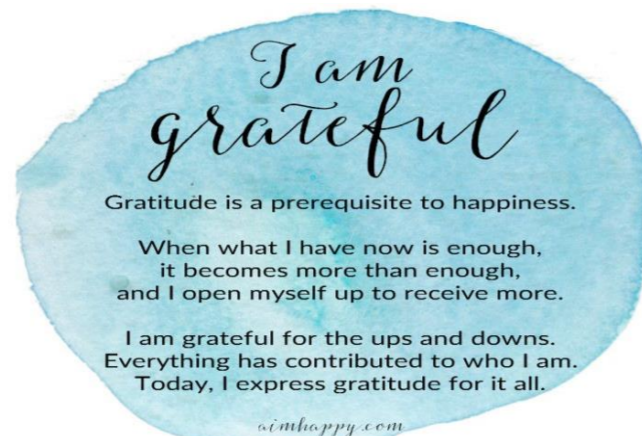
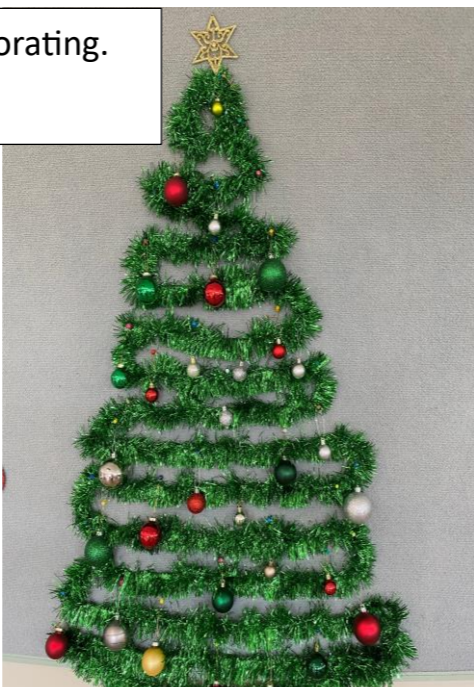
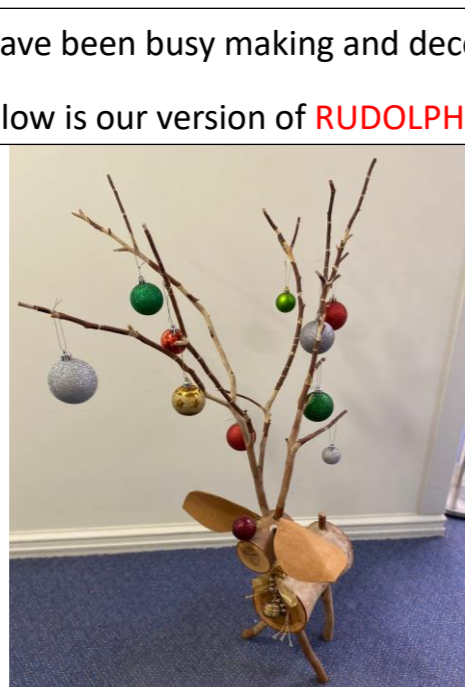


GETTING CHRISTMAS READY



Lifestyle have been busy making and decorating.

Below is our version of **RUDOLPH**



Yackandandah
Health

Residents

Weekly

THE WEEK THAT WAS 23rd November ~ 29th November 2024

YOU ARE INVITED TO

CHRISTMAS Calendar

- 12th – Pie & Chips Day
- 18th - Carols with Lesley
- 19th – Christmas Prayer Service
- 19th – Christmas songs with Dave
- 20th = Resident Christmas Party
Santa
- Uke-andandah Christmas sing-along
Concert by Pete Danehey
- 25th – Christmas Day
Traditional Christmas Lunch
- 26th – Christmas Thanksgiving
Prayer Service with Heather.

Yackandandah Health's
Resident, Relative & Friends
Christmas Party

Friday 20th December 2024

11.30 for 12.00 lunch

Please R.S.V.P. via return email or
through reception 02 60280100

By Friday 13th December.

