Welcome back to 2025







Pictured above: A afternoon tea was shared by staff and residents to bid farewell to Marg, celebrating her time with us. The gathering was filled with warmth and fond memories, as everyone came together to express their gratitude. A special thank you to the kitchen for providing an outstanding spread that made the occasion truly memorable.

Top Left: The Uku-andandah Club were our first official visitors for 2025. What a great afternoon was had by all, singing along to some old-time favourites.

Bottom Left: Residents singing with the Uku-andandah Club

Watch out

"Australia's Got Talent"



Residents Weekly

THE WEEK THAT WAS 11th January ~ 17th January 2025



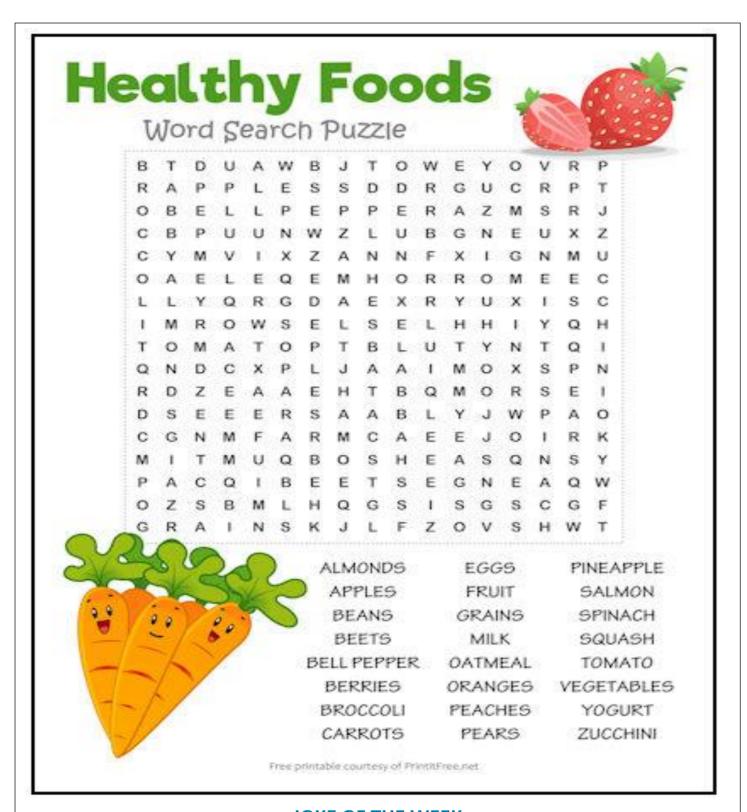


We would like to extend our heartfelt gratitude to Marg for her incredible 26 years of dedicated service as the head of the Environmental Team at Yackandandah Health. Her unwavering commitment to ensuring the high-quality laundering and maintenance of our residents clothing and belongings and her eye for detail in ensuring a clean home for our residents. Marg's expertise, passion, and tireless work ethic have set a high standard and have been an inspiration to all. As you step into this well-deserved retirement, we wish you nothing but the best. May this new chapter bring you joy, fulfillment, and all the relaxation you've earned. Thank you for everything, Marg—you will be greatly missed!





Some of the Environmental team [L-R] Robin, Michelle Marg receiving a farewell gift Marg, Jenny, Melanie, Alice, and Sue. From Emma [CGM]



JOKE OF THE WEEK

A man suffered a serious heart attack while shopping in a store. The store clerk calls 000 when she saw him collapse. The paramedics rushed the man to the nearest hospital where he had emergency open heart bypass surgery. He awakened from the surgery in the care of nuns at a Catholic Hospital. A nun was seated next to his bed, holding a clipboard with several forms and a pen. She asked him how he was going to pay for his treatment, do you have health insurance? She asked, he replied in a raspy voice "no health insurance." The nun asked, "do you have any money in the bank?"

he replied, "no money in the bank." "Do you have a relative who could help you with the payments?" asked the irritated nun. He said, "I only have a spinster sister, and she is a nun" The nun again became irritated and announced loudly "Nuns are not Spinsters, Nuns are married to God." The patient then replied "Perfect, send the bill to my brother-in-law."

RESIDENT RELATIVE AND FRIENDS MEETING

Tuesday 4th February 10.00am Activities Room

The Resident Relative and Friends meeting at Yack Health will be held on the 4th of February this year, marking a slight change in the usual schedule. Traditionally held on the second Tuesday of every second month, the meeting has been moved to the first Tuesday of the second month, in an effort to better accommodate the schedules of attendees. This gathering provides an important opportunity for residents' relatives and friends to stay informed about the health and wellbeing of their loved ones, as well as to offer feedback and suggestions to enhance the quality of care and support offered at Yack Health.

The meeting will cover a range of topics relevant to the community, including updates on health services, activities, and upcoming events. It also serves as a forum for discussion, where attendees can voice concerns or ask questions to the management and staff. The change in the meeting date is a part of Yack Health's ongoing commitment to improving communication and engagement with residents' families and friends. All are encouraged to attend and participate in this important dialogue.



Monday 20th January

9.30 - Exercises News & Discussion

10.30 - Book Exchange

10.45 - Book Club

1.00 - Bible Study E Wing

2.00 – High Tea

Tuesday 21st January HAIRDRESSER

9.30 - Walk & talk

10.30 - Table Bowls

2.00 - Knit & Natter

2.00 – Kilit & Natter

2.00 - Cards & Board games

Wednesday 22nd January

COOKED BREAKFAST

9.30 - Cooking with Tracey

10.00 - Bowls with Richard

2.00 - Movement to music News & Discussion

3.00 - Guided Meditation

Thursday 23rd January

Hand & Nail Care

10.30 – Prayer Service

2.00 - Tai-Chi & Quiz

2.00 – Poppy Birthday Party

Friday 24th January

9.30 – The Little Shop Coffee Stop open.

1.30 - Carpet Bowls

Saturday 26th January

10.00 – Walk and talk in the sunshine

2.00 – Listen to the music

Sunday 26th January

AUSTRALIA DAY

Poppy Place ONLY

10.00 - Sunshine Walk

1.30 - Milkshake Sunday and videos.

