

## GETTING CHRISTMAS READY

### CHRISTMAS Calendar

12<sup>th</sup> – Pie & Chips Day  
 18<sup>th</sup> - Carols with Lesley  
 19<sup>th</sup> – Christmas Prayer Service  
 19<sup>th</sup> – Christmas songs with Dave  
 20<sup>th</sup> = Resident Christmas Party  
 Santa  
 Uke-andandah Christmas sing-along  
 Concert by Pete Danehey  
 25<sup>th</sup> – Christmas Day  
 Traditional Christmas Lunch  
 26<sup>th</sup> – Christmas Thanksgiving  
 Prayer Service with Heather.

### Yackandandah Health's Resident, Relative & Friends Christmas Party

**Friday 20<sup>th</sup> December 2024**

**11.30 for 12.00 lunch**

Please R.S.V.P. via return email or  
through reception 02 60280100

By Friday 13<sup>th</sup> December.  
Limit of two guests per resident.

PETE DANEHEY IN  
CONCERT  
YACKANDANDAH HEALTH  
20<sup>th</sup> December 2.00pm



The Jolly  
Man in Red  
will be  
available  
for some  
photos

M  
E  
R  
R  
Y  
C  
H  
R  
I  
S  
T  
M  
A  
S



Uke-andandah Club  
Carols Sing-along  
Live 10.30am



Yackandandah  
Health

Residents

Weekly

THE WEEK THAT WAS 30<sup>th</sup> November ~ 6<sup>th</sup> December 2024

HUGE SHOUT OUT TO EBONY FROM YACKANDANDAH PRIMARY SCHOOL FOR HER  
GENEROUS DONATION



Pictured above is Ebony presenting the cheque to Emma Community General Manager.

Ebony, a Year 6 student at Yackandandah Primary School, demonstrated exceptional entrepreneurial spirit as part of her Year 6 curriculum. She started her own business, baking and selling delicious patty cakes, and successfully raised an impressive \$715. As part of the project, students were encouraged to donate over 50% of their earnings, but Ebony went above and beyond by donating 100% of her income. She chose to contribute the full amount to Yackandandah Health, supporting the nurses and staff by funding a project to "pretty up" the staff room. Ebony's generosity and initiative not only showcased her business skills but also her deep sense of community spirit.



**INTRODUCING**  
**Maria Torre Registered Nurse**

Maria was born and raised in the Philippines, she got her nursing degree and worked in the Philippines for 17 years prior to moving to Australia. Maria has been in Australia for 13 years and she has worked here at Yack Health for 2 months.

Maria is married to Roy and has two daughters as well as two grandsons. She lives at Thurgoona.

WELCOME TO YACK HEALTH MARIA

# CHRISTMAS WORD SEARCH

Y Y I C A S S A N T A V P E A C E R  
 O R J F H G R E E T I N G S Q E H E  
 I O O L N R U W N K H O W H L L H I  
 B M L C H E I P S G C H I M N E Y N  
 E G L A E F R S N G T Q K O L B I D  
 L F Y R T A G I T K I B R E E R B E  
 L S T D T B L S F M X V R L W A D E  
 S N Y S B O O U N A T I V I T Y R  
 C H E E R B M E R R Y S O E P E W X  
 K H Y A C A N D L E S J N S G T C D  
 A A C Z K G Y I W D E C E M B E R Z

BELLS  
 CELEBRATE  
 DECEMBER  
 JOLLY  
 REINDEER

CANDLES  
 CHEER  
 ELVES  
 MERRY  
 SANTA

CARDS  
 CHIMNEY  
 GIVING  
 NATIVITY  
 STAR

CAROLING  
 CHRISTMAS  
 GREETINGS  
 PEACE  
 TREE



## RESIDENTS, RELATIVES & FRIENDS MEETING.

**Tuesday 10<sup>th</sup> December 2024**  
**9.30am in the Activities Room**  
**Yackandandah Health**

The Residents, Relatives, and Friends meeting at Yack Health provides an essential opportunity for families to connect with staff and fellow residents in a supportive and collaborative environment. These meetings foster open communication, allowing families to discuss their loved ones' care, share concerns, and receive updates about the facility's services and activities. Attending these meetings is highly beneficial for families as it helps them stay informed about their relative's well-being, understand the challenges and improvements in the facility, and strengthen the relationship between families and caregivers. Moreover, it encourages a sense of community, allowing families to build support networks with others in similar situations, ultimately improving the care experience for all involved.

So please join us in the activities room on Tuesday 10<sup>th</sup> December 9.30am.

### FROM OUR INFECTION PREVENTION SPECIALIST.

We have been informed by the Victorian Department of Health that there is an alarming increase in COVID cases over recent days.

As we approach Christmas with lots of celebrations to be had the one thing, we do not want is COVID. So, with this in mind we ask you to be mindful of a few guidelines when coming to visit your loved ones.

- If you are symptomatic in any way, we ask that you delay your visit till you are well.
- A Negative RAT test prior to entry into facility
- We strongly encourage visitors to wear a mask
- Visitors are encouraged to restrict their visits to just their loved ones whilst in facility, preferably in their rooms or outside in the lovely fresh air.
- Air filters have been deployed throughout the facility.
- Staff are now RAT testing prior to all shifts.

### Monday 9<sup>th</sup> December

9.30 – Exercises News & Discussion  
 10.45 – Book Club  
 1.00 – Bible Study E Wing  
 2.00 – Bingo

### Tuesday 10<sup>th</sup> December

9.30 – Resident, relative & friends meeting  
 Activity Room  
 2.00 – Knit & Natter  
 2.00 – Cards & Board games

### Wednesday 11<sup>th</sup> December

#### COOKED BREAKFAST

9.30 - Cooking with Becky  
 10.00 – Bowls with Richard  
 2.00 – Movement to music  
 News & Discussion  
 2.00 – Mindfulness Meditation

### Thursday 12<sup>th</sup> December

10.30 – Prayer Service  
 Discovery Church  
 2.00 – Dave on the Ukulele  
 2.00 – Tai-Chi

### Friday 13<sup>th</sup> December

**THE LITTLE SHOP COFFEE STOP OPEN**  
 2.00 – Carpet Bowls

### Saturday 14<sup>th</sup> December

10.00 – Walk and talk in the sunshine  
 2.00 – Listen to the music

### Sunday 15<sup>th</sup> December

#### Poppy Place ONLY

10.00 – Sunshine Walk  
 1.30 – Milkshake Sunday and videos.

