

PHOTO GALLERY



September 20th 2024 is our next Happy Hour Day, Happy hour is held once a month on a Friday afternoon. We come together and share some wonderful finger foods prepared by our fabulous kitchen staff. Why not join us some time?



The Garden Club of Yackandandah join our residents on the last Tuesday of every month to assist them in growing beautiful plants, flowers and some vegetables. Here they are pictured with some of the residents preparing a garden bed ready for the spring planting. [top right] Eileen and Louise attend to their garden with great love. [left] is a sample of the talented gardeners we have here at Yack Health.



Yackandandah
Health

Residents
Weekly

THE WEEK THAT WAS 31st August – 6th September 2024



"The Little Shop Coffee Stop"

Is a hive of activity this morning. With the beautiful spring weather upon us families are taking advantage of visiting their loved ones and enjoying social interactions served with a beautiful coffee and delectable scones topped with Jam and cream. The coffee shop is open every Friday Morning from 9.30 till 11.30 so come join us and enjoy some great company delivered with your morning tea.



Above:
Paul with his daughter Kassie and grandchildren Ellidy and Casey. "Love your shades Paul!"



Above:
Jeff pictured here with his grandchildren and great grandchildren.



A few of our residents enjoying their coffees with friends: [L-R] Barb, Theo, Laurie, Flo, Les, Shirley and visitor Wendy, Jeannette and Helen.

TAPIOCA'S TIME

V G I P J F R E S A
 L K U N F M X R S C
 M A A Y U C A R A M
 J Z R E O A H P Y R
 N Y W D A M U A T Q
 F C E I T C A O I E
 V R P P C A G H O S
 A F A I O N R S C M
 I M N M A P E O A I
 N O U M B I M N H A
 I N N T K U Z O D J
 L M X O M A E J R B
 L R O P N O W S E E
 A C K A B E K G A W
 C C H O C O L A T E

Capuccino
 Chai
 Chamoy
 Chocolate
 Cookies
 Frambuesa
 Fresa
 Mango
 Manzana
 Maracuyá
 Moka
 Piña
 Rompopo
 Taro
 Vainilla



JOKE OF THE WEEK

An Italian lawyer and an Irishman are sitting next to each other on a long flight. The lawyer is thinking that Irishmen are so dumb that he could put something over on them easily..I. So, the lawyer asks if the Irishman would like to play a fun game. The Irishman is tired and just wants to take a nap, so he politely declines and tries to catch a few winks. The Italian lawyer persists and says that the game is a lot of fun.

I ask you a question, and if you don't know the answer, you pay me only \$5.00 then you ask me one, and if I don't know the answer, I will pay you \$500.00, he says. This catches the Irishman's attention and to keep the lawyer quiet, he agrees to play the game.

The lawyer asks the first question, "What's the distance from the Earth to the Moon?" The Irishman doesn't say a word, reached in his pocket pulls out a five dollar note and hands it to the lawyer.

Now, it's the Irishman's turn. He asks the lawyer, "What goes up a hill with three legs and comes down with four?"

The lawyer uses his laptop and searches all reference he could find on Google. He sends e-mails to all the smart friends he knows, all to no avail. He wakes up the Irishman and hands him \$500.00. The Irishman pockets the \$500.00 and goes right back to sleep. The lawyer is going nuts not knowing the answer. He wakes the Irishman up and asks, "well, so what goes up a hill with three legs and comes down with four?"

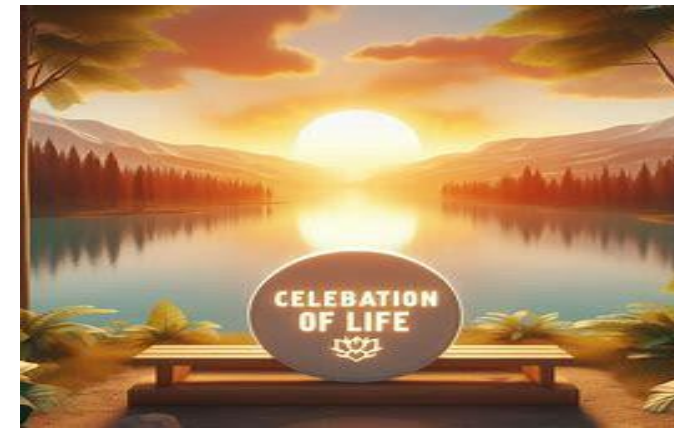
The Irishman reaches in his pocket, hand the lawyer \$5.00 and goes back to sleep.

Don't mess with the Irish!!!!!!



TASH'S Hair Salon

Open Tuesday with appointments available through Lifestyle.



We warmly invite you to join us in the activities room at Yack Health on Tuesday 24th of September for a Celebration of Life. We will be honoring the cherished individuals who have touched our hearts and left an enduring impact. This special gathering is a place for reflection and remembrance where we will celebrate their lives.

This gathering will be a reflection and remembrance, where we will celebrate the lives of our loved ones through tributes and shared memories.

Please join us as we celebrate their lives and the lasting impression, they have made on us all.

Monday 9th September

9.30 – Exercises News & Discussion
 10.00 – Book Exchange
 11.00 – Book Club
 1.00 – Bible Study E Wing
 2.00 – Bingo
 Podiatry

Tuesday 10th September

9.30 – Walk & Talk
 10.30 – Reminiscing with Marli
 2.00 – Knitting Natters – Big Ben
 2.00 – Cards & Board games

Wednesday 11th September

COOKED BREAKFAST

9.30 – Cooking with Tracey
 2.00 – Art & Craft Show

Thursday 12th September

R U OK? DAY – Reach out if you need

HAND & NAIL CARE

10.30 – Prayer Service
 2.00 – TAI CHI & Quiz

Friday 13th September

THE LITTLE SHOP COFFEE STOP OPEN

1.30 – Carpet Bowls

Saturday 15th September

Poppy Place ONLY

10.00 – Movement to music
 Reading Circle
 1.30 – Afternoon movie

Sunday 15th September

Poppy Place ONLY

10.00 – Sunshine Walk
 1.30 – Milkshake Sunday and videos.