Limit of two guests per resident.

10.30 Uke-andandah Carols

2.00 PETE DANEHEY



CHRISTMAS DECORATIONS

<p>TREE STOCKING WREATH GARLAND CANDLE FIGURINE ORNAMENT TINSEL RIBBON TWINKLING LIGHTS BELLS</p>	<p>ELF PINECONE NUTCRACKER MISTLETOE CARDS FIREPLACE CANDY PAPER BOW NATIVITY SNOWFLAKE</p>
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BUSH FIRE MANAGEMENT PLAN 2024

The Yackandandah Bushfire Management Plan has been finalised to ensure the safety and preparedness of the community in the event of a fire. A letter from Emma Atkin CGM outlining the details of the plan will be sent to all families, keeping you informed of the measures in place. This proactive communication aims to reassure residents and their families, ensuring everyone is aware of the safety protocols.

Safety: The safety of our residents is paramount. Moving elderly residents, many of whom have health conditions, can be stressful and potentially harmful. Staying in a familiar environment where medical support and care are readily available is often safer.

Preparation: Our facility is designed and equipped to withstand bushfires. We have a comprehensive fire management system in place, including fire-resistant building materials, sprinkler systems, and clear spaces devoid of vegetation around the building to slow the spread of fire.

Support: Our staff are trained in emergency procedures and will be on hand to provide support and care for our residents throughout any potential bushfire threat.

Communication: In the event of a bushfire, we will maintain open lines of communication with local emergency services who are best placed to advise us on the appropriate course of action.

Evacuation Plan: While our primary plan is to Prepare and Stay, we do have an evacuation plan in place should it become necessary. This is a last resort option when directed by emergency services.

RESIDENTS, RELATIVES & FRIENDS

MEETING.

Tuesday 10th December 2024

9.30am in the Activities Room

Yackandandah Health

The Residents, Relatives, and Friends meeting at Yack Health provides an essential opportunity for families to connect with staff and fellow residents in a supportive and collaborative environment. These meetings foster open communication, allowing families to discuss their loved ones' care, share concerns, and receive updates about the facility's services and activities. Attending these meetings is highly beneficial for families as it helps them stay informed about their relative's well-being, understand the challenges and improvements in the facility, and strengthen the relationship between families and caregivers. Moreover, it encourages a sense of community, allowing families to build support networks with others in similar situations, ultimately improving the care experience for all involved.

So please join us in the activities room on Tuesday 10th December 9.30am.

Christmas Jokes



- What happened to the man who stole an Advent calendar? He got 25 days.
- Who hides in a bakery at Christmas? A mince spy.
- What do you get if you eat Christmas decorations? Tinselititis.
- What's the best Christmas present? A broken drum - you just can't beat it.
- What do angry mice send each other at Christmas? Cross mouse cards.
- Who beats his chest and swings from Christmas cake to Christmas cake? Tarzipan.

Monday 2nd December

- 9.30 – Exercises News & Discussion
- 10.30 – Book Exchange
- 10.45 – Book Club
- 1.00 – Bible Study E Wing
- 2.00 – Bingo
- Podiatry

Tuesday 3rd December

- 9.15 – Walk & Talk News and Discussion
- 10.30 – Getting Christmas Ready Craft
- 2.00 – Knit & Natter
- 2.00 – Cards & Board games

Wednesday 4th December

COOKED BREAKFAST

- 9.30 - Cooking with Tracey
- 10.00 – Bowls with Richard
- 2.00 – Movement to music
- News & Discussion
- 2.00 – Mindfulness Meditation

Thursday 5th December

- 10.30 – Prayer Service
- Discovery Church
- 2.00 – TAI CHI & Quiz

Friday 6th December

THE LITTLE SHOP COFFEE STOP OPEN

- 2.00 – Carpet Bowls

Saturday 7th December

- 10.00 – Walk and talk in the sunshine
- 2.00 – Listen to the music

Sunday 8th December

Poppy Place ONLY

- 10.00 – Sunshine Walk
- 1.30 – Milkshake Sunday and videos.

