

PHOTO GALLERY



**Today we celebrated the lives of those we have lost.
At Yackandandah Health, their memories are embossed.
Their stories and smiles continue to inspire,
In our hearts, their legacies forever shine brighter.**

Special Thanks to the Families and Friends who joined with us in the Celebration of Life yesterday.
And thanks to Jordan – Spiritual and Pastoral Lead at Yack Health.
To Emma Community General Manager at Yack Health.
And to Robin and Sandy who read for us at the service.



Yackandandah Health

Residents Weekly

THE WEEK THAT WAS 21st September ~ 27th September 2024



CONSUMER ADVISORY BODY

Next Meeting

Thursday 10th October 2024 @ 2.30pm

We are extending an invitation to Residents, Families and Friends to volunteer for the Consumer Advisory Body at Yackandandah Health. Being a part of this program offers a unique opportunity to engage with the community while contributing to meaningful health and lifestyle initiatives. As a member of this team, volunteers can share their insights and experiences helping to shape services that directly impact our residents. This collaborative environment fosters a sense of belonging and empowers individuals to advocate for the needs of their peers, ensuring our services are responsive and inclusive.

Being part of the Consumer Advisory Body also brings personal rewards. Volunteers gain valuable skills in teamwork, communication, and leadership, all while expanding their understanding of the Aged Care environment. The experience can enhance one's sense of purpose and fulfillment, as members witness the outcomes of their contributions. You will have the opportunity to build relationship with like-minded individuals and foster a supportive network.

For more information contact Emma on 02 60280100 or
Email ~ emma.atkin@yackhealth.org.au



Lovely to see a few families join us this beautiful morning for a catch up over coffee and scones. Loved this pic of Barbara and her daughter Alison. Don't Forget every Friday for coffee and scones

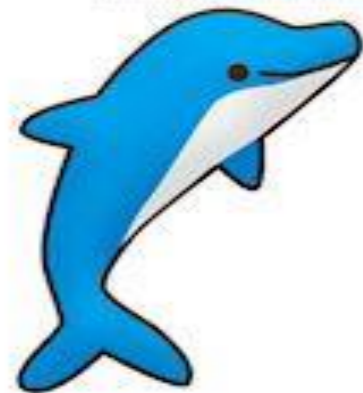


At The Ocean

Word Search Puzzle



L I F E G U A R D C G S Z E X J P
 S F E O O C H S I M R O W W K E M
 C H S S V V G V D A D P L I H L G
 P S E D O U F L L I E M U M L S
 Q E A L L W Z P V O K L W C C Y S
 S A G E L V H A Q R S H D Z R F A
 E W U Y E S J A O N P K Z E A I I
 A E L Z Y X P N L I P K I N B S L
 L E L S B G S J B E L P A Q S H B
 I D C W A T V L E A Y C Q Y H P O
 O P L B L Z I U W U I C N S A X A
 N G T E L S Q D Q L X G B X R N T
 P U S A S U R F E R S Q H Y K Q L
 P T A C C A Y P U M B R E L L A W
 U W N H O E P Y M U Q P Z W T T W
 Q V D B S T A R F I S H W A V E S
 U X B D D O L P H I N Z L X Y N P

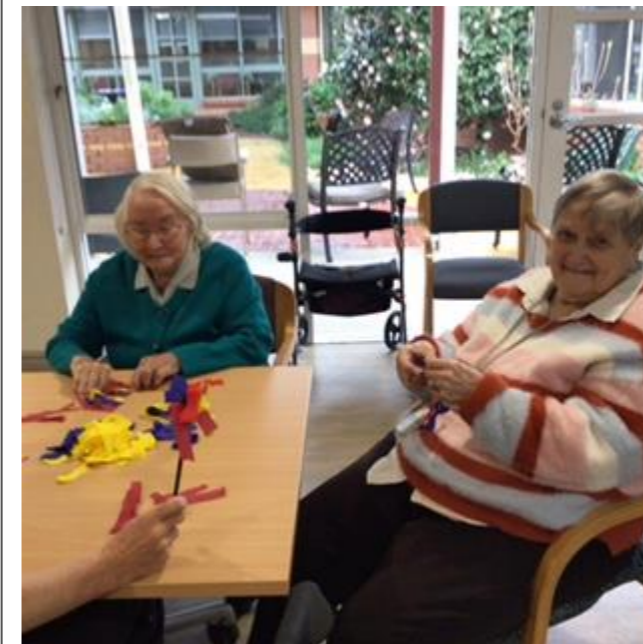


BEACH	SAILBOAT	STARFISH
BOARDWALK	SAND	SURFERS
CRAB	SEA LION	SWIM
DOLPHIN	SEAGULL	TIDE
JELLYFISH	SEAWEED	UMBRELLA
LIFEGUARD	SHARK	VOLLEYBALL
PELICAN	SHELLS	WAVES
PIER	SNORKEL	WHALE

I AM OLD AND I JUST REALIZED I STILL HAVE SO MANY UNANSWERED QUESTIONS????

I never found out who let the Dogs Out...how to get to Sesame Street and why Dora the explorer doesn't just use Google Maps... why eggs are packaged in a flimsy paper carton, but batteries are secured in plastic that's tough as nails...why women can't put mascara on with their mouth closed...why "abbreviated" is such a long word...why lemon juice is made with artificial flavour yet dish washing liquid is made with real lemons...why they sterilize the needle for lethal injections... and, why do you have to "put you two cents in" but it's only a "penny for your thoughts" where does the extra penny go...why do "The Alphabet Song" and "Twinkle Twinkle Little Star" have the same tune... and why did you just try and sing those two previous songs...and just what is Victoria's secret?...and do you really think I am this witty???

I actually got this from a friend, who stole it from her brother's girlfriend's, uncle's cousin's, who lived next door to my old classmate's mail man.



Getting AFL Grandfinal ready.

Louise and Flo getting their Sydney Swans and Brisbane Lions cheer squad on.

SPIRITUAL AND PASTORAL CARE PROGRAM AT YACK HEALTH.

The Spiritual and Pastoral Care program at Yackandandah Health provides a compassionate space for individuals to explore their beliefs, find comfort, and connect with their inner selves. It nurtures emotional well-being through support and presence, recognizing the unique spiritual journeys of each person. This programs lead is Jordan Mackley and it fosters a sense of community and hope, ensuring that everyone feels valued and understood during life's challenges.

Pictured below: Les, Theo, Pepita and Pat are some of the residents who are enjoying a weekly Bible Study group led by Jordan.



Monday 30th September

9.30 – Exercises News & Discussion
 11.00 – Book Club
 1.00 – Bible Study E Wing
 2.00 – Bingo

Tuesday 1st October

HAIRDRESSER

9.30 – Walk & Talk
 10.30 – Reminiscing with Mali
 2.00 – Knitting Natters – Big Ben
 2.00 – Cards & Board games

Wednesday 2nd October

COOKED BREAKFAST

9.30 - Cooking with Tracey
 10.00 – Bowls with Richard
 2.00 – Movement to Music News & Discussion

Thursday 3rd October

HAND & NAIL CARE

10.30 – Prayer Service
 Discovery Church
 2.00 – TAI CHI & Quiz
 2.00 – Dave on the Ukulele

Friday 4th October

THE LITTLE SHOP COFFEE STOP OPEN

1.30 – Carpet Bowls

Saturday 5th October

10.00 – Walk and talk in the sunshine
 2.00 – Listen to the music

Sunday 6th October

Poppy Place ONLY

10.00 – Sunshine Walk
 1.30 – Milkshake Sunday and videos.

