

PHOTO GALLERY

Grace looking pretty impressed with her bowls shot.



Ukuandandah club
Residents enjoy a old time sing-along on the 3rd Wednesday of every month with the Ukuandandah club.



Hi, my name is Sue. I am one of the cleaning crew here at Yack Health. For the month of September, I am doing a 71km walk as a fundraising challenge for PANKIND to raise money for pancreatic cancer research. I am doing this challenge as I lost my mum to pancreatic cancer in 2016. It is a cruel disease, that take the lives of 71 people in Australia every week, with only a 12.5% chance of surviving 5 years and 80% of people diagnosed with pancreatic cancer will lose their lives within 6 months. My mum defied the odds and made it to almost 7 years after her diagnosis. We almost lost her a few times, but she kept fighting for as long as she could. Her garden gr w by 2 acres while she was battling this disease, it was her treatment, along with chemo and radiation.

If you have anyone going through this or need to talk. I am more than happy to listen. If you want to hear more wonderful stories about my mum, ask. She was on the domestic team here at Yack Health from 1986 to 2009. So, if you can spare a few dollars, I would appreciate it, or if you want to keep me company on a walk please yell out. If you would like to donate, please see Becky in Lifestyle and she will collect your donation and pass it on to me.



Yackandandah
Health

Residents Weekly

THE WEEK THAT WAS 14th Sept – 20th September 2024



Please join us for a Celebration of Life at Yackandandah Health on Tuesday, September 24th at 10.30 in the activities room. This special gathering is to honor the vibrant lives and cherished memories of our residents who have passed in the last 12 months. Together, we will celebrate their unique journeys, the love they have shared, and the impact they have had on us all. We would love to see Staff, Residents and Families come together in the spirit of remembrance and joy. Let's celebrate the lives that have touched our hearts and the community we've built together. Looking forward to seeing you on Tuesday. If you have any questions or enquiries please contact Becky: lifestylecoordinator@yackhealth.org.au or phone 03 60280100.

SPRING WORD SEARCH

O	K	J	G	H	P	Z	F	V	X	Y	Z
G	I	S	R	U	W	B	B	O	O	T	S
A	T	Y	A	B	L	U	E	B	I	R	D
E	E	U	S	G	A	R	D	E	N	T	H
A	H	U	S	W	Y	W	B	K	M	U	K
P	X	U	K	Q	B	L	O	S	S	O	M
M	G	L	M	S	J	B	A	R	T	R	C
J	U	R	R	B	A	N	E	R	A	G	R
A	P	F	A	V	R	W	E	W	F	S	L
T	D	R	I	Q	O	E	V	S	K	V	U
U	L	I	N	L	L	G	L	C	T	R	G
L	D	A	F	F	O	D	I	L	N	V	R
I	V	U	E	P	J	H	O	J	A	C	E
P	W	I	Q	N	C	M	U	D	O	Q	E
S	E	E	D	S	B	S	Q	C	X	Q	N



BLOSSOM
BLUEBIRD
BOOTS
CHICKS
DAFFODIL
FLOWERS

GARDEN
GRASS
GREEN
KITE
MUD
NEST

RAIN
SEEDS
TULIPS
UMBRELLA
WARM



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JOKE OF THE WEEK

A male mosquito to its wife: Darling I will hunt a Lion for you.
Female mosquito: Ok Fine, now go to sleep
Male Mosquito: I will bite an elephant and bring his blood for you.
Female Mosquito: Sure love, go to sleep.
Male Mosquito: I Will drive you around Paris in a Mercedes.
Female Mosquito: You idiot go to sleep...
Male mosquito: Honey I'll do anything for you.
Female mosquito: You idiot... How many times have I told you not to come home after biting a Politician!!!



FRIDAY 27th SEPTEMBER

Public Holiday

We are open

So come along and join us for a relaxing morning of Coffee & Scones and chatting.

SATURDAY 28th SEPTEMBER

2.00pm for drinks and nibbles followed by the BIG GAME at 3.00pm on the Big Screen In the Activities room



Monday 23rd September

9.30 – Exercises News & Discussion
 10.30 – Book Exchange
 11.00 – Book Club
 1.00 – Bible Study E Wing
 2.00 – Bingo
 2.00 – Bible Study E Wing

Tuesday 24th September

10.30 – CELEBRATION OF LIFE
 2.00 – Knitting Natters – Big Ben
 2.00 – Cards & Board games

Wednesday 25th September

COOKED BREAKFAST

9.30 – Preparation Craft AFL streamers & banners
 2.00 – Movement to Music News & Discussion

Thursday 26th September

HAND & NAIL CARE

10.30 – Prayer Service
 Heather Maddock
 2.00 – TAI CHI & Quiz
 2.00 – Dave on the Ukulele

Friday 27th September

PUBLIC HOLIDAY

THE LITTLE SHOP COFFEE STOP OPEN

Saturday 28th September

AFL GRANDFINAL

2.00 – Happy Hour
 3.00 – Football Grandfinal on the big screen in activities room.

Sunday 29th September

Poppy Place ONLY

10.00 – Sunshine Walk
 1.30 – Milkshake Sunday and videos.

