## Pete Denahy in Concert at Yack Health 2024











CHRISTMAS
PARTY
2024





# Residents Weekly

THE WEEK THAT WAS 1st January ~ 10th January 2025







CHRISTMAS
DAY
2024





# In Loving Memory of

Robert Roso

Noel Collie





### Noreen Brown



### I Made It Home

I just wanted to let you know that I made it home.

Everything is so pretty here, so white, so fresh, so new. I wish that you could close your eyes so you could see it too.

Please try not to be sad for me. Try to understand. God is taking care of me...I'm in the shelter of His hand.

Here there is no sadness and no sorrow and no pain. Here there is no crying and I'll never hurt again.

Here it is so peaceful, when all the angels sing. I really have to go for now... I've just got to try my wings.

PS... I'll be the first face you see when you get here!



### Yack Health's Fabulous Christmas Celebration & Wishing You a Wonderful 2025

The festive season at Yack Health has been nothing short of spectacular, filled with joy, laughter, and unforgettable memories. Our Christmas party was a fabulous occasion, and we want to extend our heartfelt thanks to everyone who made it so special.

A big thank you goes out to our amazing Chef Fritz and the catering team, who worked tirelessly to provide us with a delicious and memorable meal at the party, as well as on Christmas Day itself. The food was nothing short of exquisite, and it truly set the tone for an unforgettable celebration. Your hard work, dedication, and attention to detail did not go unnoticed, and we are so grateful for everything you did to make our Christmas extra special.

And a special thanks to the Uku-andandah Club who joined us to play an amazing sing-along of Christmas songs and to Santa for making a guest appearance at the sing-along, and of course Pete Denahy who never fails to provide us with an amazing concert to end our day.

As we look to the new year, we want to wish all of our wonderful staff, residents, families and friends a fabulous 2025. May the year ahead bring you success, health, and happiness. Thank you for making Yack Health such a fantastic place to be, and we look forward to achieving great things together in the year to come.

Happy New Year from all of us at Yack Health

2025

### **Monday 13<sup>th</sup> January**

9.30 - Exercises News & Discussion

10.30 - Book Exchange

10.45 - Book Club

1.00 - Bible Study E Wing

2.00 - Bingo

**PODIATRY** 

# Tuesday 14<sup>th</sup> January HAIRDRESSER

9.30 – Walk & talk

10.30 - Table Bowls

2.00 - Knit & Natter

2.00 – Cards & Board games

## Wednesday 15<sup>th</sup> January COOKED BREAKFAST

9.30 - Cooking with Tracey

10.00 - Bowls with Richard

2.00 - Uku-andandah Club Sing-along

3.00 - Guided Meditation

### Thursday 16<sup>th</sup> January

Hand & Nail Care

10.30 – Prayer Service

2.00 - Tai-Chi & Quiz

### Friday 17th January

9.30 – The Little Shop Coffee Stop open.

1.30 – Carpet Bowls

#### Saturday 18<sup>th</sup> January

10.00 – Walk and talk in the sunshine

2.00 - Listen to the music

### Sunday 19th January

#### **Poppy Place ONLY**

10.00 - Sunshine Walk

1.30 - Milkshake Sunday and videos.

