I	T	A	H	S	E	T	Y	C
C	R	U	L	C	R	B	X	B	I	H	I
O	R	I	N	V	T	E	L	Y	O	O	J
F	G	O	Q	O	R	V	L	E	N	J	P
S	P	W	P	C	N	I	M	A	T	I	V
I	G	L	I	S	L	E	P	X	Z	A	
B	A	S	P	N	X	Z	G	N	H	D	E
Y	E	Y	P	O	G	Z	C	S	E	F	J
B	Q	Q	D	A	J	O	X	C	C	Y	O



VITAMIN SLEEP

HELMET SAFETY NUTRITION

BATH FRUIT

EXERCISE VEGETABLE