

PHOTO GALLERY



Taking time out of their day to smell the flowers
Pictured [L] Betty smelling this magnificent red rose and [R] Pepita admiring a pink rose.



Veronica and Betty enjoying the sugar snaps in Poppy Garden and the Walk & Talk group doing a bit more talking than walking on Tuesday

You're only here for a short visit.

Don't hurry. Don't worry.

And be sure to smell the flowers along the way.



Yackandandah Health

Residents Weekly

THE WEEK THAT WAS 21st October ~ 15th October 2024

INTERGENERATIONAL GATHERINGS



This week we welcomed back the Kinder Kids from Little Yacks to enjoy story time with our residents, we also had family visiting their loved ones with some of the smaller generations.

[L] Norma and Laurie, [R] Alex and Margaret reading stories to some very enthralled little ones.

[R – top] Jean is visited by her family.

Intergenerational gatherings offer a wealth of benefits for both aged care residents and children. These interactions foster meaningful connections, bridging generational gaps and enriching the lives of participants. For elderly residents, engaging with children can enhance mental stimulation, reduce feelings of loneliness, and promote emotional well-being. Meanwhile, children gain valuable life lessons, develop empathy, and learn about history and resilience from their elders. This mutual exchange cultivates a sense of community, enriching the social fabric for all involved and promoting a greater understanding and appreciation of diverse life stages.

NAME: _____

DATE: _____

WORD SEARCH PUZZLE

S T L I I S E L K X U P L T H G I E W C B B H
 E T O L S F A F E Y Y L W D V W F T G O R S X
 Y G T T S L O M P N E M I A L U A H C M Q U X
 M G C Y J R J Q H Q D P K R Y J P G S P P T D
 S E M I H O B H Y A R E O M W T S P C A X S D
 W A Z O L U D O O F E O L D Y A B R A N C H H
 Z D Q R K T I M H S Y K A I F I L E L Y X O E
 B B A E A E E X Y R T R V D V F H K E B K R D
 W E V I R D T K L E R O C S V E W N W C E T W
 S J N T J V H T Q L I M T H A C R A Z L L D G
 R Q J I K D G T S I P P Y I F V I T R I U L J
 U F M Q T K I K D A R S D P U A C T Y A R O Q
 K D E Q I G E T A R U K L I E F L C Y M M G S
 Q G L K L I R W F T S C F U L M F K I D X R I
 B Y I V U R F V X Z H G A S D H B C F B D A L
 Q W M O D I E S E L T V Y C C H J H V U E C E

COMPANY	SHORT	RULE	TRIP
DELIVER	SCALE	RUSH	MILE
TRAILER	CARGO	SEMI	ROAD
FREIGHT	DRIVE	SHIP	HAUL
WEIGHT	MAIL	FUEL	TANKER
DIESEL	CITY	FOOD	ROUTE

COOL2BKIDS



Save the Date

Residents, Relatives and Friends

Christmas Party [Sorry for the early reminder]
You are invited to the Christmas Party on Friday 20th December for lunch and entertainment.

We will be restricted to a maximum of 2 guests per resident for lunch and we will need to know numbers by the 6th December.

Further details available with RSVP details on the 15th November



Picture: Shannon is busy in Poppy Place with her and the residents crafting some of our Christmas decorations.

MELBOURNE CUP 2024

The Melbourne Cup Sweeps are now on sale through Lifestyle, they are also on the Kitchen door in the dining room all you need to do is place your name on the list and leave your money in the container provided

\$1.00 & \$2.00 Sweeps are available



Monday 28th October

- 9.30 – Exercises News & Discussion
- 10.00 – Book Exchange
- 10.30 – Book Club
- 1.00 – Bible Study E Wing
- 2.00 – Bingo
- Podiatry

Tuesday 29th October

HAIRDRESSER

- 9.15 – Walk & Talk News and Discussion
- 10.30 – Reminiscing with Mali
- 2.00 – Knitting Natters – Big Ben
- 2.00 – Cards & Board games

Wednesday 30th October

COOKED BREAKFAST

- 9.30 - Cooking with Tracey
- 10.00 – Bowls with Richard
- 2.00 – Movement to music, News & Discussion

Thursday 31st October

HAND & NAIL CARE

- 10.30 – Prayer Service
Jordan Mackley
- 2.00 – TAI CHI & Quiz
- 2.00 – Dave on the Ukulele sing-along

Friday 1st November

THE LITTLE SHOP COFFEE STOP OPEN

- 2.00 – Carpet Bowls

Saturday 2nd November

- 10.00 – Walk and talk in the sunshine
- 2.00 – Listen to the music

Sunday 3rd November

Poppy Place ONLY

- 10.00 – Sunshine Walk
- 1.30 – Milkshake Sunday and videos.

